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JULY 21-27, 2016

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Suspension bridge



Have you ever walked across a pedestrian suspension bridge, especially one strung over a deep chasm? If you have, you'll probably recall two impressions: one, that the structure appears to be rickety, scary to cross, the other, that it takes trust to take even the first step, and when you're in the middle of the bridge, it's even scarier because the fall would be a long, dangerous one.

Those impressions came to mind as I listened to former President George W. Bush's remarks at the memorial service for the slain Dallas police officers. "At time, it seems like the forces pulling us apart are stronger than the forces binding us together. ... Too often we judge other groups by their worst examples while judging ourselves by our best intentions."

Notwithstanding the principles set forth in our founding documents, we Americans have struggled with division, whether that of our settlers with the native peoples, those who enslaved and with those enslaved, those resident with those who immigrated, those of one persuasion with those of another, and so on. And as Bush noted, "...we've never been held together by blood or background."

As the events of the last few weeks bring home so clearly, we still have not dealt fully with such divisions. For many, difference is hard to acknowledge much less countenance, whether it is gender identity, political position, ethnic heritage, physical or psychological condition or relative wealth. Yet as long as no effort is made to understand those different from ourselves, the chasm remains: each of us on one side, opposite and far from the other.

If, then, neither ethnic identity nor common cultural heritage binds us together, what does? What does it take to step out onto that rickety suspension bridge and walk over to our fellow American? "At our best," Bush said, "we practice empathy, imagining ourselves in the lives and circumstances of others. This is the bridge across our nation's deepest divisions. ... It is not merely a matter of tolerance, but of learning from the struggles and stories of our fellow citizens, and finding our better selves in the process."

Here in New Hampshire we value individuality — "Live free or die." Yet we also value community, coming together despite differences in times of common need. Perhaps we don't reflect often enough on those two paradoxical values, seeking the comfort of our own instead of recognizing that we all are sharing "the same brief moment on earth" and that we need one another. We need to take that first step.

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ON THE COVER

14 BIRDWATCH
Whether you want to take up birdwatching as a hobby or you just want to know which feathered friends you can thank for waking you up every morning with their loud chatter, the Hippo has created a field guide of sorts. Find out where you might spot some of New Hampshire's most common birds, as well as some of its rarest.



Black-capped chickadee. Photo by Becky Suomala.

ALSO ON THE COVER, the Stratham Fair returns for its 49th year and celebrates the town's 300th anniversary (p. 30). Nashua is home to two upcoming drink-centric events — one for wine lovers and one for beer drinkers (p. 42). And find out if your favorite local band is playing live this weekend, starting on p. 62.

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Pokemon lures

The Pokemon Go phenomenon has swept the nation as the biggest mobile game in U.S. history and New Hampshire is no exception. For those living under a rock, players of the augmented reality game hunt for and find Pokemon creatures by looking through their phone screen. It is bringing people out of the house and wandering around all over the place and to specific places called PokeStops and Pokemon Gyms, which can be in public libraries, churches and so on.

Here in New Hampshire, players seem to be looking for a Pokemon called Abra the most, based on Google searches that start with “where is...” and “how to find...” according to decluttr.com.

Making national news, one local player on the hunt found a dead body floating in Salmon Brook in Nashua.

Local organizations are getting involved in the game to forward their own agendas in the real world. In one humorous example, the Manchester Police Department posted on its Facebook page that there is a Charizard located in their booking area but that only a select few are permitted to come get it. “If your name appears on the following list,” the post reads, “you are one of the lucky ones.” It then provided a link to a 48-page list of wanted individuals.

NHPR reported political activists for NextGen Climate are using the app to lure people to public places where they can talk to them about the issue of climate change policy by placing in-game objects in the spots. Other local businesses are doing similar things to attract customers. The Union Leader reported the Merrimack Chamber of Commerce launched a “Pokeconomy” initiative in which participating businesses offer discounts to players who show them screenshots of Pokemon catches at nearby PokeStops and Gyms.

Black Lives Matter

A Black Lives Matter march took place in Manchester on Saturday, July 16, which police and activists praised as a peaceful and civil protest. The Union Leader reported it began at Veterans Park and traveled across Elm

Street, which police closed down for car traffic ahead of the event, and it saw more than 200 people of all races gather with signs and solidarity. Officials said the signs contained no insulting language about police and everyone stuck to their march plans. Signs called for police accountability for the killings of black men elsewhere in the country. Police Chief Nick Willard praised the orderly event on Twitter, calling it “an example of what’s best of our society and this community. Peaceful protest and engaging dialogue!” The event was in contrast to a march in Portland, Maine, where attempts to close the roads failed and 18 were arrested.

FITN status

New Hampshire’s first-in-the-nation status in the presidential primary schedule appears to remain unchallenged, despite early signals that some Republican leaders would attempt to change it. NHPR reported that plans by some in the Republican National Committee to change the rules to dethrone the New Hampshire primary never came up during the meeting on July 14, which was convened to address the rules ahead of the convention in Cleveland, Ohio. New Hampshire delegates did a lot of work behind the scenes, reportedly, to keep a vote from happening, but the committee did vote to create a commission to study the presidential nominating calendar for 2020.

Job Corps

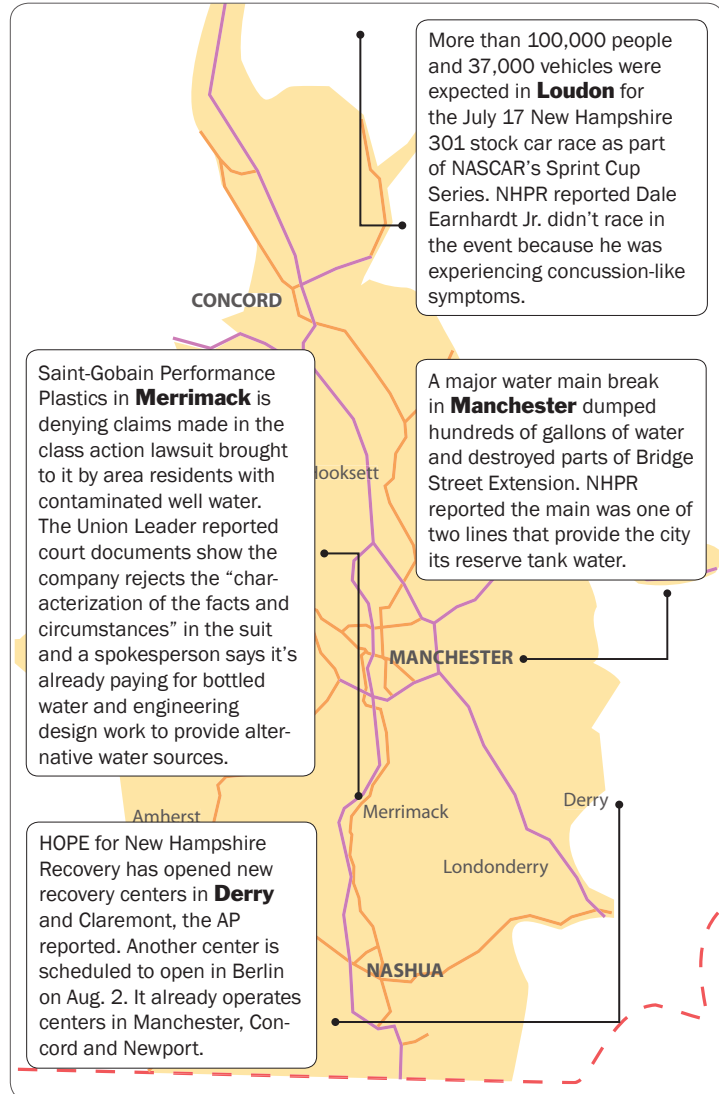
The new Job Corps Center that opened last fall is struggling to get enough women to enroll. The Union Leader reported it has the capacity to offer programs to 150 people of each gender but only 73 women have enrolled so far. The workforce participation rate for women in the state is 64 percent, which is only slightly lower than men at 68 percent, according to the U.S. Census Bureau. If Manchester’s center is consistently unable to attract the full cohort capacity for women, it may petition to have its gender balance changed down the road. The \$32 million job-training campus is free for low-income young people and is part of a federal program designed to prepare disadvantaged youth for the workforce.

GOP Gov debate

In the first debate between New Hampshire’s four main Republican contenders for the governor’s office, there was plenty of disagreement. NHPR reported State Rep. Frank Edelblut and Executive Councilor Chris Sununu were in favor of decriminalizing marijuana but State Sen. Jeanie Forrester and Manchester Mayor Ted Gatsas said they would not sign such a measure. When it comes to signing the Americans for Prosperity pledge, which includes goals like passing right-to-work legislation, Edelblut and Forrester said they would, but Sununu and Gatsas came short of agreeing, expressing concerns with part of the pledge that is opposed to Medicaid expansion, which is now covering more than 46,000 newly insured residents. Most of the candidates took aim at Sununu and according to audience cheering and a straw poll, Edelblut was the clear favorite. The debate took place at Windham High School.

Blood tests

Residents whose wells have been contaminated with elevated levels of perfluorochemicals in southern New Hampshire and the Seacoast can begin to get free blood tests. The AP reported the Executive Council voted to approve contracts with Southern New Hampshire Medical Center and Portsmouth Regional Hospital to conduct the blood tests. Qualifying Seacoast residents are people who lived on, worked at or attended childcare on the Pease Tradeport. In southern New Hampshire, residents of Amherst,



Merrimack, Bedford, Litchfield and Manchester who have wells with more than 70 parts per trillion of PFCs, along with streetside neighbors, also qualify for blood tests.

Manufacturing

A new program aimed at attracting and keeping young people in manufacturing jobs and bolstering the manufacturing workforce

launched last week. NHPR reported Manufacturing Sector Partnership is a model used in 20 other states that enables manufacturers statewide to collaborate to solve their workforce issues. Jeffrey Rose, the commissioner of the Department of Resources and Economic Development, said keeping young people in the workforce is key to the state's future economy. 🗨️

BEST WEEK

FIGHT AGAINST ADDICTION

According to a press release from Gov. Maggie Hassan's office, the Executive Council has approved about \$3 million in contracts for medical training, medication-assisted treatment and better access to and information about substance use disorder treatment. A \$1.8 million contract with the Foundation for Healthy Communities will work to increase medication-assisted treatment and partner with hospitals and emergency rooms to connect overdose patients with treatment services. And a \$1.2 million contract will work in tandem with the new statewide Addiction Crisis Line to create "Regional Access Points" where addicts can go to ask for services. The crisis line is 1-844-711-HELP.

WORST WEEK

RENTERS

As the Hippo first reported in its June 30 issue, rent in Hillsborough County has gone up to \$1,278 per month for a two-bedroom apartment. The New Hampshire Housing Finance Authority officially unveiled those findings in the 2016 Residential Rental Cost Survey last week. The state average rent for a two-bedroom unit is now over \$1,200 and the statewide vacancy rate is now 1.5 percent. NHPR reported some changes in the housing market include a move to buy houses by those who had been holding off because of the Great Recession and new apartments being constructed. But those new units are priced on the high end of the market, which is driving up average rents. The highest rents are seen in the Seacoast at \$1,321 per month.



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Psych squad

Manchester assembling its mobile crisis team for community mental health

By Ryan Lessard
news@hippypress.com

When a suicidal teen or someone suffering from severe depression in Manchester looks for immediate help, they usually end up in a hospital emergency room. But when a new “mobile crisis unit” is rolled out this fall, those calls for help could end with a therapist knocking on their door instead.

House calls

The Mental Health Center of Greater Manchester is putting together this mobile crisis unit right now, with hopes to start small and become fully operational by next spring. It will become the second unit of its kind in the state; Concord’s unit has been in operation for about a year.

These mobile crisis teams are meant to keep more people in their community and out of emergency rooms by addressing needs early. Without intervention, some of these mental health symptoms can progress to the point of needing acute hospitalization, which is one of the main things the overall community mental health system is getting built up to prevent.

The Manchester mobile crisis unit hopes to begin partial operations in early fall.

“Our first step would be to recruit the leadership, and hopefully we’ll do that fairly quickly,” said Patricia Carty, the chief oper-



The Mental Health Center of Greater Manchester is in the process of putting together the city’s mobile crisis unit. Photo by Ryan Lessard.

ating officer of MHCGM.

The program director will be a master’s-level clinician, and the teams will be made up of other master’s-level clinicians and peer support specialists.

By about September, Rider plans to open the triage line and start with some mobile response, but with a skeleton crew, they won’t be able to offer 24-hour coverage right away.

In some cases, police with Crisis Intervention Training will buddy up with team members if the situation is deemed risky.

The settlement also calls for each mobile crisis unit to have four crisis beds available for situations where individuals need

a respite away from their home for a brief period up to seven days.

“Sometimes, when people are in crisis, the environment they’re in ... is kind of a toxic factor for them,” Rider said.

Last month, they received preliminary planning board approval to construct two apartments with two beds each and crisis team offices on the fourth floor of the old Hoitt’s Furniture building, above the planned HOPE for New Hampshire Recovery Center.

Rider expects they won’t be completed until around December or January depending on how construction goes.

Concord’s mobile unit

In Concord, the mobile unit is overseen by the Riverbend Community Mental Health Center.

Riverbend CEO Peter Evers said it was able to start the hiring process last fall, after the state provided the \$1.2 million in funding, which came two and a half months after it was due in July. They then had to hire a cohort of peer support specialists who could be trained together and round out the rest of the master’s-level clinicians needed to offer full coverage, and Evers said it took months to get to that point.

“To get a mature mobile team, you probably need a year, and a great deal of that is not only building the workforce, it’s getting the word out,” Evers said.

While crisis beds were offered in Concord at other locations, the four required beds for the mobile crisis unit weren’t available until this past April. They now have nearly 30 staff, 15 of which are master’s-level clinicians and 12 of which are peer support specialists. The unit also has a psychiatric nurse practitioner working on the team half time to prescribe drugs as needed.

According to the latest independent report

on the progress of the settlement, Concord’s mobile crisis unit had 39 hospital diversions in October 2015 and that had risen to 93 by April 2016. Mobile assessments increased from 179 to 253 over that time, mostly from self-reported crises.

Rider expects the same sort of timeline will play out in Manchester.

“We hope to be rather robust in our operations by next spring, which is pretty much on track for how it worked for Riverbend,” Rider said.

Uphill road

One staffing problem Manchester faces more than Concord is its proximity to the Boston market.

“Manchester’s difficulty is the big pull from the south. There are many licensed clinicians who will go to Boston because the pay is higher; that’s what they do,” Evers said.

Plus, other area programs are hiring to ramp up efforts to respond to the opioid epidemic.

“We’re competing with all of the substance abuse programs that are starting up, we’re competing with the VA and we recently lost a nurse practitioner to the VA in Boston. So it is a challenge,” Rider said.

MHCGM’s COO Patricia Carty said they will need to hire 24 new people to be fully staffed and offer 24-hour coverage.

Rider said they have some existing relationships with regional colleges and universities that feed them a steady supply of interns they can later hire, but a lot of those get hired for existing openings already.

“I’ve got to say that recruitment is a difficult thing,” Rider said.

One solution would be to reform the state’s licensing requirements for out-of-state clinicians and providers, according to Evers.

“It’s so ridiculous in this state. What people have to do to prove reciprocity to come to New Hampshire absolutely gets in the way of us attracting people from out of state. We really need to do something about that,” Evers said.

Manchester’s unit is getting \$1.3 million from the state each year but plans to add \$700,000 of its own money to that. Rider said that will likely come from patient fees charged to insurance companies, fundraising and philanthropy.

Nashua is the next city required to launch a mobile crisis unit, by June 30, 2017. DHHS expects to open the bidding by January and sources on background believe Harbor Homes and Greater Nashua Mental Health Center will likely submit proposals.

If you live in the Concord area and wish to contact the Mobile Crisis Unit triage line, call 1-844-743-5748. 📞

Better late than never

The rollout timeline for the Manchester mobile unit is based on a 2014 class action settlement agreement, which was the culmination of a lawsuit against the state by disability advocates who charged that there were insufficient services for the mentally ill. The terms of the agreement lay out a set of reforms and initiatives to be rolled out over time that aim to eliminate wait lists for beds and provide more community mental health services.

The original plan, set by the settlement agreement, was to launch the fully staffed and resourced unit in Manchester by June 30. But the state Department of Health and Human Services started the contract bidding process late, according to Bill Rider, president of the Mental Health Center of Greater Manchester.

MHCGM submitted its proposal in January and was told it was a finalist in May, and in June the Executive Council voted to approve the contract.

To be up and running at the start of July with a full team and beds, Rider says they would have needed the bidding process to have started sooner.

“We really weren’t in a position to create

the team until we knew that the state had, A, selected us and, B, the Executive Council approved the contract,” Rider said

DHHS spokesperson Jake Leon said he can’t comment on what caused the delay for Manchester’s procurement process, citing confidentiality rules. But he said the process started on time. The plan was to award the contract to Manchester by April, so something delayed the final approval process.

Concord went through some hold-ups in its mobile crisis unit rollout as well. Riverbend was awarded the contract in April 2015, as planned, but the state budget impasse between Gov. Maggie Hassan and the Republican-led legislature delayed the funds until a compromise was reached in mid-September.

“Things were a little slow to get off the ground in terms of funding, and there were some delays by the state,” said Riverbend CEO Peter Evers.

Evers said getting the contract approved on schedule offered the certainty needed to start some hiring, but they couldn’t open the program until after the state provided the \$1.2 million in funding, which came two and a half months after it was due last July.

The politics of drugs

Analyst says election season tactics may stifle discourse

By Ryan Lessard
news@hippopress.com

A distant siren blares and an ambulance drives in slow motion in a dark, faded filter. “The heroin epidemic has devastated New Hampshire families,” says a sympathetic narrator. The scene changes to the Statehouse dome obscured by tree branches. “Yet,” it continues, “in New England, New Hampshire ranked dead last on spending on substance abuse programs in 2014.”

This is the start of a television campaign ad targeting Gov. Maggie Hassan for causing substance abuse program delays that “threatened families in need” because she vetoed the budget last year.

In response to the ad, which was created by a super PAC called One Nation — and has links to Karl Rove — to aid Republican Sen. Kelly Ayotte in her reelection, various groups called on the PAC to pull the ad from the airwaves.

This is an example of how the drug crisis is being discussed in state elections this year, which analysts say is more aggressive and less personal than when it was discussed by presidential candidates last year.

Drugs in review

The presidential primary season changed the conversation in a big way, according to Wayne Lesperance, political science pro-

fessor at New England College.

“The current conversation of the opioid crisis is something that came to us really as a result of the first-in-the-nation presidential primary,” Lesperance said. “I don’t know that voters would have noticed it, would have heard about it, would be talking about it as much or that it would have assumed such a prominent role in the state elections had it not been for the national media attention — and state and regional media attention — that got focused on it during the presidential primary process.”



It's an opportunity to talk about a plan ... for addressing the challenges of opiate addiction.

WAYNE LESPERANCE

By contrast, he said, the 2014 elections virtually ignored the drug crisis altogether, even though the law enforcement and public health community was vocal about the overwhelming number of overdose deaths that year.

“I don’t think it registered on anybody’s radar [in 2014],” Lesperance said. “[It was] certainly nowhere near the prominence that [it has] right now.”

Generally, Lesperance said, it’s being brought up in two ways. Either a candidate will charge an opponent with a lack of leadership or they will talk about their plan for the issue.

“It’s a wedge point,” Lesperance said. “And then it’s an opportunity to talk about a plan that you may have for addressing the challenges of opiate addiction.”

But during the primary, candidates largely discussed the crisis in a sensitive

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way, with both Republicans and Democrats calling for more addiction treatment and sometimes offering a personal anecdote about a family member who suffered from addiction or died of an overdose.

Lesperance said those anecdotes are ways for presidential candidates to humanize themselves to a new audience of voters, whereas local politicians have less need to do that.

“People have a sense of them, they’ve been around the political landscape, many of them have run for office before, held office before. You can’t say the name Chris Sununu, for example, and not have a sense of the family and all of that,” Lesperance said.

With the state elections this year, though, candidates are starting to use the issue as ammunition against opponents. Whether or not it’s resonating with voters or backfiring remains to be seen.

To politicize or not to politicize?

Meira Bernstein, a Hassan campaign spokesperson, said it’s “absolutely wrong” to politicize the drug crisis to attack candidates like Hassan and that the issue requires a united front.

“We need to be coming together and working with experts, first responders and providers on the front lines,” Bernstein said in an email.

According to an Ayotte spokesperson, Ayotte called for the ad to be taken down in a tweet, saying “No one should be playing politics with the heroin epidemic.”

When the anti-Hassan ad first came out, the language used by critics of the ad was emotional. According to statements shared by the Hassan campaign, the presi-

dent of the state firefighters union called it “disgusting,” the Cheshire County Sheriff called it “insulting,” Senate Democratic Leader Jeff Woodburn called it “reprehensible” and U.S. Sen. Jeanne Shaheen said, “It’s outrageous for an out-of-state group to mislead voters and try to politicize an epidemic that is devastating so many Granite State families.”

Many of these folks may have been simply running to the defense of Hassan, but the seeming outrage over “politicizing” the drug crisis was a new phenomenon in the political arena, and similar charges have since been levied in other local races.

DEAN SPILIOTES

Executive Councilor Chris Sununu, a Republican gubernatorial candidate, stepped in a minefield when he said last month that no one has led the fight against the drug crisis at the state or local level. This drew the anger of his GOP opponents and Manchester Police Chief Nick Willard.

Policy vs. politics

But this kind of pushback is surprising to some political analysts like Dean Spiliotes, civic scholar at Southern New Hampshire University.

“Any time there’s a response to a drug crisis by public officials, I think it’s fair to discuss the nature of the response, the objectives, whether or not there was adequate funding. I think all of those in an election season when people are running for office, it’s fair game,” Spiliotes said. “Every time you make decisions on public policy, those are political decisions.”

As of last October, residents polled by UNH said the most important issue facing the state is drug abuse. At the time, the plurality of respondents was 25 percent.

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what's since grown, as of the last poll in April, to 44 percent. So it should be no surprise that local politicians will be talking about the issue and using it to score political points in competitive elections.

"It was interesting to me to see how quickly people used this idea of politicization as sort of a campaign tool, because for me, by definition, these kinds of public policy questions ... should be weighed by voters," Spiliotes said.

There are maybe a few things being said on the campaign trail that point to differences in policy positions. Some candidates may emphasize treatment, prevention and recovery or they might frame the crisis as a public mental health issue. Others might take a more strong-on-crime tack, with an emphasis on law enforcement. While this is largely rare given the shifting attitudes about addiction, one example of this could be when gubernatorial candidate Jeanie Forrester, a state senator from Meredith, said she would support mandatory life sentences for dealers who sold opioids that resulted in an overdose death — something the attorney general is already trying to do — and would join a coalition of governors that want to send National Guardsmen to the Texas-Mexico border in attempt to cut off the illicit drug supply. She would also establish a statewide tip line allowing people to turn in suspected dealers in exchange for a \$5,000 reward if the tip leads to an arrest and conviction.

Manchester Mayor Ted Gatsas, in his gubernatorial plan to tackle the drug crisis, said he would push for higher bails for dealers so they don't end up back on the streets right after getting arrested. And he would support charging a fentanyl dealer with attempted murder in addition to murder charges in overdose death cases.

Still, both Forrester and Gatsas, Republicans, emphasize treatment, prevention and recovery. Gatsas wants to create financial incentives to educate more counselors and treatment providers and he wants to replicate the Safe Stations program — where addicts can present at Manchester fire stations and get directed to treatment and recovery services — in other parts of the state. Forrester, the top senate budget writer last session, wants to streamline the state budget to find more dollars for treatment beds and wants to make sure every penny is being spent efficiently by auditing the health department.

The plans by Forrester and Gatsas provide a level of detail few candidates for governor or Congress have gotten into. Most candidates only say the drug crisis is an important issue and they will work to solve it, with very few details.

"There's not a lot of specifics. It's usually how do you pay for whatever solution is being suggested to address the chal-

enge," Lesperance said. "I think there is a bit of a nuanced conversation out there but it's very muted. It's not happening nearly enough."

While Gatsas and Forrester seem to agree with Democrats like Hassan's supporters that it's a bad idea to use the handling of the drug epidemic to criticize, their plans weren't devoid of politics either. The timing of their release seemed more than coincidental, as Forrester trumped Gatsas by releasing her plan the day before Gatsas had planned to unveil his last month.

For candidates like Hassan, the drug crisis has been a resume booster, as she points to the many measures she signed into law recently that increased access to Narcan, raised penalties for fentanyl dealing, and funded treatment programs, enhanced law enforcement operations and drug courts designed to divert addicts from the revolving door of prison.

That's also true for Forrester, who was the prime sponsor of the bill that allocated \$1.5 million for "Granite Hammer" police operation grants to target dealers, and Gatsas, who expedited the rollout of Safe Stations. Sununu takes credit for being the first to call for Hassan's first "drug czar," Jack Wozmak, to resign after he was criticized for not meeting with local leaders and police.

People are not only concerned with the issue, they're invested, sometimes emotionally, and that can lead to an unpredictable and vitriolic environment.

"As public policy issues go, it's a very potent issue. It has life and death ramifications for families and huge impacts on the communities that are afflicted," Spiliotes said. "Maybe what [critics] really mean is, 'Is it being handled fairly, respectfully in a way that isn't necessarily exploitative of human emotions?'"

But there is room for criticism, he said, when a sensitive topic is being tastelessly exploited or used to overtly manipulate people's feelings. Spiliotes said super PAC ads are notorious for being tone deaf for local audiences.

"My general criticism of super PAC ads as a class of advertisement is they're often put together and run by groups that maybe don't have the most nuanced understanding of politics in the state," Spiliotes said.

But keeping the drug crisis off the table as a topic for campaigns to discuss, even as a criticism or point of difference, might be a bad idea, according to Spiliotes.

"Where do you go from there? It basically shuts down discussion," Spiliotes said.

For Lesperance, the best way forward is to focus on the specific plans.

"I think what we ought to be asking all of them for is a detailed approach. 'What are you going to do?'" he said. ☁

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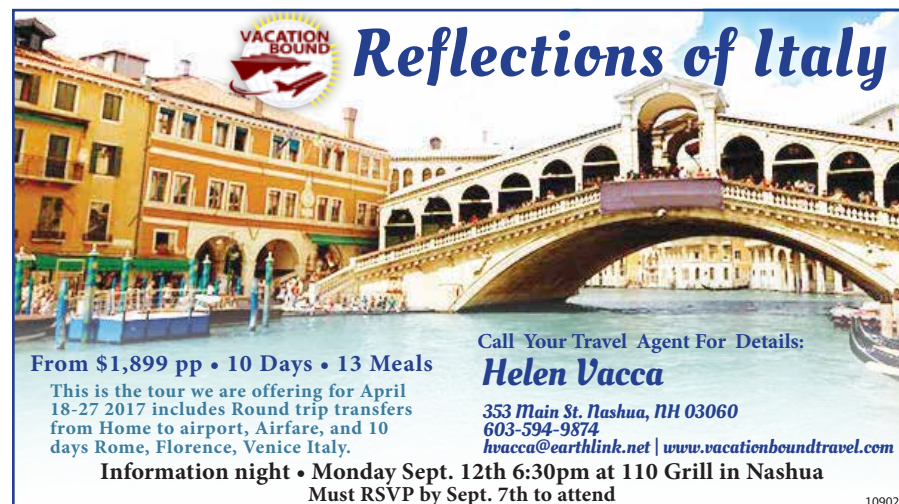
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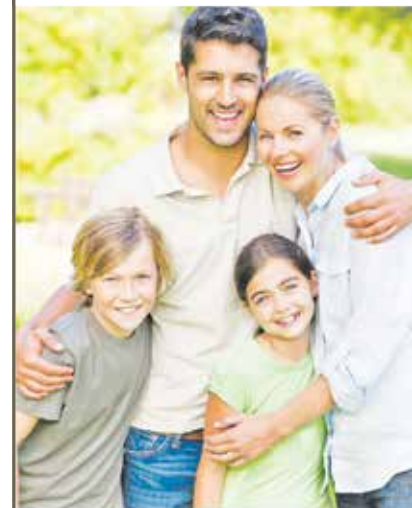
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Brain surgery and an auction

Local woman undergoes Parkinson's procedure

Susan Mollohan of Derry underwent deep brain stimulation surgery to alleviate the symptoms of Parkinson's disease while planning a charity auction for the Michael J. Fox Foundation. The bachelor/bachelorette auction will take place Friday, Aug. 12, at the Arena Sports Bar and Nightclub in Nashua from 6:30 to 10 p.m. Admission is \$20 through brownpapertickets.com.

Q: *How did the surgery go?*
The surgery went well. It's one of two parts. I go in for the second part of the surgery [July 14]. What the surgery was this time around was they went into my brain while I was awake and they implanted an electrode in my brain and a wire, which will end up running down behind my ear under the skin. Right now, it's kind of tucked into my head, but next week when I have the battery charger, that wire will be connected to it [Mollohan said via phone July 18 that the second surgery went well]. Two weeks after that, they'll turn me on.



Susan Mollohan. Courtesy photo.

for like five years and just had the battery changed. So, the battery [lasts] for a long time. ... Same idea as a pacemaker, but it goes into your brain.

What does the second part of the surgery involve?

The battery... will be under my chest and I will be put under general anesthesia for this part. What that stimulator does is it sends electrical currents into the brain to map out the coordinates for the neurologist and the surgeon to get it placed just right. ... It won't cure and it won't stop, but it will mask the symptoms of my Parkinson's disease and it will allow me to decrease my medicine and it will give me more time. [Right now] the window of effectiveness is about three hours for one drug, where before I was taking that one pill once a day. Now, it's every three hours. ... As the Parkinson's is progressing in the background, then they'll up the [power for] the battery and the charge into my head and increase the medicine as the years go on again.

How does it work?

If you were to see me right now, you would say, 'She doesn't look like she has Parkinson's.' I have the effects of it, but the medicine covers my symptoms. If I didn't take my medicine, I wouldn't be able to walk. And I have experienced that before. When this deep brain stimulation is turned on, it does the same thing. It covers the symptoms but the symptoms are still there. So if the deep brain stimulation were turned off, Parkinson's would come at me full force. ... This will decrease the medicine. I won't be off it completely but I'll be able to decrease it. And the medicine has a lot of negative effects to it. ... It affects me cognitively, it affects my sleep. ... I used to be an avid reader and I don't read anymore. It's like I just can't concentrate.

Is this a fairly common procedure nowadays?

It's been around since I think the 1950s. They've, of course, improved it since then and technology has been improved. Michael J. Fox has had it done. ... It took me about two and a half months to be evaluated by the doctors at Lahey Clinic to be approved for this, so they take it very seriously.

What did you do before?

I used to be a teacher ... for 15 years. I was a high school administrator for 10. I stopped working about... four years ago... because I just couldn't keep up with the pace of it. ... I've [since] become an ambassador for the Michael J. Fox Foundation. [I do] speaking engagements and I educate people about Parkinson's... and encourage them to participate in medical trial studies.

Do they ever have to replace the battery?

They do, but it's years. I know somebody that has had their deep brain stimulation on

WHAT ARE YOU REALLY INTO RIGHT NOW?

Since I was diagnosed with Parkinson's I have taken up photography ... and [have an interest in] drawing. I never drew. I can't write my name, but when I draw, I make little lines until it forms a picture.

Can you tell me about your auction event?

That is my fundraiser for the New England Parkinson's Ride. It's the fourth year that I've done it, a bachelor/bachelorette auction. I have about seven or eight men and women ages 30 to 65 or more that are auctioned off for a date. I have restaurants that donate a gift certificate for the date night dinner. I would take more. I still have to rally some more up. I have a professional auctioneer and we introduce each man and woman... I have silent auction items, I have raffle items, and this year Madeleine's Daughter in Portsmouth donated 26 dresses, so I'm going to have a fashion show too. — Ryan Lessard

QUALITY OF LIFE INDEX

Business ranking improves

In an annual state ranking by CNBC to gauge how competitive states are for attracting businesses, New Hampshire climbed in the overall ranks over last year and scored No. 1 in the business-friendliness category. In the quality of life category New Hampshire was ranked No. 4, and the state's overall rank was 26, which is based on 10 categories that span 60 measures. That ranking is up from 30 in 2015 and 2014. The Granite State's ranking has now rebounded since it fell from 27 in 2013. But even then, the state was considered 13th in business-friendliness.

QOL Score: +1

Comment: *While the state has consistently scored high in the quality of life category, it has seen its traditionally high education score begin to founder in recent years, from second place in 2013 to 11th in 2016. And New Hampshire had one of the worst scores for infrastructure, which fell to 49th place.*

Gas prices drop

Bucking historical seasonal trends, the price at the pump has ticked down in recent weeks to prices lower than originally projected by Gasbuddy.com in January. In the past week Gasbuddy shows prices in New Hampshire dropping to as low as \$1.87 per gallon of regular in some stations, with an average of \$2.16. That's slightly lower than the national average of \$2.20. Prices jumped a bit at the start of the summer, as it often does, but the cost of crude oil continues to decline as OPEC nations overseas have continued to overproduce.

QOL Score: +1

Comment: *Gasbuddy projects the year-end average will be lower than 2015 but not as sharp a drop as seen from 2014.*

NH loses Commissioner Van McLeod

QOL was so sad to learn that Van McLeod, commissioner of the New Hampshire Department of Cultural Resources, died early Monday morning at the Concord Hospital. The 70-year-old was serving his sixth term as head of the department, which he'd led for 24 years. Hours after news went out, local publications and arts organizations sent out condolences via stories, tweets and Facebook posts, and Gov. Maggie Hassan directed flags to half staff for the day of his funeral.

QOL Score: -2

Comment: *"Van McLeod was a pillar of our cultural and historic institutions, and Tom and I join his family and loved ones, the arts and humanities communities and people across the state in mourning his loss. He was an extraordinary friend to many people and touched the lives of countless others, and he will be missed enormously," Hassan said in a press release.*

Fiery weekend

The dry weather caused many fires in the Granite State this weekend. The most detrimental was a four-alarm blaze in Nashua that displaced 36 people in an apartment complex, according to an article in The Union Leader — it took 75 firefighters more than an hour to get it under control and two were injured. Also on Sunday, a four-alarm fire destroyed a home in Newton, according to WMUR, and on Saturday, firefighters from nine towns had to battle a multi-acre brush fire for four hours in Derry near North Shore Road before it was extinguished.

QOL Score: -1

Comment: *Remember that a little rain isn't enough to keep fire dangers low.*

QOL score: 72

Net change: -1

QOL this week: 71

What's affecting your Quality of Life here in New Hampshire? Let us know at news@hippypress.com.

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Needed starter comes at high price for Sox



In the last two weeks we got a chance to see what's to like about Sox President of Baseball Operations **Dave Dombrowski**. By adding four players in four deals over 10 days he was decisive in looking to fill obvious holes

in the roster. By not waiting until the trading deadline as most do, he was pro-active and got a team in serious need of starting pitching help three extra weeks from **Drew Pomeranz**. Plus by not waiting to when the competition for targeted players is most intense, he has the security of already knowing he has who he wants.

However, given what he gave up here and in other past deals, I'm wondering if he looks at the farm system differently than I do. Now I wouldn't know Pomeranz and **Anderson Espinoza** if I fell over them. So I'm not basing this on exact knowledge of how good these guys are. And yes, you have to give up something to get something. But giving up his No. 1 pitching prospect for a lefty with exactly *one* good *half* season as a starting pitcher on the resume seems like overpaying to me, especially since at 27 he's already joining his fifth organization.

For Red Sox Nation, it's perhaps a worrisome pattern as well. That's because it comes on the heels of giving up *four* prospects to get **Craig Kimbrel**, which I don't think has ever been done before to get a closer. He also once gave the Marlins his top five prospects to bring **Miguel Cabrera** to Detroit in one of the best deals of the last 25 years and while with Montreal sent a young **Randy Johnson** and two others to Seattle for a pretty good lefty in **Mark Langston**. Now, that deal happened many moons ago in his early days as a GM and everyone makes mistakes. But giving up an eventual 303-game winner in a deal for a guy on his way to free agency has to go

down as one of the worst deals in baseball history.

Thus his M.O. is starting to look to me like he has a little (or maybe a lot) of **George Allen** in him. The '60s-'70s Rams and Redskins coach famously believed "the future is now" as he went about trading almost every draft pick he owned for immediate help from veterans. Given that he has the second-best all-time winning percentage among all NFL coaches, that approach worked. But Allen never did win the big one before the draft pick void eventually caught up to him, so with Dombrowski 0-2 in the World Series and leaving behind a barren farm system in Detroit, the similarity between the two seems even closer.

It's also reminiscent of, gulp, blustery Yankees owner **George Steinbrenner**, who repeatedly gave away premium young talent, including an MVP, Cy Young winner and 493- and 310-homer players, for a series of journeymen due to a level of impatience where George made George look like Gandhi. That lack of trust in the farm system led the Yankees to miss the playoffs for 12 straight years despite the mega payroll.

My issue is, you need untouchables in the farm system because they eventually become low-cost replacements for when the cost of current starters exceeds their on-field value. Like **Jackie Bradley Jr.** was when **Jacoby Ellsbury** hit free agency. Admittedly that transition was bumpy, but who would you rather have now? Nobody did that better than the '90s Braves, who never gave away A+ (**Chipper Jones**, **Andruw Jones**) and A (**Fergal Lopez**, **Klesko**) prospects in deals. They always replaced productive players like **Terry Pendleton** and **Dave Justice** who got too pricey (or started to slip) to balance the payroll so they could put major big money into their trio of great starters. That formula led to 14 straight playoff appearances. Ditto for the mid-'90s Yankees as they won four World Series, largely due to their vaunt-

ed Core 4, a group that ironically probably only stayed together because George had been suspended for life for a second time and couldn't trade them.

Dombrowski's approach seems to be more like OK, I've got who I want, now take your pick from my farm system, whoever you want. A bit of an exaggeration, but when you give up your top pitching prospect for a third starter with Pomeranz's history, it doesn't seem far off. The only way I'd give up my top pitching prospect in this case is if my baseball people thought he wasn't as good as others did. Even then, I still might not do it because those guys have cachet in major big deals for an ace like **Chris Sales**. Although to be fair, if Pomeranz delivers, he could go in that kind of deal. But you have to know when to make that deal, because as **Henry Owens** is showing, top pitching prospects have a certain shelf life.

But the good news is, Dombrowski has a great track record of coming away with solid players when he does deals. Like when people scratched their heads after a 2009 three-way deal between Detroit, the D-Backs and the Yankees, before the unheralded guy he got, **Max Scherzer**, turned out to be the best player in that deal. So maybe taking Pomeranz will be a product of great scouting, or even be like the thoroughly mediocre in Baltimore **Jake Arrieta**, who magically morphed into one of baseball's best pitchers following a 2014 trade to the Cubs. He also wouldn't be the first guy who turned into a pretty good pitcher after taking a while to figure it out or, like in his case, come up with a needed third pitch.

So the odds are Dombrowski got someone who can help *now*. Though we won't know if this deal was worth it in the big picture until we get five years down the road to see the shape of the farm system and what Espinoza turns into.

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South Finally Beats North In July 2008 Civil All-Star Baseball War

A tornado was nine days away from touching down in Epsom, the catastrophic economic meltdown of 2008 was still a few months off and **Barack Obama** would soon be elected the country's first African America President. It was July, 2008 and the Eastern League All-Star game had touched down in Manchester for two days of fun and baseball. Merchantsauto.com Stadium was jammed with 8,762 fans there to see how Fisher Cats **Brett Cecil**, **Brian Jeroloman**, **Scott Campbell** and **Travis Snyder** would fare against the likes of current NL batting leader **Daniel Murphy**, soon to be Red Sox washout **Michael Blowen**, 2013 Red Sox world champ reserve **Mike Carp** and **Austin Jackson** – who then Detroit GM **Dave Dombrowski** would trade for the following spring. First up was the Home Run Derby where home boy **Travis Snyder** walked off with the \$1000 top prize. When Reading's **Greg Golson** put one onto the roof of the Sam Adams Bar and Grill the South jumped out to a 1-0 lead. The North tied it in the 4th when F-Cats Jeroloman and Campbell hit back to back singles before a wild pitch scored Jeroloman. And when **Ryan Robertson** hit reliever **Robert Parnell's** first pitch out they had their first lead. But, the game literally and figuratively went South after that for the North when New Britain's Australian slugger **Luke Hughes** rockcated out a three run homer for a 4-2 South lead. Jackson's 8th inning ground rule double scored ex-Nashua Pride star **Olmo Rosario** to make it 5-2. When the North scored a meaningless run in the 9th it went into the books as a 5-3 South win after what was another great event for Manchester.

Houston has no problem

The Big Story: It was very interesting from start to finish all last week at the State Amateur Golf Tournament held at Laconia CC. The main event went to Laconia CC's **Chris Houston** as he put his home court advantage to full use in defeating Concord CC's **Matt Paradis** 4 and 3 in a 36-hole grinder that he led most of the day. There was Manchester CC's **Ryan Tombs** shooting a white hot seven-under-par 65 as he claimed the Medal play crown and the top seed in Match Play before losing in the quarterfinal round to **Ryan Kohler**. There was also Paradis winning the all-SNHU battle 2-up in a match with Penmen teammate **Josh LaCasse** and in the NH State AM's first battle of brothers where older brother **Nate** (34 seed) downed younger **Phin** (31 seed) 2-up in the opening round.

Sports 101: On this day in 1941 this man became the first and only player to win his 300th game while pitching for the Red Sox. Name him and the other three 300-game winners who played for the Sox during their careers.

Alumni New: Still waiting to hear if it's over for free agent **Matt Bonner** in San

Antonio or if he'll be back for an 11th season. After playing a career-low 30 games it's no sure thing he'll return, but he still has an elite 44.1 percent on threes, which these days is a big NBA commodity.

Alumni News II: Despite going undrafted after an impressive career at Arizona, Claremont big **Kaleb Tarczewski** is continuing to try to keep the NBA alive by playing in summer leagues in Orlando for Detroit and Las Vegas for Washington where in six games he shot 12 for 18 with 4.5 rebounds in 21 minutes of PT per game.

Sports 101 Answer: Lefty Grove won his 300th (and final) game in 1941 to be the lone pitcher to win No. 300 pitching for the Sox. The other three one-time Sox hurlers to win 300 games are **Cy Young** (511), **Roger Clemens** (354) and **Tom Seaver** (311).

On This Date – July 21: 1965 – **Casey Stengel** ends a 53-year baseball career by resigning as manager of NY Mets. 1969 – **Muhammad Ali** is convicted on appeal for refusing induction after being drafted into the U.S. Army. 1993 – Mets pitcher **Anthony Young** sets an all-time record by losing his 27th straight game. 🌩

The Numbers

0 – hits allowed in a three-inning relief stint by **Eric Langley** to hold Meredith at bay as Jutras Post rallied for a 7-4 win in American Legion play.

1.982 – seconds lead **Matt Kenseth** had over **Tony Stewart** when he was the winner of Sunday's NH 301 at New Hampshire Motor Speedway.

3 – year entry-level deal signed by Pinkerton Academy alum **Zach Sanford** of the Manchester Sanfords to join the Washington Capitals organization after two seasons playing hockey at Boston College.

5 – under par score of 67 shot by **Austin Fox** of Hooksett after closing the day with four birdies in his final five

holes to give him the opening day lead in medal play at the NH State Amateur Golf Tournament.

63 – record-tying scores in a major shot by **Phil Mickelson** in the opening round and **Henrik Stenson** in the final round at Royal Troon when he beat Mickelson by two shots to win his first British Open title. 🌩

Sports Glossary

Ex-Yankees farms noted for being...

MVP: 1985 NL winner **Willie McGee** while hitting .353 leading the Cardinals to the pennant whom **George S.** sent away for the immortal **Bob Sykes**.

Cy Young: That would be **Doug Drabek** after going 22-6 with Pittsburgh in 1990. He went on to win 166 games after being sent away from the Yanks for a deep on the back nine **Rick Rhoden**.

493 Homers: Career total for slugger **Fred McGriff** to go along with 1,550 RBI after being dumped at the orders of George S. in a 1992 deal with Toronto for forgettable reliever **Dale Murray** and **Tom Dodd** (who?).

310 Homers: Career total for **Jay Buhner**, dumped to Seattle in 1988 for the forgotten DH **Ken Phelps** when George panicked after a hitting-drought-induced two-game losing streak.

Big Three-Way Deal: Arizona got **Ian Kennedy** (NY) and **Edwin Jackson** (Det), New York got **Curtis Granderson** (Det) and Detroit got **Max Scherzer** (Ari), **Phil Coke** (NY), **Austin Jackson** (NY) and **Daniel Schlereth** (Ari).

Core Four: The backbone of the great 1990s Yankees consisting of young bucks **Derek Jeter**, **Jorge Posada**, **Andy Pettitte** and the great **Mariano Rivera**. Though for the sake of a good nickname, they're unfairly leaving the just as deserving **Bernie Williams** out of a category that will historically tie them together for the sake of a fancy-shmancy nickname. So how about the Jive Five, or Alive Five, or maybe the less lyrical but more accurate Core 5?

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BIRDWATCHING

Where and how to find NH's feathered friends

New Hampshire's state bird, the purple finch. Courtesy photo.

By Ryan Lessard
news@hippopress.com

There are more than 300 species of birds found every year in New Hampshire, and interest in these sky-bound creatures — from the tiny, seed-eating singers to the majestic broad-winged predators — is growing each year.

“In 2016, birding... seems to be one of the fastest-growing outdoor activities,” said longtime birder and professional nature tour leader Bob Quinn of Webster.

It helps that no matter what region you're in, there's a good amount of bird diversity.

“I would say every town in the state has, during the course of the year, well over 150 species of birds,” Quinn said.

Quinn said his twice annual bird-watching classes at the New Hampshire Audubon's McLane Center in Concord are becoming more popular. He teaches a course in the spring and fall, about once or

twice a week for about four to six weeks, and every one of them has filled up, he said.

There's even some data that shows the growth in birdwatching popularity, with surveys showing an increase in birdfeeders and the U.S. Fish and Wildlife Service tracking growing birdseed sales, according to Quinn.

For Stephen Mirick — an obsessive birder since he took an ornithology class at the University of New Hampshire in the 1980s — birding is also a social event. He met his wife during a bird walk, which is sort of an open-invite field trip mostly for intermediate and skilled birders.

“My wife and I like to go to the coast and we like to watch things like loons migrating along the coast heading south, or sea ducks when they're migrating in the fall,” Mirick said.

Generally, Quinn said, people who get into birdwatching share a few qualities:

They have a love of the outdoors and an innate curiosity that drives them to learn as much as they can about birds and other aspects of nature.

If you want to get into the hobby, here's how: Quinn said you will need keen eyes and ears and a pair of good binoculars. He said it's best to get a new pair since hand-me-downs are often very weak and can be a turnoff to potential birders, and you can get a decent pair for about \$100 to \$200.

Finally, you'll need a good field guide. Again, he cautioned against using a dusty book you found laying around.

“Get something current. Don't use your grandmother's bird book or your mother's bird book,” Quinn said.

He recommends either the standard Peterson Field Guides series or the field guides by David Sibley. There's also a mobile app he enjoys called iBird Pro.

“Then, off you go,” Quinn said.

The backyard birder

Quinn and other longtime birders all say the best way for first-timers to get into the hobby of birdwatching is to start at home.

“Start local, start simple, and then go from there,” Quinn said.

Setting up birdhouses and birdfeeders at your home is a sure way to attract some feathered friends for your viewing pleasure. You can look out your windows or stand outside at a safe distance and peep through binoculars to identify what species is paying you a visit.

After doing this for a while, some folks might feel like they're hitting a wall in their learning. If that's the case, Quinn recommends taking a free course at the Audubon. There's another one coming up in the fall (details have yet to be finalized). With that, folks will walk away with a greater frame of reference, more tips and tricks and a network of fellow birders with whom to compare notes.

"A lot of people never get involved in watching their backyard birds, which is perfectly fine," Quinn said. "Other people end up all gung ho about it and end up traveling the world, literally."

But many people end up somewhere in between.

The rambling birder

"The next step is to join the bird walk with someone experienced who's guiding," Quinn said. "There are bird walks almost every weekend throughout the state, mostly led by New Hampshire Audubon volunteers."

It's the quiet season right now, but there's a bird walk hosted by Quinn coming up in Concord on July 23 from 7 a.m. to noon starting at the Audubon.

They tend to be a couple hours in the morning, and they introduce birders to the broader picture of bird life, graduating from textbook images to the real thing.

"The first thing that strikes people is usually the beauty of the bird in the wild," Quinn said. "When you see the live bird in the wild, it is so much bigger, brighter and vibrant."

Soon, you'll be ready to go it alone or with a partner. For Mirick, a lot of the fun is in the searching.

"I've equated it to hunting. ... It's a way of being able to capture your prey without having to shoot it. Essentially, that's what you're doing. You're kind of stalking," Mirick said. "It's a little bit of a treasure hunt, and you never know what you're going to see."

The birder beyond

If your birding appetite is still not sated, there are more ways to use your newfound skills.

Quinn said a popular thing for the bird-watching community is something he terms "event birding."

"An example of event birding will be coming up in September, when it's the hawk migration season, because there are days in mid-September when you can literally see several thousand hawks in one day as they migrate," Quinn said.

There's also the annual Christmas Bird Count during which Audubon biologists and birders statewide count all the birds they can find in key areas on a single day near Christmas.

"It's an event that's been going on for a hundred years," Quinn said. "A lot of people participate."

There are also some competitive events like the annual Birdathon in May, which is a fundraiser for the Audubon where teams of birders rack up donations based on the number of species they find. And there's the similar Super Bowl of Birding that is organized by the Massachusetts Audubon but takes place in southeastern New Hamp-

State bird: the purple finch

The official state bird is not as common as it once was, according to Pam Hunt at the Audubon. These days, they are mostly found in White Mountains and in the north. People tend to see them at feeders in small numbers in the spring and fall. In Canada and northern New Hampshire, one can see flocks of them in winter. Places like Errol and Pittsburg are usually reliable places to spot one. How far south they migrate can vary.

Roger Tory Peterson, the man famous for creating the Peterson Field Guides, once called the Purple Finch a "sparrow dipped in raspberry juice." It was made the state bird with legislation in 1957 sponsored by Rep. Robert S. Monahan of Hanover, a Dartmouth College forester. His measure defeated a competing bill by Rep. Doris M. Spollett of Hampstead, a prize goat breeder, who wanted to make the New Hampshire hen the state bird.

Source: *The New Hampshire government website and the Cornell Lab of Ornithology website.*

Photo on p. 14.

shire and northeastern Massachusetts in late January or early February.

Quinn said most competitive events are linked to conservation fundraisers, and it's rare to see any sort of cutthroat competition between teams since they're all birding for the same cause.

Then there's individual competition, not linked to any particular event, such as the "big year," which was the premise of a 2011 box office comedy flop of the same title starring Jack Black, Owen Wilson and Steve Martin. The birders are listing all the unique species of bird they see across North America in a calendar year and some — like the main characters of the movie — are obsessed with breaking the individual record.

Hippo's Field Guide

We spoke with New Hampshire Audubon's top biologists and birders to create an abbreviated guide to some of the Granite State's most common birds and some of the hard-to-find birds that have been known to make an appearance only at specific times of the year or in very discrete locations. And some of the birds are so ultra-rare, they are treated with VIP celebrity status (VIB?) when they pop up in our small state.

If you want to be a birder, you'll need to know what these birds look like, what they sound like, where you can find them and, of course, what to call them.

Common backyard birds

1. Northern Cardinal

Description: Perhaps the most appreciated backyard bird due to its striking red color, a cardinal does not molt or migrate

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The red-tailed hawk. Courtesy photo.



Photo by Stephen Mirick

in the winter, so it stands out even more against the snow. The females are a reddish shade of brown but still sport a bright reddish-orange beak like their male counterparts, a red tail and a prominent crest on their heads.

The only other solid red bird in New Hampshire is the scarlet tanager, which has black wings. It has a short, fat bill for cracking seeds. They tend to be more reticent and they feed off the ground in the early morning and very end of the day.

Where to find them: Despite the name, they are very uncommon north of the White Mountains. They started out as a southern bird that extended its range upward. They can be found anywhere in the state year round, especially the southern part.



Photo by Stephen Mirick

2. Blue Jay

Description:

Another favorite, blue jays have a mostly blue plumage with black parts and a white-gray breast. Medium sized with a crest on their head, blue jays have a long and pointy beak. Smaller than crows but larger than robins, they are known for their intelligence and have a loud "jay, jay, jay!" call. Biologists say they have complex social systems with strong family bonds and have a taste for acorns.

Where to find them: Blue jays are found everywhere in the state year round and their favorite habitat is the edges of forests.

3. Black-capped Chickadee

Description: A tiny bird with a big, round head, narrow tail and short bill,



Photo by Becky Suomala

it has a black cap and bib with white cheeks, gray-black wings and a whitish belly. These common birds are known for their curiosity and tendency to explore their territory and investigate people. They eat from feeders and nest in cavities, including birdhouses, in pairs in the summer. In the winter, they're in flocks and you might see 10 or 12 of them come to a feeder. They have a distinctive "chicadee-dee-dee" call and they also whistle the yoo-hoo-sounding "deedee."

Where to find them: Black-capped chickadees can be found throughout New Hampshire year round and their preferred habitat has trees or woody shrubs. They're known to nest in alder and birch trees.



4. Tufted Titmouse

Description:

Another southern bird that's become common in New Hampshire, the tufted titmouse has a pointed crest on its head but is only slightly larger than the other small birds that come to feeders, like chickadees. The titmouse is mostly gray with a white belly, rust-colored flanks and large black eyes. It uses its short little bill to thwack large seeds against its perch to crack them open. They come to bird feeders and live in birdhouses.

Where to find them: They can be found anywhere in New Hampshire year round but they're not common north of the White Mountains. Their habitat is in eastern forests, including both deciduous and evergreen trees.



5. Ruby-throated Hummingbird

Description:

The smallest of the birds common to the Granite State, ruby-throated hummingbirds have a reddish throat with reflective feathers that can look black

when there's no light shining on them. They have shiny emerald and golden green feathers on their cap, back and flanks and a white belly. Like all hummingbirds, they are nectar-eaters and are attracted to the color red. They dart about from flower to flower, feeder to feeder eating with their needle-like beak.

Where to find them: These ruby-throated hummingbirds can be found throughout the state in the summer but they migrate to Central America in the winter. The easiest way to find them is to put up a nectar feeder filled with sugar water near your window.



6. American Robin

Description:

A gray brown bird with its signature rust-orange breast and belly and erect posture, the American robin is often seen on the ground of fresh-cut lawns yanking

worms up out of the ground. They are the largest of the North American thrushes and enjoyed for their physical beauty and morning song. In winter, they will eat fruit wherever they can find it.

Where to find them: The robin is easily found throughout the state on your lawn looking for worms in the early morning hours, but they've adapted to nearly every type of woodlands and fields. While they have a migration pattern that sees them breeding in the northern reaches of Canada and flying as far south as Mexico for the winter, in 1997, New Hampshire birders started seeing their numbers rising in wintertime. Biologist Becky Suomala at the New Hampshire Audubon believes this is likely due to a combination of milder winters and more ornamental fruit trees planted by people.



Photo by Becky Suomala

7. White-breasted Nuthatch

Description:

These blue-gray-winged birds have white faces and streaks of black in their wing feathers and nape. White-breasted nuthatches

eed on insects in tree bark using their thin, pointed bill for probing. During feeding, they work on a tree by going head down, but they are agile enough to turn sideways and upside down on vertical surfaces. They get their name from their tendency to wedge large, meaty seeds and nuts into tree bark and then use their beak to crack the nuts open. They have been known to nest in some birdhouses but not commonly.

Where to find them: They can be found all over New Hampshire year round, especially on the edges of mature woodlands. Nuthatches are found in coniferous trees but are more associated with deciduous trees like maple and oak.

8. American Goldfinch

Description: The American goldfinch male is bright yellow with black cap and black-tipped wings in the summer, but in the winter they molt and adopt a more olive

green shade seen in the females. They can seem strangely patchy during molts. In spring, males are mottled green and yellow. They have a conical beak and a song as bright as their summer color. Goldfinches prefer to eat sunflower seeds and nyjer. Their transient feeding habits are so unpredictable and erratic one can expect to see up to 150 birds coming to their feeder any given winter or none at all.

Where to find them: Goldfinches wander around statewide, roving to follow food supplies, all year long.

Source: List provided by NH Audubon biologist Becky Suomala. Additional details from the Cornell Lab of Ornithology website.



Pileated woodpecker. Photo by Becky Suomala.



1. Rose-breasted Grosbeak

Description: Medium-sized songbirds, rose-breasted grosbeaks are named for the red triangle on the male's chest. They have white bellies and are black on the back. Females are a lighter brown with white stripes on their head and they share a big, fat bill, for which they earn the name grosbeak. They come to feeders and bring young ones, eating seeds, fruit and insects.

Where to find them: Rose-breasted grosbeaks spend their summers throughout rural New Hampshire to breed and migrate to Central America for the winter. They usually return by May.



Photo by Stephen Mirick

2. Baltimore Orioles

Description: Bright orange with black on their heads and wings, male Baltimore orioles are beautiful birds with a lovely song to herald spring. Females (pictured) are more mustard

colored with brown and white wings. They have a long, thin pointed black bill, and they eat fruit, nectar and insects. They can also be lured to nectar feeders designed for them, but a simpler trick is spiking an orange on a nail. Related to blackbirds, they create long droopy nests that look like hanging sacks that are hard to find until the leaves fall away.

Where to find them: They prefer deciduous trees but not deep in the forests, and they are often not far from orchards. Baltimore orioles are common throughout rural New Hampshire during the summer for their breeding season and they go to Central America and the northern coast of South America for the winter. They're usually back by May.



Photo by Becky Suomala

3. Eastern Bluebird

Description: A bright royal blue on their back, wings and cap, with a reddish brown breast and white belly, eastern bluebirds can be a delight to catch with your binoculars.

Females are grayer on top but still have blue wingtips. They are small thrushes with long wings and they are often found



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perched high on wires, branches and posts near open fields scanning the ground for insects in the summer. During the winter, they eat fruit and berries.

Where to find them: Eastern bluebirds are in the rural parts of the state, nesting in birdhouses and old woodpecker tree holes during the summer breeding season. They often fly south for the winter but can still be found in some southern New England states year round. While they're here, they prefer open areas like meadows, fields and golf courses.



Eastern bluebird. Photo by Stephen Mirick.

4. Indigo Bunting

Description: The male indigo bunting has deep iridescent blue feathers all over and a short, thick and conical bill. Females are light brown with pale bellies. These birds aren't just a sight to behold; they sing like it's their job, from dawn till dusk, all summer long. They forage in low vegetation for insects, seeds and berries and they prefer thistle and nyjer seeds in feeders.



Photo by Stephen Mirick

Where to find them: They arrive in rural parts of New Hampshire in the spring, breed here through the summer and migrate to Central America in the winter. They prefer weedy and brushy habitats near tall trees where they can perch and sing.

5. Barred Owl

Description: This brown and white speckled owl is large and stocky with a classic owl look and sound. Its hoot is said to sound like "Who cooks for you? Who cooks for you all?" It blends in easily in mature forests and flies silently as it hunts mice, voles and other small rodents. They hunt at night, when their



calls can be heard the most, though they can occasionally be heard during the day as well.

Where to find them: They generally live in old forests in New Hampshire year round, nesting in large tree cavities. Locals have seen them perched in the winter waiting to catch rodents that come to eat birdseed that's fallen from feeders to the ground.



Photo by Stephen Mirick

6. Pileated Woodpecker

Description: The classic woodpecker with the red crest, black body and white stripes along its face, the pileated woodpecker feeds on carpenter ants in trees and fallen logs and creates large feeding holes where there's a colony. Those holes are often used later by other bird species for nesting, and they tend to have a very distinctive rectangular shape. It is New Hampshire's largest woodpecker species and is nearly the size of a crow.

Where to find them: They prefer any forest with standing dead trees or downed wood, and they can be found across rural New Hampshire year round.

Source: List provided by NH Audubon biologist Becky Suomala. Additional details from the Cornell Lab of Ornithology website.

Hard-to-find birds

1. Black-backed woodpecker

Description:



Caption

While their behavior doesn't differ much from other types of woodpeckers, these have black backs, a white face with black mustache marks and a yellow patch on their crown. They have a penchant for wood-boring beetles, so while they are fairly uncommon, they follow areas where outbreaks of boring insects occur.

Where to find them: This bird is far more common in Canada and northwestern states year round. But they have been seen in some parts of New Hampshire, such as the northernmost Coos County, usually spotted along logging roads in Pittsburg. They prefer coniferous forests and high elevations, so they can also be found in the high parts of the White Mountains.



Photo by Stephen Mirick

2. Mississippi Kite

Description:

The Mississippi kite is a beautiful gray hawk from the South with a pale, ghostly color and a sleek, elegant silhouette. Their diet consists largely of dragonflies, which

speaks to their agility and skill at hunting bugs in mid-flight. They also hunt small rodents and spend most of their time in flight.

Where to find them: Only one pair is known to exist in New Hampshire, with a nest in Newmarket. About five or 10 years ago, the couple built a nest there and began raising young. At the time, the nearest breeding pair was in Virginia. Since then, pairs have showed up in Pennsylvania and New York but New Hampshire remains its northernmost reach.

"It's kind of cool that they ended up in New Hampshire, hundreds of miles north of where they're normally found, and have stuck around," said Pam Hunt, avian conservationist for the New Hampshire Audubon.

3. Cerulean Warbler

Description: The cerulean warbler is pale sky blue on top with a white belly, making it difficult to spot when it's perched on treetops. It has a dark blue band dividing its



breast and bib. Females are bluish green. Compared to other warblers, it nests and forages at much higher parts of the canopy.

Where to find them: As with the Mississippi kite, New Hampshire is as far north as cerulean warblers range. They used to keep a small presence in Pawtuckaway State Park each year, but they recently disappeared, possibly due to a forest harvest in an area of the park. Some years,

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There is also a pair that appears at Pisgah State Park in Hinsdale, but that's rare. Their main breeding territory in the summer is between Missouri and New Jersey and in the winter they migrate all the way to South America, as far south as Bolivia. Spotting them is expected to only get more rare as their population is declining rapidly.

4. American Pipit

Description: A small light brown, non-descript sparrow-looking bird, the American pipit has a slender body, a pointy bill and is known to bob its tail and walk on ground.

Its song is described as "tinkly" by Pam Hunt at the Audubon. While they sing high up in the air, they spend most of their time walking on the ground. They also nest on the ground in clumps of grass or against a rock.

Where to find them: In New Hampshire, they can only be found in one place in the summer: at the top of Mount Washington.

That's because it generally nests on alpine and arctic tundra. The only other place you can find them in the Eastern U.S. is Mount Katahdin in Maine, which must be hiked. Even then, biologists estimate there are only about a dozen pairs in the state, though they've been around for about 20 years. There is one exception to its secluded scarcity and that's during fall and spring when they're migrating, when they can be fairly common in the fields along the seacoast.

5. Piping Plover

Description:

The piping plover is a short bird with longish legs it uses to walk in beachy areas. They are white and pale tan with black stripes around the neck and across the forehead.

"They blend in with the sand almost perfectly," said Pam Hunt with the Audubon.

Where to find them: These birds nest only on sandy beaches. In New Hampshire, they're only on Hampton and Seabrook beaches. They are on the state's endangered species list, and most years, there are only five or six pairs in the state. Conservationists go to great lengths to protect them from humans and predators by fencing off areas where they have nests and even screening the opening to their nest with mesh that the plovers can fit through.



6. Sora

Description: The most common rail in North America, the little gray and brown bird with its bright yellow bill and little black cap spends its time on the ground in shallow marshy areas. Like most

rails, they have long legs and very long toes. Soras are very secretive and extremely hard to spot. But their distinctive call is enough for experienced birders to identify them. It goes "Sor-ah? Sor-ah? Sor-ah?" followed by a descending trill.

Where to find them: The sora is a marsh-dwelling bird, and in New Hampshire they're very dispersed. There are some records of sightings in the North Country and records for southern parts of state, like around Concord and along the coast. They come and go, and there's some indication their population may be declining. They're up here only in the summer and migrate to Central and South America and the Caribbean islands in the winter.

7. Purple Martin

Description: Purple martin males are more dark indigo blue than purple. They're the largest swallow in North America and they're most famous for being the only bird species to have evolved to nest exclusively in manmade houses. Some places

National bird comes home



Photo by Stephen Mirick

After decades of having no Bald Eagles in New Hampshire due to a national population drop caused by pesticides, they've made the Granite State home again.

The first breeding pair came in 1989, but for several years, they were the only ones in the state. Thanks largely to conservation efforts and the federal ban on the pesticide that devastated their population, they were removed from the state's endangered species list in 2008 and by 2014, we saw a tremendous spike in the population. Today, there are an estimated 90 individual eagles — about 45 territorial pairs. Numbers are expected to continue to climb until we reach our carrying capacity. They can be found near bodies of water, where they hunt. Most of the known nests are along the Connecticut River, the Merrimack River and the Lakes Region.

Source: NH Audubon raptor biologist Chris Martin.

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Photo by Stephen Mirick

are set up on more and more land-based gourd-shaped multi-compartment birdhouses at the top of posts for fear they'd die off without them. Pam Hunt with the Audubon says they've been associated with humans for hun-

dreds of years.

"Native Americans used to put up natural gourds with holes in them and the birds would nest in those, and they kind of adapted to that," Hunt said.

Where to find them: There are five known colonies in New Hampshire, and their total population is around 20 pairs. Most of the colonies are around the Seacoast with some in the Lakes Region.



Photo by Pam Hunt

8. Sandhill Crane

Description: A large bird, about the size and appearance of a great blue heron, the sandhill crane is gray and tan with a long neck and legs. They also have a distinctive red forehead. A mating pair

has a very interesting dance that involves jumping up in the air, flapping their wings and making noises. Like most cranes, they

The state raptor that wasn't to be



New Hampshire's legislature was the subject of national scrutiny, and late night talk show punchlines, when a number of lawmakers shot down a proposal by local 4th-graders to make the red-tailed hawk the official "state raptor." Opponents said the measure was a waste of time, and one conservative lawmaker said it would be a better mascot for Planned Parenthood, citing its predatory skills. The youngsters were present in Representatives Hall during these comments, and legislative leaders later called on the vocal opponents to apologize.

The White House later let those kids name a red-tailed hawk that had taken up residence near the stately domicile and had been photographed loitering on the grounds. The students chose the name Lincoln.

Where to find them: The sandhill crane only recently colonized New Hampshire at a new nest in Monroe, way up north. The birds are more commonly found in Canadian prairies and out west from the Rocky Mountains to Alaska. The local pair since produced a chick about three years ago, marking the first ever crane breeding in the state. School kids in the area named the first bird Oscar and the second bird Olive.



Photo by Pam Hunt

9. Ring-necked Duck

Description: First, let's get this out of the way: There is no ring on the ring-necked duck's neck.

"People always make jokes about that," said Pam Hunt with the Audubon.

She says that since it has a white ring around its bill, this glossy black duck should be called the "ring-billed duck" instead. The bird often travels in small flocks or pairs and dives for mollusks, aquatic invertebrates and underwater plants.

Where to find them: They avoid settling in most of New Hampshire so usually you can only catch them in the spring and fall while they're migrating. But if you're in the right place at the right time, you can see dozens or as many as 100 of them on springs, ponds and rivers all over the state during that time. But in the breeding season, they're found only in Canada and just a few places in the state north of the White Mountains. They tend to be on fairly remote ponds or places like Umbagog Lake. They're very secretive and hard to find.



Photo by Pam Hunt

10. Pine Grosbeak

Description: These pink, almost "Pepto-Bismol-colored" male finches are from the north, and how far south they come each winter have to do with food availability.

Females are rusty brown or olive green. They eat flowering crabapple trees and berries. Because they're from such wild reaches, you can walk up to them and they won't be startled because they're not used to people.

Where to find them: The Pine Grosbeak breeds mostly in Canada and in some parts of the Rocky Mountains. Since they are adapted to colder climates, New Hampshire is its winter vacation destination. That's why they've been dubbed the rarest of the "winter finches." But sometimes they don't come to the state at all, or if they

only in small numbers. “Some [years] there are dozens if not hundreds and sometimes there are only one or two,” said Pam Hunt at the Audubon.

Source: List provided by NH Audubon avian conservationist Pam Hunt. Additional details from the Cornell Lab of Ornithology website.

VIBs (The rarest of the rare)

1. Redwing

Description: This bird is a thrush native to Europe, England and Asia. It’s a mid-sized bird, mostly brown with white speckles and white stripes over its eyes. It’s named for the reddish underwing and flanks that can be spotted while it’s in flight.

Where to find them: Normally, you wouldn’t ever find this in New Hampshire, or anywhere on the Eastern seaboard. But a local birder spotted one in Hollis this past March in a flock of robins. They migrate across the North Sea to breed as far west as Iceland but never beyond that. There are only a handful of records for redwings in the entire eastern U.S.



Photo by Stephen Mirick

Pam Hunt said the Audubon said that when the birder identified the redwing, he freaked out and exclaimed, “Oh my god, it’s a Redwing!”

“A mob scene ensued, which is of course what happens when a really mega-rare bird like that shows up somewhere,” Hunt said.

She thinks it’s probably the rarest bird ever to show up in the state, and it likely did so because it got turned around by a storm on its way to Europe.



2. Rufous Hummingbird

Description: It’s built just like our common hummingbird but with red all over its face, neck and wings, a pale breast and a brown cap. Unlike the ruby-throated hummingbird, the rufous doesn’t have the instinct to migrate south in the fall, so if they find their way up here they often end up dying in the winter. There are only a few cases of them surviving the winter in Connecticut and Massachusetts within the last decade.

Where to find them: Usually found in the far West, these birds are becoming increasingly common in the East as vagrants whose migration pattern is altered, most

likely by a random event. They arrive in New Hampshire in the late summer and hang out at nectar feeders into the fall, but in very small numbers. There’s usually only one sighted every two years or so.



3. Pacific Loon

Description: This is a small loon, not as big as the loon that’s common in New Hampshire. Its non-breeding plumage is brownish gray, and its breeding plumage includes a gorgeous gray head and speckled back.

Where to find them: The Pacific loon normally nests in the tundras of Alaska and northern Canada, and most spend the winter on the Pacific coast. But there’s usually one in New Hampshire each year. Its appearance is highly variable and can happen in any season. Chances of seeing it are very slim because it spends a lot of time on the ocean.

Source: List provided by NH Audubon avian conservationist Pam Hunt. Additional details from the Cornell Lab of Ornithology website.

Now, UNH researchers have concluded that a toxin found in cyanobacteria known as BMAA might also be contributing to the loon population decline. The toxin, which has been linked to neurological diseases in humans such as ALS, was found in high concentrations in loon chicks. Researchers say the toxin moves up the food chain and gets more and more concentrated by the time the birds consume it.

Loons under threat



Lead tackle has long been behind loon deaths in New Hampshire, and now there may also be a second biological toxin they have to contend with. The state recently strengthened a law restricting the use of lead tackle but as recently as this summer two loons were found dead with lead jigs and fishing line in their gullets and fatal lead levels in their blood, according to autopsy results released last week. NHPR reported the birds were found near Lempster and Stoddard. Their mortality is concerning to conservationists because the birds reproduce late in life and untimely deaths might have huge impacts on their populations.

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Wednesday, July 27

Contemporary R&B group **Fifth Harmony** performs at the Verizon Wireless Arena (555 Elm St., Manchester) at 7 p.m. The group formed in 2012 while competing on the second season of Fox's *The X Factor*. They released their debut full-length studio album last year, which entered on the U.S. Billboard 200 chart at number five and eventually reached gold certification status. Singer-songwriters JoJo and Victoria Monet will perform as supporting acts. Call 644-5000 or visit verizonwirelessarena.com to buy tickets.



Friday, July 22

Ice Age: Collision Course (rated PG), the fifth installment in the animated series starring Ray Romano, John Leguizamo and Denis Leary, hits theaters. The film follows Manny the woolly mammoth, Sid the sloth and Diego the saber tooth tiger as they attempt to save themselves from a series of cosmic events triggered by none other than Scrat, the beloved saber tooth squirrel.



Friday, July 22

Is yoga a huge part of your life? Interested in becoming a yoga instructor? **YogaBalance Yoga Studio** (135 Hooksett Road, Manchester) will host a free class and yoga teacher training information session from 6 to 8 p.m. Call 625-4000 or visit yogabalance.info for more information on how to enroll.



Saturday, July 23

Seventeen-year-old singer-songwriter **Quinn Sullivan** performs at Tupelo Music Hall (2 Young Road, Londonderry) at 8 p.m. Sullivan has toured the world with his mentor and friend Buddy Guy, promoting his latest album, *Getting There*, which was produced in Nashville with multi-Grammy award winner Tom Hambridge. Tickets are \$25. Call 437-5100 or visit tupelohalllondonderry.com. Photo by Chuck Lanza photography.



Saturday, July 23

WMUR News 9 anchor **Jennifer Vaughn** will present and sign copies of her new novel *Throw Away Girls* at Barnes & Noble in Nashua (235 Daniel Webster Highway) at 1 p.m. Vaughn's second published novel is the first in a forthcoming series of books about a young television reporter from Los Angeles. Call 888-0533 or visit barnesandnoble.com.

EAT: Couples' cooking

Learn how to cook this Friday, July 22, or Saturday, July 23, from 6:30 to 9:30 p.m. at a **couples' cooking class** at The Culinary Playground (16 Manning St., Derry). This three-hour class teaches how to create a meal from start to finish. This class's menu includes cool Asian vegetable salad with vinaigrette, coconut chicken Thai red curry, cilantro-scented basmati rice and homemade coconut ice cream. Event is BYOB. Bring plastic containers for leftovers. Cost is \$155 per couple. Call 339-1664 or visit culinary-playground.com.

DRINK: At open beer tastings

The **603 Brewery** (12 Liberty Drive, Londonderry) will host three open, onsite beer tastings this week, from 4 to 7 p.m. on Thursday, July 21, and Friday, July 22, and from 1 to 5 p.m. on Saturday, July 23. Visit 603brewery.com or call 630-7745 for a complete list of the beers that will be available for tasting.

BE MERRY: At Fiesta de Musica

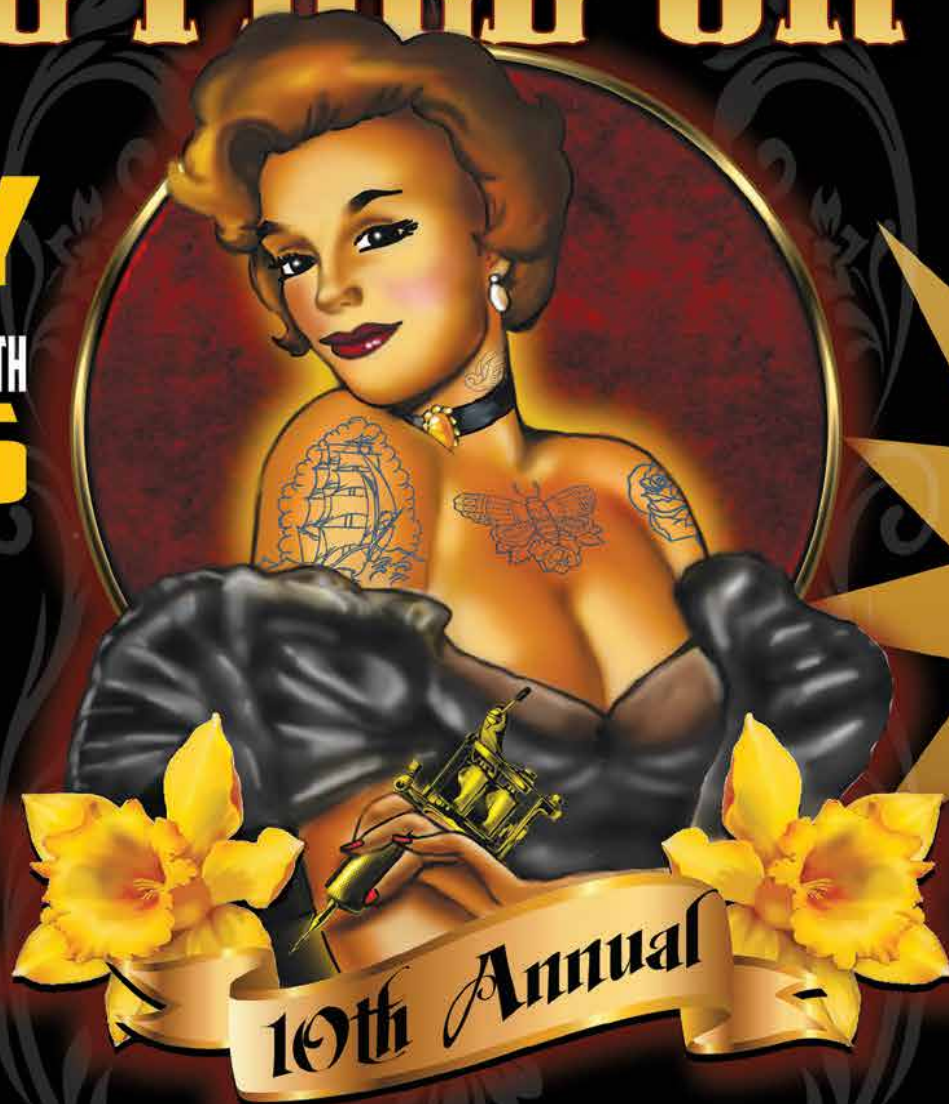
Don't miss an appearance by the **Manchester Muchachos Drum & Bugle Corps** at their "Fiesta de Musica" competition on Saturday, July 23, from 5:30 to 8 p.m. at Memorial High School's Chabot-McDonough Field (1 Crusader Way). The performance is part of Drum Corps International's 2016 Summer Music Games Tour. Five "Open Class" units are scheduled to perform at this all-ages, outdoor, family music and marching competition. Tickets are \$15-17. Call 978-743-9584 or visit muchachos.org.

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Theater medicine

Gustavson celebrates 39 years at Leddy Center with *Oliver!*

By Kelly Sennott

ksennott@hippopress.com

Leddy Center Artistic Director Elaine Gatchell first heard Dr. Paul Gustavson sing in *The Threepenny Opera* by an Exeter company in the '70s. She knew he'd be the perfect Fagin in her *Oliver!*

Because she didn't want to impose on his time, she made an appointment with his secretary at his practice in Raymond. When they met, she had to admit she was there under false pretenses.

"I told him I was not sick, but I knew ... he was a wonderful tenor, and that I was putting on *Oliver!* and was wondering if he'd consider being Fagin. He looked at me, then opened the drawer and pulled out the score of *Oliver!*" Gatchell said.

Gustavson knew the musical well because his wife, Elisabeth Gustavson, had directed it in an elementary school years earlier. Today he can't remember why the score was with him that day; maybe someone warned him Gatchell might be coming. Regardless, he thought it sounded exciting.

It wasn't the first time Gatchell casted outside the theater; once she asked a man with a long beard in downtown Exeter if he'd like to be Merlin in her *Camelot*. Another time, she found the perfect dog to play Sandy in *Annie* in the bed of a truck while driving and followed the owner home to ask for permission. She often got positive results.

But no actor has been with the compa-



Paul Gustavson as Mr. Bumble and John Seymour and Lauren Campbell as Mr. and Mrs. Sowerberry in *Oliver!* Courtesy photo.

ny as long as Paul Gustavson. This July, he performs in *Oliver!* at The Leddy Center again, this time as Mr. Bumble, in its 42nd season, his 39th — and his first major part in about five years.

"It was a dream come true for him, as it was for me, to find somebody that excellent, who was such a wonderful actor," Gatchell said.

His first years with the group, then the Epping Community Church Players, were in the Epping Town Hall, then in the Epping school auditoriums. It was because of him the company found a permanent location in 1984, when a three-story building downtown went up for sale. Gustavson had been itching to move his practice closer to the hospital in Exeter, and when he learned the top floor had the right makings for a theater, he couldn't resist.

He and his wife met Gatchell and her husband, Leddy Center co-founder Bruce

Gatchell, at the vacant building and explained his plan — to buy the old Leddy Brothers building for his medical practice and turn the third floor into a theater, where he would only charge the cost of electricity and other amenities. They formed a 25-year contract.

Gatchell credits Gustavson, in part, for her long career.

"I have friends who are directors from all over the state, and they don't have a home place. They rent, and it's tough on them. ... I think of how fortunate I have been to have always had our own theater," Gatchell said.

For a long time, the arrangement worked out wonderfully. Because of its rent-free status, The Leddy Center was able to donate proceeds to a variety of charity organizations, and at lunchtime, Gustavson trekked up the two stories of stairs to practice. His family joined the fun, his wife making costumes and his kids acting. For a period, he

was on the board of directors. Gatchell said he garnered a strong following of people who still love watching him perform.

In 2000, he noticed something was off while watching a recent production video; he was moving more slowly than he thought he'd been. He went to a neurologist and learned he had Parkinson's.

Not long after the diagnosis, he went onstage and performed as Tevye in *Fiddler on the Roof*, his favorite role, which he's played four times. He became a different person, forgetting the disease, and for a short time, his symptoms seemed to subside too. Gatchell said it was a breathtaking performance.

"We were all terribly concerned," Gatchell said. "We had no idea [whether he'd continue acting], and he didn't either. ... But people were very, very moved. We all were."

The Gatchells moved the company to the former home of the Emissaries of Divine Light, less than a mile from the original building, in 2008, just before Gustavson closed his full-time practice a year later.

Gustavson's determined to remain active as long as possible; he still works twice a week at the Rockingham County Rehabilitation and Nursing Center in Brentwood, and he co-founded a Parkinson's support group that meets there the first Thursday of the month. They organize hiking and biking excursions and dance lessons and other activities regularly. This, in addition to performing, is what's keeping him healthy.

"The tendency of people with Parkinson's is to isolate themselves. They feel different, and the more they isolate, the less they move. Part of the thing about being in theater, it forces you to be part of things. But these days, there are more and more things being done to encourage folks with Parkinson's Disease to get out and be active and get exercise," Gustavson said. "There's no question, [the disease] is still here, but somehow, there's a transformation that can occur [onstage]." 🍀

See Gustavson in *Oliver!*

Where: Leddy Center for the Performing Arts, 38C Ladd's Lane, Epping, 679-2781, leddycenter.org, info@leddy-center.org

When: Friday, July 22, at 7:30 p.m.; Saturday, July 23, at 7:30 p.m.; Sunday, July 24, at 2 p.m.

Admission: \$20

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• **PETER PAN** Summer Children's Series. Palace Theatre, 80 Hanover St., Manchester, 668-

5588, palacetheatre.org, Thurs., July 21, at 10 a.m. and 6:30 p.m. Tickets are \$9.
• **THE LITTLE MERMAID** Outdoor musical at Prescott Park, 105 Marcy St., Portsmouth. Suggested donation at the door. Visit prescottpark.org. Regularly through Aug. 21.
• **VANYA AND SONIA AND MASHA AND SPIKE** Peterbor-

ough Players production. July 20-July 31. Tues.-Fri. at 7:30 p.m., Sat. at 8 p.m., Sun. at 4 p.m. Peterborough Players Theatre, 55 Hadley Road, Peterborough. \$39. Visit peterboroughplayers.org. Call 924-7585.
• **VIEWFINDER** Andy's Summer Playhouse original production. Thurs., July 21, at 7:30 p.m.; Fri., July 22, at 7:30 p.m.; Sat.,

July 23, at 7:30 p.m.; Sun., July 24, at 2 p.m.; Wed., July 27, at 2 p.m.; Thurs., July 28, at 7:30 p.m.; Fri., July 29, at 7:30 p.m.; Sat., July 30, at 5 p.m. Andy's Summer Playhouse, 582 Isaac Frye Highway, Wilton. \$14. Visit andysummerplayhouse.org.
• **WILLY WONKA JR.** RB Productions. Fri., July 22, at 7 p.m., and Sat., July 23, at 2 and 7 p.m.,

at the Capitol Center for the Arts, 44 S. Main St., Concord, 225-1111, ccanh.com. Tickets are \$15.
• **ABSINTHE AND OPIUM BURLESQUE AND CABARET** Fri., July 22, at 7:30 p.m.; Sat., July 23, at 7:30 p.m. Hatbox Theatre, 270 Loudon Road, Concord. \$16.50. Visit hatboxnh.com.
• **ROCKY HORROR SHOW** Seacoast Rep production. Fri.,

July 22, at 11:59 p.m.; Sat., July 23, at 11:59 p.m. Seacoast Repertory Theatre, 125 Bow St., Portsmouth. Visit seacoastrep.org for tickets.
• **THE ADDAMS FAMILY** Kids Coop Theatre production. Fri., July 22, at 7:30 p.m.; Sat., July 23, at 1 & 7 p.m. Derry Opera House, 29 W. Broadway, Derry. Visit kids-coop-theatre.org.

CURTAIN

CALL

Notes from the theater scene

• **Dancing with the big kids:** Manchester 10-year-old Sienna Milne performs with the New York City Ballet Wednesday, July 20, through Saturday, July 23, in its production of *A Midsummer Night's Dream* at the Saratoga Performing Arts Center. Milne, who was encouraged to attend the seven-hour March audition in New York by her ballet teacher, Dimensions in Dance and Ballet Misha Director Amy Fortier, was one of only a handful of New England kids selected. In George Balanchine's *A Midsummer Night's Dream*, there are 20 children in the roles of fairies, butterflies and bugs; all must be younger than 12, shorter than 4'6" and technically strong dancers. Milne will perform as a Scherzo Bug. She's been dancing with the company since age 3 when she saw Fortier's Ballet Misha company perform *The Nutcracker* in 2009. More than 25 people from the Manchester home company and many friends are planning to travel to New York to see her perform.

• **Next level band geek:** On Saturday, July 23, starting at 5:30 p.m., Memorial High School's Chabot-McDonough Field (1 Crusader Way, Manchester) will be home to the 10th annual Fiesta de Musica summer music show organized by the Muchachos Drum & Bugle Corps and the Inspire Arts and Music Organization, featuring seven drum corps from New England, Michigan and Canada. It's the only show of its kind scheduled in the Granite State this year. Bands include the Muchachos, the Boston Crusaders Senior Corps, the North Star Alumni of Peabody, Mass., Nashua's Spartans, the 7th Regiment from New London, Conn., Les Stentors from Sherbrooke, Quebec, and the Legends from Kalamazoo, Michigan, according to the press release. The big event will be a head-to-head drumline ensemble competition. Visit dci.org, call 317-275-1212 or visit muchachos.org. Tickets are \$17 before the event, \$22 the day of.

• **MISS NELSON IS MISSING!** Peterborough Players Second Company. July 1-July 23. Peterborough Players Theatre, 55 Hadley Road, Peterborough. \$10. Call 924-7585. Visit peterborough-players.org.

• **THE OTHER TWO MEN** Oz Productions. July 15-July 24. Fridays and Saturdays at 10 p.m., Sundays at 9 p.m. The Players' Ring, 105 Marcy St., Portsmouth. \$12. Call 436-8123.

• **ROMEO & JULIET** Nashua Theatre Guild production. Sat., July 23, at 2 p.m.; Sun., July 24, at 2 p.m.; Sat., July 30, at 2 p.m.; Sun., July 31, at 2 p.m. Greeley Park, 100 Concord St., Nashua. Free, donations accepted.

• **THE SNOW QUEEN** Impact Children's Theatre presents *The Snow Queen* Tues., July 26, at 11 a.m. and 2:30 p.m. at the Capitol Center for the Arts, 44 S. Main St., Concord, 225-1111, ccanh.com. Tickets are \$7.50.

• **THE WIZARD OF OZ** Summer

Children's Series. Palace Theatre, 80 Hanover St., Manchester, 668-5588, palacetheatre.org. Tues., July 26, at 10 a.m. and 6:30 p.m.; Wed., July 27, at 10 a.m. and 6:30 p.m.; and Thurs., July 28, at 10 a.m. and 6:30 p.m. Tickets are \$9.

• **A YEAR WITH FROG AND TOAD** Windham Actors' Guild. Windham High School, 64 London Bridge Road, Windham, Fri., July 29, at 7 p.m.; Sat., July 30, at 2 and 7 p.m.; and Sun., July 31, at 2 p.m. Tickets are \$16. Visit windhamactorsguild.com.

• **CHILDREN OF EDEN** Derryfield School production. Fri., July 29, at 7:30 p.m.; Sat., July 30, at 7:30 p.m.; Fri., Aug. 5, at 7:30 p.m.; Sat., Aug. 6, at 7:30 p.m. The Derryfield School, 2108 River Road, Manchester. \$15.

• **DORKS IN DUNGEONS** Improv comedy show based on *Dungeons & Dragons*. Fri., July 29, at 8 p.m. 3S Artspace, 319 Vaughan St., Portsmouth. \$12 online or pay-what-you-can at the

door. Visit 3sarts.org, dorksindungeons.com.

• **FATHER OF THE BRIDE** Majestic Theatre production. Fri., July 29, at 7 p.m.; Sat., July 30, at 7 p.m.; Sun., July 31, at 2 p.m. Derry Opera House, 29 W. Broadway, Derry. \$12. Visit majestic-theatre.net. Call 669-7469.

• **INTO THE WOODS** Production by Riverbend Alumni Company. Thurs., Aug. 4, at 7:30 p.m.; Fri., Aug. 5, at 7:30 p.m.; Sat., Aug. 6, at 7:30 p.m. Amato Center for the Performing Arts, 56 Mont Vernon Road, Milford. \$12. Visit amatocenter.org.

• **KISS THE MOON, KISS THE SUN** Part of ACT ONE Festival. Thurs., Aug. 4, at 7:30 p.m.; Fri., Aug. 5, at 2 and 7:30 p.m.; Sat., Aug. 6, at 2 and 7:30 p.m.; Sun., Aug. 7, at 2 p.m.; Fri., Aug. 12, at 2 and 7:30 p.m.; Sat., Aug. 13, at 2 and 7:30 p.m. West End Studio Theatre, 959 Islington St., Portsmouth. \$20. Visit actonenh.org. Call 300-2986.



Sienna Milne of Manchester. Courtesy photo.

chos, the Boston Crusaders Senior Corps, the North Star Alumni of Peabody, Mass., Nashua's Spartans, the 7th Regiment from New London, Conn., Les Stentors from Sherbrooke, Quebec, and the Legends from Kalamazoo, Michigan, according to the press release. The big event will be a head-to-head drumline ensemble competition. Visit dci.org, call 317-275-1212 or visit muchachos.org. Tickets are \$17 before the event, \$22 the day of.

• **\$5 outdoor theater:** Theatre Under the Stars, in association with the Manchester Community Theatre Players, performs *Interactive 3D Musketeers* Tuesday, July 26, and Tuesday, Aug. 2, outside at the MCTP Theatre at the North End Montessori School (698 N. Beech St., Manchester). The house opens at 6 p.m. and the shows start at 6:30 p.m. The fast-paced adaptation allows patrons to plan the plot so no two shows are the same. Admission is \$5 for adults, free for children 12 and younger. Visit shakespeareinthevalley.com or call 726-0098. — *Kelly Sennott*

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ARTS

Staying young

Tallman, 97, on painting and her last NH art show

By Kelly Sennott
ksennott@hippopress.com

Jean Tallman is 97, but she's still making art every day — and selling it. It's what keeps her young.

"I'm not doing as much as I did because I'm slowing down, but I still have a very active business," Tallman said via phone from her daughter's summer home just outside Newport, Rhode Island. "I do it to keep going. An artist needs to have people who want what you do."

The Bedford resident paints or practices printmaking most days and can remember dates, details and the names of people from the day before or decades earlier. At the time of the call, she was packing for her move to Naples, Florida, after an almost 70-year run in the Granite State, and trying to find the time to complete some commissioned artwork for her clients. She makes her final hurrah in the local arts community with an exhibition at the Framers Market that opens Thursday, July 21.

Christine King at the Framers Market said putting the show together was a spur-of-the-moment decision the two made when Tallman called weeks before because she was downsizing and needed to get rid of some paintings and prints.

King's relationship with Tallman spans back to when the business first opened in 1978. The curator and framer was 29 and often lonely in the shop those first couple years — except when Tallman came in.

"We just hit it off and became friends," King said. "I remember the times she did come in very well because I was a history major, and here I was with a retail business. I didn't know what I was doing in the beginning. It was great to have somebody who came in regularly."

Tallman became even more of a regular when King and her husband moved the business to Bedford down the street from Tallman and began holding more events.

"It was a social place. Everybody went there, and we had a wonderful time," Tallman said.

See artwork by Jean Tallman

Where: Framers Market, 1301 Elm St., Manchester, 668-6989, framersmarketnh.com

When: On view through Aug. 31; gallery hours are Tuesday through Friday, 9:30 a.m. to 5:30 p.m., and Saturday from 9:30 a.m. to 3:30 p.m.

Reception: Thursday, July 21, from 5 to 8 p.m.; includes refreshments and free posters of Tallman's Amoskeag millyard prints



Part of a Jean Tallman print of the Notre Dame bridge in Manchester. Courtesy image.

King has a scrapbook of important Framers Market events, and she pulled it out during an interview at the shop, now located on Elm Street in Manchester, last week. Tallman's face smiled back on many pages chronicling the business's shows and anniversary parties. Most of the time, she was with her husband, William Tallman, former chairman and CEO of Public Service Co. of New Hampshire, who died last year.

King knew they'd be able to pull off a last-minute celebration because of Tallman's strong local following. She suspects Tallman's artwork hangs in hundreds of homes, in part because of the sheer mass of work Tallman has created over her lifetime.

When she first moved to New Hampshire from Cambridge (where she painted windows and interior displays and her husband worked at MIT) in 1946, she painted portraits of area children and young couples.

"Once in a while, I'll see somebody who says to me, you did a portrait of my grandmother!" Tallman said.

Much of Tallman's work also tackles iconic subjects in Manchester, Bedford and Concord. She designed the Bedford bicentennial coin and the Bedford town seal, and she illustrated Bedford Historical Society maps and town history. In the Queen City, she was depicting the millyard in prints before it was cool.

"From the beginning, I loved the millyard when I came to Manchester," Tallman said. "I thought it was a beautiful thing, to see something unusual like that in the city. And I think it's wonderful what they've done."

At the shop, King was still cleaning the 20 pieces for the art show. Most are oil paintings of florals, mountains and seascapes, but a handful are watercolor prints

LOCAL — COLOR —

NH art world news

• **Let loose:** Studio 550 (550 Elm St., Manchester) is letting monsters out on the loose Saturday, Aug. 6, in downtown Manchester with a slated 2 p.m. finish time. The purpose of the activity, according to a press release, is to encourage residents to slow down, play like a kid and walk through the city in search of the out-of-the-ordinary. Most monsters will be hidden on Elm Street or side streets between Bridge and Granite streets, but always in public places with lots of foot traffic. Participants should take one and share findings on the Studio 550 Facebook page and then bring it to Dancing Lion Chocolate at 917 Elm St. to win a chocolate coin, and to the Studio to pull a prize from the prize jar (which could include merchandise or a 10-week class). The albino monster finder will win a pottery studio date night or family clay workshop. Visit 550arts.com or call 232-5597.

• **New mural in Concord:** The first week of July, a mural made by seven teenage students over several months was installed on the side of the downtown Concord CVS building on Main Street. It depicts a globe cradled in a pair of hands, one white, one black, framed by trees. The mural was created as part of the Haley Rae Martin Mural Project, a scholarship program through the Kimball-Jenkins Estate, funded by donations from the Martin family in memory of their teenage daughter (whose silhouette is painted on the bottom right corner of the mural), and BAE Systems, according to the Concord Monitor. There's funding in place for another mural next year.

• **MFA student art:** It's the most important time of the year for New Hampshire Institute of Art MFA students, and the school hosts a series of free events this weekend that will



Studio 550 monsters go out in two weekends. Courtesy photo.

include presentations by students and nationally renowned artists and writers.

From Friday, July 22, through Monday, July 25, and Wednesday, July 27, and Friday, July 29, from 2 to 4 p.m. each day, a professional ensemble will perform dramatic readings of MFA student scripts at the Sharon Arts Center Gallery, 30 Grove St. Peterborough.

On Sunday, July 24, from 7 to 9 p.m., William Giraldi will give a presentation, and on Monday, July 25, from 7 to 9 p.m., there will be one by Rose Marasco; both are in the French Auditorium, 148 Concord St., Manchester.

On Wednesday, July 27, from 6 to 7 p.m., visiting artists Gideon Bok and Meghan Brady will present their artwork at Riverstone Resources, 250 Commercial St., Manchester, and on Thursday, July 28, from 4:15 to 5:15 p.m., visiting artist and writer Steve Almond will give a presentation at the French Auditorium, followed by graduating MFA writing student presentations from 7 to 9 p.m.

On Friday, July 29, from 7 to 9 p.m., more graduating MFA students will discuss their work, and on Saturday, July 30, there's a prospective MFA student visit day from 9 a.m. to 1 p.m. at the auditorium and MFA student exhibition opening at 77 Amherst St. at 6 p.m. Visit NHIA.edu.

— Kelly Sennott

of places like the Palace Theatre, the old depot station in Manchester and the rolling countryside of Siena, Italy.

Mostly, King knew the show would have crowds because Tallman knows a lot of people, on her own and through her husband, who, in addition to his high-ranking job, was a co-founder of the Derryfield School and very involved with the Greater Manchester community.

The secret to a long career like Tallman's? Keep painting. Don't get discouraged.

"When you're young, you don't have much time, but it takes time to paint. But just do little by little as you can. Just keep at it forever, and you'll finally find that, someday, you've reached a point where someone will say, 'I have to buy that!'" she said.



Jean Tallman. Christine King photo.

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CRAZY DADS



The Majestic Theatre presents *Father of the Bride* at the Derry Opera House, 29 W. Broadway, Derry, on Friday, July 29, at 7 p.m.; Saturday, July 30, at 7 p.m.; and Sunday, July 31, at 2 p.m. The play, based on the novel by Edward Streeter (and illustrated by Gluyas Williams) follows a man, Mr. Banks, who learns that one of the young men he's occasionally seen around the house is about to become his son-in-law. What starts as a simple affair turns into an enormous, over-the-top event.

Tickets are \$15. Visit majestictheatre.net or call 669-7469.

Courtesy photo.

Art

Events

- **ART IN THE PARK** Juried arts and crafts exhibition. Sat., July 23, 9 a.m.-3 p.m. Butler Park, Main St., Hillsborough. Free. Visit hillsboroughpride.org.
- **NH ART ASSOCIATION WET PAINT-OUT WEEKEND** Plein air open weekend. Fri., July 22; Sat., July 23, dawn to dusk; Sun., July 24, to 10:30 p.m. Submitted work shown at Robert Lincoln Levy Gallery 1:30-7 p.m. Paint around Portsmouth area. Robert Lincoln Levy Gallery, 136 State St., Portsmouth. Cash prizes. \$30 to enter. Call 431-4230. Email nhartassociation@gmail.com. Visit nhartassociation.org.

Openings

- **CITY EMPLOYEE & FAMILY ART SHOW** Featuring artwork by city employees and their families. On view through Aug. 30. Opening Thurs., July 21, 5-8 p.m. Manchester City Hall, 1 City Hall Plaza, Manchester. Visit nationalartsprogram.org.
- **"SUNLIGHT SEDUCTION"** Art show featuring more than 75 artists. On view July 18-Sept. 2. Reception Thurs., July 21, 5-8 p.m. Art 3 Gallery, 44 W. Brook St., Manchester. Call 668-6650. Visit art3gallery.com.
- **JEAN TALLMAN** Artist's last exhibition of work in NH. On view through Aug. 31. Reception Thurs., July 21, 5-8 p.m. Framers Market, 1301 Elm St., Manchester. Visit framersmarketnh.com. Call 668-6989.
- **"HELLO, MY NAME IS -- ADDICTED TO ART"** Art exhibition of fresh work. On view July 5 through Aug. 19. Reception Thurs., July 21, 5-7 p.m. McGowan Fine Art, 10 Hills Ave., Concord. Visit mcgowanfineart.com. Call 225-2515.
- **ARTIST SUMMER EXHIBITION** Featuring paintings, pottery, glass, photography, jewelry, home decor. Opening Thurs., July 21, 4-8 p.m. Creative Framing Solutions, 83R Hanover St., Manchester.
- **"KALEIDOSCOPE: STUDENT ART FROM NH UNI-**

- VERSITIES"** On view July 19 through Aug. 22. Reception Fri., July 22, at 5:30 p.m. Castle in the Clouds, 455 Old Mountain Road, Moultonborough. Visit castleintheclouds.org. Call 476-5900.
- **"WENDY TURNER: ISLAND LIGHT"** Art exhibition. On view through Sept. 30. Lecture, "Beginning with Marigolds: The Creative Spirit of Celia Lighton Thaxter" by Sharon Stephan Thurs., July 28, at 5:30 p.m. Discover Portsmouth Center, 10 Middle Road, Portsmouth. \$10 admission for lecture. portsmouthhistory.org. 436-8433.
- **"FAMOUS FACES: PORTRAITS BY NANCY ELLEN CRAIG"** 26 paintings of social, intellectual and political elite of 20th century. On view June 29 through Aug. 6. Reception Sat., July 29, 2-4 p.m. Whistler House Museum of Art, 243 Worthen St., Lowell. Call 978-452-7641. Visit whistlerhouse.org.
- **DOUG JOHNSON** Exeter Fine Crafts show. On view through August. Demonstrations Fri., Aug. 5, 4-7 p.m.; Sat., Aug. 13, noon-3 p.m. Exeter Fine Crafts, 61 Water St., Exeter. Call 778-8282.

Classical Music

Events

- **SEACOAST WIND ENSEMBLE** Concert. Thurs., July 21, at 6 p.m. Gazebo, Post Road/Route 151, Greenland. Free. Visit seacoastwindensemble.org.
- **DEERING VILLAGE CONCERT** Music by Astor Piazzolla, Erwin Schulhoff, Daron Hagen, Edward Grieg, Wolfgang Mozart, and the Monadnock Music Piano Trio. Deering Community Church, 763 Deering Center Road, Deering. Free Email mm@monadnockmusic.org. Thurs., July 21, at 7:30 p.m.
- **PEARCY/GRATZMILLER JAZZ QUINTET** Concert part of library summer outdoor series. Thurs., July 21, at 7 p.m. Nashua Public Library, 2 Court St., Nashua. Free. Visit nashualibrary.org. Call 589-4610.
- **MANCHESTER COMMUNITY MUSIC SCHOOL FREE**

- CONCERT SERIES** Free concerts. Thurs., July 21, at 6 p.m. Manchester City Hall, One City Hall Plaza, Manchester. Call 644-4548. Visit mcmusicschool.org.
- **AN EVENING OF PURCELL & PUCCINI** Piccola Opera production. Includes two one-act operas, *Didò & Aeneas* and *Suor Angelica*. Fri., July 22, at 7 p.m.; Sat., July 23, at 7 p.m. Concord City Auditorium, 2 Prince St., Concord. \$25. piccolaopera.net.
- **VIVE LA FRANCE** Concert part of Halcyon Music Festival. Fri., July 22, at 7:30 p.m. St. John's Episcopal Church, 101 Chapel St., Portsmouth. \$25 suggested donation. Visit halcyonmusicfestival.org/concerts.
- **MUCHACHOS DRUM & BUGLE CORPS COMPETITION** Featuring 7 drum and bugle corps in exhibition and competition, including head-to-head drumline ensemble competition and food trucks. Sat., July 23, at 5:30 p.m. Manchester Memorial High School, 1 Crusader Way, Manchester. Visit dci.org or call 317-275-1212 for ticket information or visit muchachos.org.
- **ELEGANCE, JUBILATION AND HEARTBREAK** Concert part of Halcyon Music Festival. Sat., July 23, at 7:30 p.m. St. John's Episcopal Church, 101 Chapel St., Portsmouth. \$25 suggested donation. Visit halcyonmusicfestival.org/concerts.
- **MILFORD VILLAGE CONCERT** Music by Henry Cowell, Aaron Copland, Richard Dubugnon, Astor Piazzolla and Wolfgang Mozart. Unitarian Universalist Church, 20 Elm St., Milford. Free Email mm@monadnockmusic.org. Sun., July 24, at 3 p.m.
- **ANDY INZENGA** Piano concert. Tues., July 26, at 3 p.m. Exeter Public Library, 4 Chestnut St., Exeter. Call 772-3101.
- **MANCHESTER COMMUNITY MUSIC SCHOOL MID SUMMER STARZ** Free concert. Thurs., July 21, at 7 p.m. Nashua Public Library, 2 Court St., Nashua. Free. Visit nashualibrary.org. Call 589-4610.
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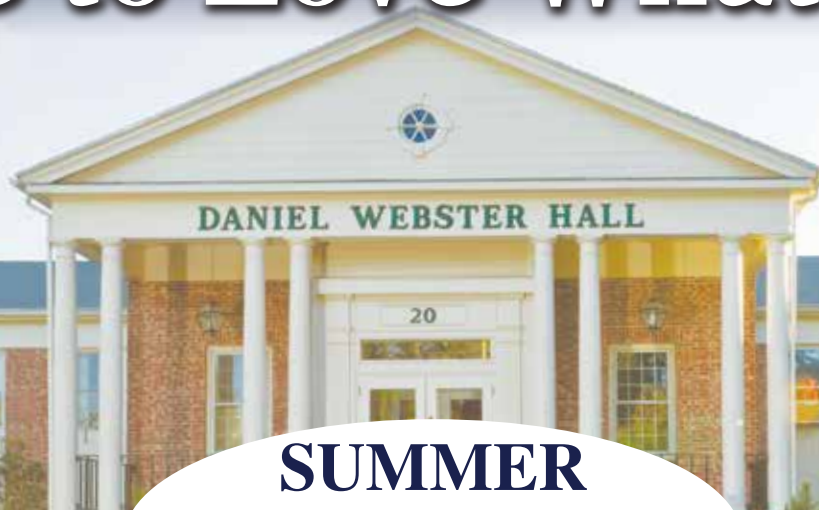
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INSIDE/OUTSIDE

Fun for the ages

Stratham celebrates 300 years during country fair

By Matt Ingersoll
mingersoll@hippopress.com

As the Stratham Fair returns for its 49th year, the town itself will be celebrating an even bigger anniversary — its 300th year since settling.

The fair, taking place Thursday, July 21, through Sunday, July 24, is widely recognized as one of the oldest traditional country fairs in New England. It started way back in 1966 as a small party to celebrate the town's then-250th anniversary, with a chicken barbecue and a lobster bake as the main attractions. After the success of that party, the town decided to host a full-blown fair and held its first official one the next year, in 1967.

The families of the original fair founders are still involved nearly 50 years later with those old favorites — the barbecue and lobster bake — but the fair has evolved into an event that attracts more than 20,000 people each year and is filled with live entertainment, local vendors, 4-H agricultural exhibits, games and more.

A special 300th-anniversary play called "Inspired by the Past" will be featured at this year's fair from 7:30 to 8:30 p.m. on Thursday night, following the opening ceremony, and will showcase what the first fair was like.

New this year will be mountain bike stunt shows from 10:30 a.m. to 12:30 p.m. on Friday and from 11 a.m. to 2 p.m. on Saturday.

A 4-H exhibit with an animal parade and animal shows throughout the weekend will be open

49th annual Stratham Fair

When: Thursday, July 21, through Sunday, July 24. Fairgrounds open from 3 to 10 p.m. on Thursday and 10 a.m. to 10 p.m. Friday through Sunday

Where: Stratham Hill Park, 270 Portsmouth Ave.

Cost: Admission is \$8 for adults, \$5 for children ages 6 to 12 and seniors over 65, and free for children under 6. All fairgoers will only need to pay \$3 admission on Thursday, the 300th anniversary celebration day.

Visit: strathamfair.com



Courtesy photo.

during the fair, in addition to all the traditional carnival rides.

"The idea behind 4-H is that these are kids who raise these animals to show, so these are animals that are groomed and fed appropriately," Entertainment Coordinator Vicky Poland said. "I think it's a tremendous opportunity for kids who may not have grown up in an agricultural environment to learn about farm animals, and it's also a great way for our community to pay homage back to those roots."

Another favorite among the kids, Poland said, is the pig scramble. Kids get one "scramble" a day, in which they put their name in a lottery to get to be in the pen with baby pigs. If they are successful in catching a pig, then they get to take it home.

Live music and entertainment will be featured every day on two separate stages. Poland said the smaller Front Porch Stage will feature ongoing sets from local musicians all day. The Main Stage will have music acts and several events that are new to the fair this year.

Friday's headliners will be the Seacoast-based classic rock band Rosie at 6 p.m. and the Bon Jovi tribute band Livin' on a Bad Name

at 7:30 p.m.

Saturday is "Country Day" on the Main Stage and will feature a country line dancing clinic at 4 p.m. by Michelle Jackson and the DanceFunctics before The Darren Bessette Band, a country and rock cover band, performs a set at 5 p.m.

The fair will close with a fireworks show on Sunday night.

Caren Gallagher, the fair's director of vendors and concessions, said food and craft vendors both new and old are expected to set up shop each day throughout the fair.

"I have a handful of vendors that are local people, either doing some arts and crafts or [who] have their own local businesses in food," Gallagher said. "I have your typical home improvement vendor. I also have a guy who depicts a shoemaker from the early times. He and his family are actually coming up to do some shoemaking and farming demonstrations, to show what they were like when the town was first founded."

Gallagher said one of the new vendors this year is a local fudge-making business owner.

"He actually just moved into town, and he'll be offering fudge from his own startup business," she said. "He figured it would be a

good way to get to know people and that he would try it out."

For the third straight year on Sunday, businesses and vendors based in New Hampshire will arrive for NH Made Day. Some of the local vendors that will be included are Better Than Average of Barrington, a company that makes jellies and jam from Moxie soda, and Heidi Jo's Jerky of Derry, which sells locally made jerkies and sausages.

Poland said an old fair favorite coming to this year's event once again is Josh Landry, a professional chainsaw carver from Massachusetts.

"He is incredible," she said. "You can visit his stand anytime and he can carve you special custom-made things."

The Stratham Fair is the annual fundraiser for Stratham's volunteer fire department, Poland said. She said it's become a good fundraising opportunity for other local organizations as well.

Tickets can be purchased either any day of the event or online at strathamfair.com. Free parking is available onsite at Stratham Hill Park (270 Portsmouth Ave.). Dogs are not allowed on the fairgrounds unless they are service dogs. 🐾

KIDDIE — POOL —

Family fun for the weekend

A scrumptious show

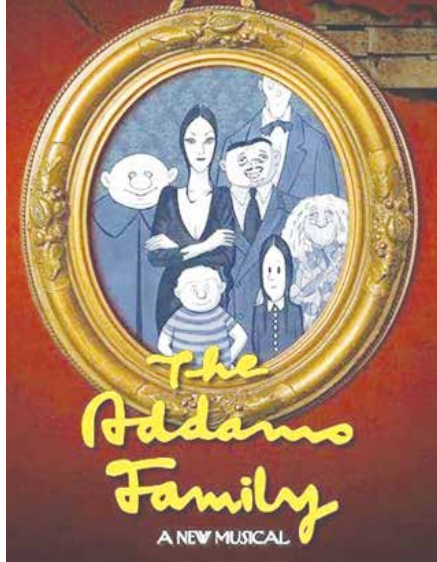
Catch a performance of Roald Dahl's *Willy Wonka Jr.* at the Capitol Center for the Arts (44 S. Main St., Concord), either at 7 p.m. on Friday, July 22, or at 2 or 7 p.m. on Saturday, July 23. The story follows candy manufacturer Willy Wonka as he hides golden tickets in five scrumptious candy bars. The lucky ticketholders win a free tour of the Wonka factory but must learn to follow the rules or suffer the consequences. Tickets are \$15. Call 225-1111 or visit ccanh.com to buy tickets.

Family festivities

Enjoy live music, family activities, food and more at the Town of Milford's annual **Family Fun Day**, this Saturday, July 23, from 10 a.m. to 2 p.m. at Keyes Field (Elm Street). Held simultaneously with the Milford Summer Basketball League's annual tournament (from 9 a.m. to 3 p.m.) the event is entering its 11th year in bringing the town community together. Admission is free. Visit milford.nh.gov or call 249-0625 for more information.

Journey through the wild

Join the **Massabesic Audubon Center** (26 Audubon Way, Auburn) from 7 to 8:30 p.m. on Friday, July 22, as NH Audubon volunteer Bill Coder explores 350 years of New Hampshire wildlife. Coder will focus on changes in the land and how wildlife populations have responded over time. You'll learn why changes in habitat in our past are behind the decline of many of our rarest animal species today, and why others are more abundant than in the past. Tickets



are \$5. Visit nhaudubon.org or call 668-2045 for more details.

Leisurely stroll

Get a free instructional walk on the trails and boardwalks of **Ponemah Bog Sanctuary** (Rhodora Drive, Amherst) at 10 a.m. on Saturday, July 23. On this walk, dragonfly enthusiast Tom Young will showcase unique plant and animals adaptations of bogs. This is a free walk hosted by the NH Audubon's Nashaway Chapter. Call 673-3177 or email westonpond10@gmail.com for more information.

Creepy and kooky

Catch an original production of *The Addams Family* at the Derry Opera House (29 West Broadway). In this version, a grown up Wednesday Addams has fallen in love with a sweet, smart young man from a respectable family — a man her parents have never met. Shows are presented by the Kid's Coop Theatre and will be performed from 7 to 9 p.m. on Friday, July 22, or from 1 to 3 p.m. and 7 to 9 p.m. on Saturday, July 23. Tickets are \$15. Call 437-0505 or visit derryoperahouse.com to buy tickets.

Children & Teens

Art classes & programs

PAINT NIGHT FOR ADULTS & TEENS Featuring local Hollis artist Paula Furlong. No experience is necessary and paint supplies will be provided. Space is limited for this program so be sure to register. Thurs., July 21, 6 to 8 p.m. Hollis Public Library, 2 Monument Square, Hollis. Free. Call 465-7721.

Children events

PUPPET THEATER Come enjoy *The Sun and The Rain Fairies*, presented by Pamela McIlveary. Children of all ages are welcome to attend. Thurs., July 21, 11 a.m. Wilton Public & Gregg Free Library, 7 Forest Road, Wilton. Free. Call 654-

2581.

"BECOMING A WOODS NINJA" WORKSHOP A workshop on how to move silently through the woods to see wildlife. The Ninja were known for their ability to disappear and to move without a sound. In this popular workshop, learn how to use those same skills to get close to and observe wildlife in their native habitat. Sat., July 23, 10 a.m. to noon (rain date is Sun., July 24). Mt. Kearsarge Indian Museum, 18 Highlawn Road, Warner. \$15 for members, \$20 for non-members. Call 746-6121.

DERRY PUBLIC LIBRARY PUPPET SHOW The Derry Public Library hosts local puppeteer Diane Kordas as part of its annual Summer Reading Program. "Let's

Race!" presents the audience with three traditional folktales: "The Tortoise and the Hare," "The Monkey and the Crocodile" and "The Gingerbread Man." The audience will cheer on the puppets as they race to the finish. Tues., July 26, 2:30 p.m. Derry Public Library, 64 E. Broadway, Derry. Free. Call 432-6140.

WIFFLE BALL AND SHIPWRECK Come play wiffle ball and shipwreck. When Little Nichols field becomes a 'ship,' can you follow the Captain's orders? You'll learn the parts of a ship, running and scrubbing the deck as you go. Please bring water. Tues., July 26, 10:30 a.m. Hollis Public Library, 2 Monument Square, Hollis. Free. Call 465-7721.

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IN/OUT THE GARDENING GUY

Mid-summer tasks

Hint: Weeding is one of them

By Henry Homeyer
listings@hippopress.com

By now my gardens are well established and most plants are doing well. But there are tasks, both in the vegetable garden and in the flower beds, that need my attention.

Weeding is key in both areas, and recent rains make doing so easier as the soil has softened up. If you have very dry soil where you are, you might want to water well before weeding.

Why worry about weeds? I know gardeners who don't do much weeding in their vegetable gardens. One even told me that if he weeded too much the deer would find his vegetables! But weeds anywhere in the garden are going to spread seeds soon, whether in the walkways or up close to your tomatoes. And seeds will come back to make more work now and in the years to come. Many weed seeds act like time-release capsules, some germinating now, some later, some five years down the road.

Weeds compete with your plants for moisture, soil nutrients and even sunshine as they get bigger. I use a CobraHead hand weeder. It's shaped a bit like a curved finger with a sharp pointy spade-shaped tip about an inch across. It easily gets under weeds so that I can pull from above (with one hand) and from below (with the CobraHead) at the same time, or tease long roots out of the soil without breaking them.

Thinning your carrots, beets and other root crops is an urgent job if you haven't done so yet. Like weeds, vegetables growing too close to one another will compete for sun, water and nutrients. Carrots and beets should be at least an inch apart by now. And in a month, you need to thin them to 2 inches apart. Pulling the sharp tip of a CobraHead alongside a row of carrots will loosen the soil and sever a few side-growing roots, encouraging those that go deep. And scratch in some organic fertilizer now, too. It will help you get bigger carrots.

By the way, you can transplant carrots as you thin them out. Poke a hole deep enough so that the carrot will not bend, drop it in, press down the soil, water. It's not a 100-percent reliable technique, but I hate to kill plants and have found it works most of the time. Do it in the evening, so they will have all night to recover before the hot sun hits them.

My onion patch was recently weeded, but I know that weeds will be along soon. So I mulched my onions with grass clippings. I find they work better than straw or hay in tight quarters like the onions. And green clippings may add a little nitrogen to the soil as they break down.

In many gardens the lower leaves of tomatoes are starting to yellow and develop dark



Leaves with early blight need to be removed. Photo by Henry Homeyer.

blotches, sure signs of early blight. Although this blight is not immediately fatal, it reduces crop yield. By the end of August stems are often bare of leaves. You can minimize it by pruning off the affected leaves and all lower branches that touch the soil or are near it. Work on your plants when they are fully dry as the disease spreads more easily when leaves are wet.

I use scissors to remove the leaves, dipping them frequently in a glass of rubbing alcohol to sterilize them between plants. I wash my hands in a bucket of soapy water between plants. To see an in-depth article about this procedure along with many pictures, go to <https://dailyuv.com/news/851634>.

I always plant my potatoes in June, even though many gardeners start planting them in April. I do this as I've found that I have fewer potato beetles by planting late. Check yours to see if any beetles are eating the leaves. Look for larvae, and for orange egg masses on the undersides of leaves.

When you plant your potatoes the roots will grow down below the seed potatoes and the new potatoes will form above them. Now is a good time to add soil over the developing potatoes. This is known as hilling them. I plant mine using a post hole digger, so it's easy to fill in above my seed potatoes, just pushing the soil from mounds next to each plant. You can also use a hoe and scrape soil from the walkways. Don't worry if some leaves get buried. They won't complain.

In my flower gardens I am mainly weeding and cutting back flowers stems that have already blossomed. Weeding gives me space to plant new flowers. Even though I have an extensive palette of plants, I constantly go to garden centers to see new things, or plants I once had that have disappeared.

Cutting off spent flowers is important. It takes a lot of energy to produce seeds. By pruning back the spent flowers, your plants have more energy to develop good roots and strong stems. So get outside, enjoy summer and pull some weeds.

Henry's website is Gardening-Guy.com.
Read his blog at dailyuv.com/gardeningguy.

Dear Donna,

I have this bottle and I was wondering if you could give me any information on it. It's 3½ inches tall and says "Doct Marshalls" on one side and "snuff" on the other in raised letters.

Terry from Salem

Dear Terry,
What you have is a sweet aqua-colored snuff bottle.

In the 1800s snuff (tobacco leaves crushed to a powder) was sold in plain bottles, then possibly transferred to a fancier one if needed. It was used for some medicinal purposes to cure such things as throat, colds, lung disease, etc.

Your snuff bottle was invented by Dr. Benjamin Marshalls in the early 1800s — that's what the embossing (raised letters) stands for on the sides.

The one you have dates to middle 1800s. It has a rolled lip (the top of the bottle curls under), which is characteristic of earlier versions, but it would have had a pontil mark (where it breaks away on the bottom of the bottle) if it was produced earlier than that, and yours does not. The value of this age and style and color is in the \$15 range.



Donna Welch has spent more than 20 years in the antiques and collectibles field and owns From Out Of The Woods Antique Center in Goffstown (fromoutofthewoodsantiques.com). She is an antiques appraiser and instructor. To find out about your antique or collectible, send a clear photo of the object and information about it to Donna Welch, From Out Of The Woods Antique Center, 465 Mast Road, Goffstown, N.H., 03045. Or email her at footwdw@aol.com. Or drop by the shop (call first, 624-8668).

Teen events

• **FANDOM FRENZY: TIM BURTON** For teens entering grades 6 through 12. Celebrate the famous director by watching the famous director by watching *Alice in Wonderland* and having a tea party! Rating: PG; Runtime: 109 minutes. Registration is appreciated. Wed., July 27, 5:30 to 7 p.m. Goffstown Public Library, 2 High St., Goffstown. Free. Call 497-2102.

• **TAE KWON DO CLASS** For teens entering grades 6 through 12. RTH Martial Arts and Wellness is coming to do two intro classes to the Korean martial art, Tae Kwon Do. Sign up for one class or both and join us for an afternoon of fun and fitness! Please wear appropriate clothing and sneakers. Rain date is Thurs., Aug. 11, 1 to 2 p.m. Registration and permission slip is required. Registration forms are available at the library or you can download and print your own copy at goffstownlibrary.com/teensummer. Thurs., July 28, 1 to 2 p.m. Goffstown Public Library, 2 High St., Goffstown. Free. Call 497-2102.

Crafts

• **Events**
• **NESMITH LIBRARY CRAFT CLUB: ESSENTIAL OIL PROJECTS** Join the crafters at Nesmith Library in mak-

ing a selection of crafts and beauty products using 100% essential oils. Projects include diffusers, roll-on perfumes, hand cream and more. Wed., July 27, 6 to 7 p.m. Nesmith Library, 8 Fellows Road, Windham. Free. Call 432-7154.

Health & Wellness Exercise & fitness

• **CHANGE CAREERS, CHANGE YOUR LIFE** YogaBalance hosts a free YogaWorks class and Yoga Teacher Training information session at their studio. Fri., July 22, 6 to 8 p.m. YogaBalance Yoga Studio, 135 Hooksett Road, Manchester. Free. Call 625-4000.

• **KICKBOXING IN THE PARK** Thurs., July 28 and Aug. 18, 3 to 3:45 p.m. Victory Park, Manchester. Free. Visit intown-manchester.com.

Nutrition workshops & seminars

• **MANAGING CHRONIC PAIN NATURALLY** Headaches, migraines, osteo and rheumatoid arthritis, chronic fatigue, fibromyalgia. These are not easy conditions to manage. However, it's worth sleuthing out the cause of your pain and looking at it as a task master rather than something to overcome and ignore. Through this,

you can achieve better health and less pain. Clinical herbalist and author Maria Noel Groves will share natural pain-relieving herbs as well as useful minerals, supplements, dietary changes, and lifestyle changes from the pages of her book *Body into Balance: An Herbal Guide to Holistic Self-Care*. Wed., July 27, 6 to 9 p.m. Wintergreen Botanicals, Deerfield Road, Allentown. \$40. Call 340-5161 or visit wintergreenbotanicals.com.

Miscellaneous Fairs & Festivals

• **CANTERBURY FAIR** Activities include live entertainment, demonstrations, children's activities, craft tables and vendors, and plenty of fair food and drink. Sat., July 30. Canterbury Center, Canterbury. See canterburyfair.org.

• **NATIONAL NIGHT OUT** Every summer across the nation, National Night Out events are held to heighten crime and drug prevention awareness, strengthen neighborhood and community police relationships and send a message to criminals that neighborhoods are organized and fighting back on crime. Family-friendly festivities will include Touch-a-Truck, K-9 demonstrations, contests with prizes, a Black Hawk heli-

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Car Talk brings you the stamps you really want



By Ray Magliozzi

You may have seen that the U.S. Postal Service unveiled a new series of stamps honoring classic American trucks. That got us thinking ... shouldn't there be stamps for the vehicles that you and I have actually had to drive? Shouldn't there be a set of stamps for cars on whose dashboards we've pounded our fists in frustration? You know, as Lady Liberty says, "Give me your scratched, your dented, your heap with a dead battery yearning for a tow truck in this thunderstorm."

So we asked our pals at BestRide to help us create our own set of Car Talk automotive stamps. These stamps might never be canceled by a U.S. postal worker, but we feel confident in saying that the cars they honor probably should've been canceled by their manufacturers. The Car Talk Automotive Stamp Collection:

- 2001 Pontiac Aztek: If you asked 100 people on the street to name the ugliest automobile ever produced, 99 of them would say

the Aztek. And the 100th guy would turn out to be visually impaired. Its only redeeming quality was its ironic appearance on "Breaking Bad," as the perfect car for a high-school science teacher hitting rock bottom.

- 1970 Chevy Vega: According to one reviewer, the Vega featured "slothful performance, woeful reliability, and build quality that gave the Vega the permanent falling-apart-at-the-seams appearance of an abandoned shack."

- 1995 Ford Explorer: The Explorer made up for its high center of gravity with tires prone to exploding at random. Add to that drivers disinclined to check tire pressure, and the results usually involved a high-speed visit to a highway ditch.

- 1960 Chevrolet Corvair: A name synonymous with "automotive scandal," the Corvair singlehandedly shook America's faith in car companies and gave birth to finger-wagging consumer advocates nationwide.

- 1982 Audi 5000: The Audi 5000 was at the cutting edge of design in 1982, when "60 Minutes" ran an expose on its willingness to take off on its own.

- 1988 Suzuki Samurai: If a topless, doorless, Jeep CJ-7 seemed too safe, there was always the Suzuki Samurai, which looked like a third-generation Xerox copy of the Jeep, with the added ability to end up on its roof at any given moment.

- 1980 Ford Pinto: One of the most infamous and conflagration-prone vehicles ever manufactured, the Pinto wasn't too bad. It only exploded when its rear bumper came into contact with other cars, leaves or a breeze.

If these cars are any indication, putting its stamp on a letter would virtually assure that letter would never reach its destination.

What cars did we miss? What other stamps do you want to see? Let us know by visiting bestride.com/cartalk-stamps.

Dear Car Talk:

I used to own an '81 Ford Fairmont. Although it was a great first car, I recall it having a rather peculiar issue (perhaps it was by design?): While the air conditioner was on, if I pressed the gas pedal enough, the pedal would lock, such that if I were on a level grade, the car would accelerate to 45 mph (even after removing my foot from the brake pedal). If I pressed hard enough on the brake pedal, the accelerator pedal would release. Now, here's the peculiar part: Turning off the

air conditioner would immediately release the gas pedal as well. Was this by design?

Thanks! — Jon

Not unless Ford was trying to get a jump on Audi in the unintended-acceleration race of the 1980s, Jon. Maybe Ford wanted all the free publicity that came with that?

The '81 Fairmont, like most cars of that era, had something called an idle-up solenoid. The purpose of the idle-up solenoid was to raise the engine's idle speed when a heavy load was imposed on the engine. And the air conditioner was exactly the kind of heavy load they were thinking of. It demands a lot of power from the engine, so it can drag down the idle speed and cause the car to stall.

So, by design, whenever you turn on the air conditioner, this idle-up solenoid kicks in, and raises the idle speed.

However, it's only supposed to raise the idle speed a few hundred rpm. It sounds like in your case, it was raising the idle speed a few thousand rpm! So it was out of adjustment ... OK, way out of adjustment. But an adjustment probably would have fixed it.

I don't blame you for ignoring it, though. I'm sure it was quite a thrill to have your '81 Ford Fairmont accelerate to 45 mph under any circumstances.

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See other event listings: eckankar.org eckankar-nh.org



TATTOO EXPO

Don't miss the 10th annual Live Free or Die Tattoo Expo, to be hosted at the Radisson Hotel Manchester (700 Elm St.) from Friday, July 22, through Sunday, July 24. The expo is one of the largest tattoo conventions, featuring a mix of tattoo artists and vendors from the Granite State and from all over New England. There will also be live music and a variety of tattoo and art contests with prizes awarded and other giveaways. The event will be held from 5 p.m. to midnight on Friday, from 10 a.m. to midnight on Saturday and from 10 a.m. to 6 p.m. on Sunday. Tickets are \$15 for a one-day pass, \$20 for two days and \$25 for all three days, with an additional \$5 for tickets purchased at the door. Call 413-5318 or visit livefreeordietattoo.com for more details.

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copter visit, bouncy slide, zoo animals, music with Nazy from WLNH, and much more. Local nonprofits and businesses will be onsite with displays, activities and information about their services. A bounty of inexpensive food offerings will be available: enjoy pizza, hot dogs, snow cones, cotton candy, fried dough, ice cream and lemonade. Tues., Aug. 2, 5 to 8:30 p.m. Rollins Park, 116 Broadway St., Concord. Free. Call 369-7889.

Pop culture

• **50TH ANNIVERSARY STAR TREK EVENT** Dress to show your Starfleet Pride, and check out the new Star Trek Gear collectibles, games, comics and more. There will be Star Trek-themed activities and prizes for "trekkies" of all ages. Sat., July 23, 2 to 4 p.m. Books-a-Million, 76 Fort Eddy Road, Concord. Free. Call 223-5913.

Yard sales/fundraisers/ auctions

• **BRISTOL TOWN-WIDE YARD SALE** The town of Bristol holds a town-wide sale at Masonic Temple, sponsored by the Sawhegenit Chapter 52 Order of the Eastern Star. Sat., July 23, 8 a.m. to 2 p.m. Masonic Temple, 61 Pleasant St., Bristol. \$10 for a vendor site; \$3 for a yard sale map. Call Ken and Gloria Rogers at 744-3321.

Museums & Tours

History & museum events

• **STORIES FROM THE CIVIL WAR** Tues., July 26, 2 p.m. Taylor Community, 435 Union Ave., Laconia. Free. Call 366-1270.

Nature & Gardening

• **HOLIDAY CELEBRATION FOR AMBASSADOR ANIMALS** "Christmas in July for the Critters" will honor the ambassadors at the Science Cen-

ter through numerous activities to thrill visitors. Throughout the day, Up Close to Animal presentations at the animal exhibits will focus on animal enrichment and special enrichment demonstrations. The Science Center's docents will be on hand to help answer questions about the animals at the exhibit. Take advantage of this celebratory day to see a new perspective on how the animal care staff members provide a rich and stimulating environment for the animal ambassadors. Mon., July 25, 9:30 a.m. to 5 p.m. (last trail admission at 3:30 p.m.) Squam Lakes Natural Science Center, 23 Science Center Road, Holderness. \$19 for adults, \$16 for seniors ages 65 and over, \$14 for youth ages 3 to 15, and free for children under 2 and for members. Call 968-7194 or visit nhnature.org.

• **INVASIVE SPECIES REMOVAL DAYS** Tues., July 26, and Thurs., Aug. 11, 9:30 to 11:30 a.m. Squam Lakes Natural Science Center, 23 Science Center Road, Holderness. Free (included with museum admission). Call 968-7194.

• **DISCOVER THE OCEAN WITH UNH MARINE DOCENTS** The UNH Marine Docents bring marine science to you. They will have plenty of hands-on activities for curious visitors. Meet sea stars, crabs and other creatures that live on the rocky shore. Learn about lobsters, octopuses and marine mammals. Join them and explore the ocean in your own backyard! Thurs., July 28, 10 a.m. to 3 p.m. The Woodman Museum, 182 Central Ave., Dover. Free. Call 742-1038.

• **BLACK BEAR HAPPENINGS IN NEW HAMPSHIRE** Hear the story of the Black Bear, the only bear native to New Hampshire, and learn about its comeback after its population dwindled to 500. All ages welcome. Wed., Aug. 24, 6:30

p.m. Derry Public Library, 64 E. Broadway, Derry. Call 432-6140.

Beekeeping events

• **HONEY AND BEES** A honey tasting with representatives from the Moonlight Meadery, and a program on bees, beekeeping and emerging challenges. Wed., Aug. 17, 6:30 p.m. Derry Public Library, 64 E. Broadway, Derry. Call 432-6140.

Gardening clubs

• **HOOKSETT GARDEN CLUB JULY MEETING** The Hooksett Garden Club's monthly meeting will include a program by HGC member and master gardener Elena Whitfield. Wed., July 27, 4 p.m. Hooksett Public Library, 31 Mount St. Mary's Way, Hooksett. Free. Visit hooksettnhgardenclub.org or email hooksettnhgardenclub@gmail.com.

Sports & Recreation

Bike events & races

• **PEDALING FOR PAYSON** Bike ride to help Concord Hospital Payson Center for Cancer Care patients and families. There will be a variety of rides to choose from, ranging from 30 to 100 mile rides, a casual 16 mile ride and a mountain bike ride. Scenic routes include rest stops with food and beverages. There will be a barbecue lunch and entertainment after the ride. Sat., Sept. 17. Elm Brook Park, 2097 Maple St., Hopkinton. Visit pedalingforpayson.org or call 227-7162.

Golf events

• **CHIPPING IN FORE! INDEPENDENCE** This third annual tournament will be scramble format with a shotgun start. The entry fee covers lunch, cocktails, hors d'oeuvres, greens fees and cart. There will be prizes, raffles and contests as well. Thurs., Sept. 22, all day. Lake Sunapee Country Club, 289 Country Club Lane, New London. \$150 entry fee. Call 410-6532.

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Checkmate

Nashua hosts annual chess championship

By Matt Ingersoll
mingersoll@hippopress.com

New Hampshire's top chess players — some of whom rank highest in the entire country — will compete for prize money at the 66th annual New Hampshire Open in Nashua.

It's the United States Chess Federation's championship in the Granite State, and all players must be registered members of the USCF. But anyone who enjoys playing chess and is interested in competing can become a member by registering at the door on the first day of the two-day event, which is Saturday, July 23, and Sunday, July 24, at the Radisson Hotel in Nashua.

The Open is split into four rounds, with two being held on each of the two days, from 10 a.m. to 4 p.m. on Saturday and 9:30 a.m. to 3:30 p.m. on Sunday.

"Each state has its own state chapter of the national federation, and one of the responsibilities of all these chapters is to run a state championship each year," said event organizer Hal Terrie of the New Hampshire Chess Association. "But anybody who is a member of the federation can participate, so we've had people from Maine, from Massachusetts, and even from much further away than that."

Terrie said individual players will be sorted by their levels of expertise.

"The national federation maintains a ranking system. Basically, you get a three- to four-digit number that expresses your performance compared to all the other members in the country," he said. "So roughly speaking, the higher the number, the more advanced you are."

Players will compete in sections of either under 1350, under 1650, under 1950 or the most advanced "open" section.

"The under 1350 section is for beginners ...," Terrie said. "1650 is for players who are around the average level but may be a little bit better than average. 1950 is for players who are fairly strong or better than average, and the open section is for players who are anywhere from the low pro to the high pro level. We've had some players ranked to be around 2500 to 2600 in the past. This number can go up or down depending on your performance."

For first-time competitive chess players who may be unsure about which section to sign up for, Terrie said it may come down to that player's own confidence and judgment.

"You sort of have to evaluate your own experience as a player," he said, "so someone who loves to play chess online all

the time or who has taken lessons before may be better. But I will say that it's fairly rare for someone who has never played in a tournament to be good enough for the top two sections, although it does happen sometimes and has before."

But the good news for all players is that there are no eliminations in this tournament.

"Everybody gets to play all four of the games that are scheduled, so if you lose the first time, that doesn't mean you have to go home," Terrie said. "After the first game, people with the same score will be paired together."

The Open is one of several events the New Hampshire Chess Association holds each year. Terrie said although the NHCA was founded in 1975, the Open dates back to 1950, when it was known as both a chess and checkers championship. But a predecessoring organization called the New Hampshire Chess and Checker Association kept logbooks all the way back to the turn of the 20th century.

"This is a more serious type of event," Terrie said. "It's very common these days to have single-day events in which timers are used. But this tournament spreads over two days, with two games per day, so you get more time to think."

Prizes will be given out to the winner of each section, which range from \$80 to \$350, depending on the level of advancement. The top scoring New Hampshire resident will also be crowned the New Hampshire champion for this year.

Advance entry fees start at \$49 for the under 1350 section and \$59 for each of the other three sections. Players can register online in advance as late as 6 p.m. on Friday, July 22. Registrations will also be accepted at the hotel just before the start of the event for an additional \$6 fee.

Terrie added that spectators may attend to watch any of the competitions free of charge, as long as they keep their cell phones turned off and do not disturb the players. A registration table will be set up in the hallway near the front door of the hotel. 🍷

66th annual New Hampshire Open

When: Saturday, July 23, 10 a.m. to 4 p.m., and Sunday, July 24, 9:30 a.m. to 3:30 p.m.

Where: Radisson Hotel, 11 Tara Blvd., Nashua

Cost: \$49 entry fee for beginners section, \$59 for more advanced sections (additional \$6 registration fee at the door)

Visit: nhchess.org

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ON THE JOB

MIKE RAMSHAW

CHIEF SALES OFFICER, NEW HAMPSHIRE FISHER CATS

Mike Ramshaw of Londonderry had no prior experience in minor-league baseball before joining the New Hampshire Fisher Cats front office but has since become an integral member of a team that has received several awards over the last few years for its promotional efforts and community outreach.

Q: *Explain what your current job is.*
My current job title is chief sales officer. ... I'm responsible for overseeing partnerships within the community and the different in-game promotions that we sell at the ballpark.

How long have you been in your career?
I started [with the Fisher Cats] in the fall of 2006, so this is my 10th season. ... This past year, I just became the chief sales officer.

How did you get interested in this field?
I didn't grow up wanting to work in sports;

I actually wanted to be a police officer of all things. ... I love people, so the reason why I love what I do and continue to do what I do is because I get to work with so many great people and do great things. I feel great every night when I go to bed about what we are able to do and how we are able to help people.

What kind of education or training did you need for this job?

I studied business management at Hesser College. ... I haven't seen a minor-league or major-league team that doesn't come from sales. I think that someone who is looking to get into sports on the business side has to have

some kind of sales background. ... Networking is huge as well.

How did you find your current job?

I was working for Nestle Waters North America under the Poland Spring Brand. ... The [Fisher Cats] team president was actually looking for career salespeople rather than people with a background in baseball ... so I got a call from him and came in for an interview. So I started as the director of ticket sales with no experience in baseball, and the heart of the organization runs through the ticket office, so being able to work behind the scenes for our fans really taught me the business of baseball.

What's the best piece of work-related advice anyone's ever given you?

I am old school. ... I played football in high school, and the three words we lived by as a team were dedication, discipline and desire. And I've taken those three Ds and implemented them into my personal and professional life.

What do you wish you'd known at the beginning of your career?

When you first start any career in sales, I don't think you always get the relationships.



Courtesy photo.

... We're in a world where people buy from people, and so you've got to be able to deliver a promise, that you make sure you're in a yes mode. ... I've been in sales for 20 years and I always find out something new from someone else. ... In this industry, you're always picking up something new and learning how important it is to build relationships right from the start.

What is your typical at-work uniform?

It depends on who I am meeting with. ... I usually wear a collared shirt with dress pants but sometimes I'll wear a shirt and tie. ... You sort of take off one hat and put on another when the gates open on a game day.

What was the first job you ever had?

My high school job was at McDonald's in Salem, and as corny as it sounds, that's where I met my wife.

— Matt Ingersoll 🍌

What's something that you're really into right now?

I love going to my kids' baseball games, taking them to different things, making sure they are staying active and having fun. ... That's what really motivates me when it comes down to it.

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News from the local food scene

By Angie Sykeny
asykeny@hippopress.com

FOOD Bubbles and brews

Enjoy sparkling wine and summer beer in Nashua

By Angie Sykeny
asykeny@hippopress.com

Two Nashua drink-centric events will showcase plenty of summery sips, whether you stop by the Millyard Brewery's SummerFest to sample some new brews or surprise your senses with a blind tasting of sparkling wine at WineNot Boutique.

Drink beer

It's been nearly four months since the Millyard Brewery opened in downtown Nashua, and now it's adding new beers to its original lineup. The American IPA and Marzen Oktoberfest will debut at the brewery's SummerFest event on Saturday, July 23, joining the five current selections: Nashua Pale Ale, Jackson IPA, Boott Porter, Amoskeag Pilsner and Penacook Strong Ale. There will be four-ounce samples of the new brews available for \$2 each, plus pints of the originals, beer flights, food from Riverside BBQ, music and more.

Co-owner and head brewer Ken Unsworth said the American IPA is sure to be a hit for summertime.

"Right now we have the Jackson, which is a New Zealand-style IPA, but we wanted to bring that IPA home with the American and make it really, really hoppy," he said. "It's quite a bit hoppier than the Jackson. It's light in color and has a lighter body but with a little punch behind it."

The Marzen Oktoberfest is a malt-forward, traditional Bavarian-style Oktoberfest beer. Unsworth said many local bars and restaurants are anticipating Millyard's first fall beer, so he decided to keep it classic with an Oktoberfest, yet unique by choosing a style that isn't commonly brewed in this area. He's introducing the fall beer at SummerFest because he's still testing the recipe and is looking for feedback. The American IPA is



Beer tasting at the Millyard Brewery in Nashua. Courtesy photo.

also a test batch but doesn't require as much workshopping and is expected to have its official release shortly after the event.

"I've made several IPAs, so it's mostly just hoping that it comes out the way I want it, but I still want the public's feedback because I might need to make some minor adjustments," Unsworth said. "But I've never made a marzen. We just started developing that recipe, and that will take three to four batches to perfect, so we're definitely looking to make the public part of that testing, just to see if we're headed in the right direction."

The new beers aren't the only big thing happening at Millyard Brewery. Next month, they will begin renovations on the 11,000-square-foot adjacent space, transforming it into a large taproom with air conditioning, televisions, couches, high-top tables and a 20-foot-long bar with 15 taps. The space is set to open Sept. 15 and will have at least 10 of the 15 taps filled, including the five original beers, the two SummerFest debuts and new additions like a witbier, brown ale and red ale.

Unsworth said that he and the brewery staff are looking forward to the opportunity to get to know their customers at the SummerFest event.

"We want to get some feedback with people and thank them for their support over the past few months," he said. "We'll actually get to hang out and talk to them rather than having to juggle a bunch of tasks while they're here."

Drink wine

While sparkling wine is often associated with celebrations and special occasions, WineNot Boutique owner Svetlana Yanushkevich says there's no reason it can't be enjoyed on an ordinary day, too.

"We want to introduce people to the idea that this is a beautiful type of wine for any

season," she said. "Especially in the summer months when everyone's in a happy, bubbly, sunny mood."

On Thursday, July 28, Yanushkevich will host a blind tasting of sparkling wines with nine different varieties, ranging from the simple and inexpensive to the high-end and exotic.

The session will begin with a 15-minute introduction of the types of wines featured, how they're produced, the best tasting techniques and what to look for when tasting. The wine bottles will be concealed in brown paper bags, giving participants the opportunity to guess which wines they're tasting and vote on their favorites before the labels are revealed.

"A lot of people are only familiar with Champagne and prosecco, so we want to show them all the amazing variety and uniqueness of the styles within this narrow category of wine," Yanushkevich said.

There will be three themed flights with three sparkling wines in each. The first flight will be light, fruity and refreshing wines in the \$15-to-\$25 price range.

"Those will be wines like a prosecco, which doesn't have many exotic flavors but is just a fresher style that's more fruit-forward and good for summer," Yanushkevich said.

The second flight will have exotic wines made in unexpected regions or with uncommon grapes, such as the Steinger Cabernet Sauvignon Rosé Sect 2013 from Austria and the Miolo Brut NV from Serra Gaúcha, Brazil.

"My favorite sparkling is the Steinger. It's very full-bodied with powerful red grapes, and to make a cabernet sauvignon into a sparkling wine is very unique," Yanushkevich said.

"The one from Brazil just arrived in New Hampshire two weeks ago. People don't think

Drink in Nashua

Millyard Brewery SummerFest

Where: 25 E. Otterson St., Unit 3, Nashua

When: Saturday, July 23, 1 to 7 p.m.

Cost: Free admission

Visit: millyardbrewery.com

Blind tasting of sparkling wines

Where: WineNot Boutique, 170 Main St., Nashua

When: Thursday, July 28, 6:30 to 8:30 p.m.

Cost: \$40; registration required. Space is limited.

Visit: winenotboutique.com

Correction

In the story "Beyond Ice Cream" featured in our July 14 issue, Dolce Freddo Gelato of Portsmouth was incorrectly listed as a place to get gelato in New Hampshire. The shop's Portsmouth location no longer exists, but it still has locations in Methuen and Newburyport, Mass. See dfgelato.com for more information.

Looking for more food and drink fun? Check out **Hippo Scout**, available via the Apple App Store, Google Play and hipposcout.com.

Brazil as a wine country, but it's actually becoming well-known in South America for its sparkling wines."

The third flight will feature high-end wines from the famous Champagne region of France, including the Magic Door Champagne La Cle de la Femme, produced with 80 percent pinot meunier and 20 percent chardonnay and aged for a minimum of 20 months; the Heidsieck Monopole Gold Top Brut Champagne 2005, a rare vintage wine; and the Charles Heidsieck Brut Rose NV, a three-grape blend aged for over three years in a 2,000-year-old chalk cellar.

"We wanted to show the differences of styles that come from the small but most

famous region for sparkling wine in the world," Yanushkevich said. "These ones are more expensive and best for special occasions or meals."

The wines will be paired with fine international cheeses, French chocolate truffles and black caviar from Iceland. These pairings were chosen, Yanushkevich said, because the freshness and acidity of the wine complement the creaminess of the cheese, richness of the chocolate and saltiness of the caviar.

"This isn't a snobby, technical-type event. People talk about what they're tasting and what they like, and everyone feels like they know each other by the end," she said. "It's social. You learn a little bit and have fun." 🍷

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Living veggies

Local vendor offers lacto-fermented foods

By Angie Sykeny
asykeny@hippopress.com

The jars on Micro Mama's farmers market table may look like they hold ordinary pickled veggies, but you won't find any vinegar in them because they're not actually pickled — they're lacto-fermented, a food preservation technique that precedes pickling by thousands of years.

When fruits and vegetables are lacto-fermented, the starches and sugars convert to lactic acid, resulting in a lactic acid bacteria that preserves the food. Unlike pickling, lacto-fermentation does not use high temperature heat treatments and therefore maintains the beneficial living probiotics in the food.

The owner and founder of Micro Mama's, Stephanie Zydenbos, started lacto-fermenting vegetables for herself nearly 20 years ago as a more natural alternative to taking dietary supplements.

"I was fascinated with the science and the ancestral culture of it," she said. "About four years ago, I literally said to myself, 'This is a no-brainer. I should be doing this. No one else in New Hampshire is doing it.' So that's how it started. With a vision and \$200."

Micro Mama's certified organic, vegan and gluten-free products are made with vegetables from local farms. The products include original recipes for mild and spicy kimchi, sauerkraut, daikon ginger, carrots, a beet blend, turnips and more.

The lacto-fermented veggies can be used as condiments on pretty much anything, including salads, sandwiches, meats and fish, pizza, beans, rice, cheese and soup. Zydenbos suggests using about a teaspoon or tablespoon, and to keep in mind that heat will kill the living probiotics, thus reducing the health benefits of lacto-fermentation, so the veggies are best served cold.

Depending on the vegetable, the lacto-fermentation process can take anywhere from 30 days to nine months. All Micro Mama's veg-



Micro Mama's lacto-fermented veggies. Courtesy photo.

gies are fermented in glass or ceramic vessels rather than plastic to ensure the best flavor. While no vinegar or sugar is used, lacto-fermentation gives the foods a naturally sour taste similar to that of pickled foods.

"People who have the palate for pickled things will like it," Zydenbos said. "If you like sauerkraut, it's soury like that. A very clean, crisp, soury, fresh-tasting bite."

Micro Mama's is currently the only commercial lacto-fermenter in the state, but Zydenbos said the idea is definitely gaining interest. This fall, Micro Mama's will launch a new drink line featuring five lacto-fermented vegetable juice drinks. She said that with the popularity of her current products, she knows "the drinks are going to take off."

"There's more people discovering this beautiful art," she said. "It's been in the top food trends on the news, at restaurants, and not just foodie journals, but medical journals too. It's been around for thousands of years and it's not going anywhere." 🍷

Micro Mama's

Micro Mama's is based in Weare and has products for sale at food markets around the state, including the Concord Food Cop (24 S. Main St., Concord, 225-6840). It will be at the Concord Farmers Market (Capitol Street, concordfarmersmarket.com) on Saturdays, July 23, Aug. 6, Aug. 20, Sept. 3, Sept. 10, Sept. 17, and Oct. 1, from 8:30 a.m. to noon. Visit micromamas.com for more information on Micro Mama's products and a full list of markets where you can find them.

Why change?

Everyone has his own style. When you have found it, you should stick to it. — Audrey Hepburn

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FOOD

Food roots

Lecture explores origins of American diet

By Angie Sykeny
asykeny@hippopress.com

With new information about food and diet trends surfacing all the time, one local woman is showing people how the key to understanding nutrition isn't in future discoveries — it's in the past.

Laura J. Wolfer of Chester is a food educator, certified health coach and advocate of local and organic farming. With master's degrees in molecular biology and archaeology, she has studied nutrition with a focus on the science and history of humans' relationship to food.

"I'm interested in the evolutionary aspects of food and in looking at how our bodies are designed," she said. "A lot of work in microbiology is going back and trying to figure out what it is we need to be healthy rather than just guessing, which is what we've done for a long time."

On Monday, July 25, at 6:30 p.m., Wolfer will give a presentation at the Derry Public Library called "History and Food: Evolution of the American Diet (And How to Make it Healthy Again)," where she'll discuss the major historical events that have made today's Western diet what it is, the problems with that diet and how we can improve it by understanding the science behind food and the human body.

Wolfer has given public talks in the past about GMO foods and farming, but this will be her first talk focused specifically on the history and evolution of food. The format will be a PowerPoint presentation with plenty of opportunities for people to ask questions.

"People are tired of not knowing what to eat," she said. "There are so many fad diets. [People] have chronic health problems and don't understand why, and their doctors can't help them ... so I think people are ready to change and are interested in understanding how the body works, because that goes a long way in deciding what to eat."

Wolfer will give a historical overview of the evolution of diet, beginning with the era of hunters and gatherers, then on to the development of agriculture 10,000 years ago and finally to the Industrial Revolution and rise of the industrial processed foods we're familiar with today. She'll also

History and Food: Evolution of the American Diet (And How to Make it Healthy Again)

When: Monday, July 25, 6:30 p.m.
Where: Derry Public Library, 64 E. Broadway, Derry
Cost: Free. Registration required.
Visit: derrypl.org



cover some information about government food policies and how what they tell people to eat isn't always the most nutritious and healthy.

"It's interesting to me how history is so incorporated into our lives," she said. "We don't even think about it. We just go to the grocery store and buy these packaged foods and don't realize how all that has happened in the past has influenced why we eat what we eat today, and what might be better to eat instead."

The biggest problem in the American diet, she said, is the excessive amounts of sugar. Most people are aware that soda, sports drinks, juices and processed junk foods have high sugar content, but there's another culprit that isn't always considered: low-fat and diet foods.

"They use an incredible amount of sugar to replace the fat," she said. "And it's not the fat that makes you fat. That's a huge misconception. It's the sugar and carbs, so avoiding all fat in your diet will actually make you more obese."

The solution for this, she said, is to replace refined sugar with natural sugar from vegetables, which metabolizes more quickly. Instead of cutting fat from your diet entirely, eat foods with healthy fat like avocados, nuts and olive oil. The best way to start eating healthier is to limit your shopping at the supermarket altogether and buy food from your local farmers market or CSA program, Wolfer said, but she noted that many people are apprehensive about the higher costs.

"People have to start thinking about quality over quantity," she said. "You spend money to get more of the inexpensive foods, thinking that you're getting more nutrition, but if you spend that money on better-quality food, it's actually more nutrition for your dollar. It's hard to see, but you have to change your mindset." 🍎

in the series' New Hampshire segment. New Hampshire is the 17th state to be featured since the series began in 2014. Visit nrf.com/who-we-are/this-is-retail/retail-across-america to watch the videos.

• **Masked in chocolate:** Dancing Lion Chocolate (917 Elm St., Manchester, 625-4043, dancinglion.us) will be a destination on Manchester's Open Doors Trolley Arts and Cultural Tour with a unique art exhibit. "Masks & Fates" is a collection of edible chocolate masks and faces, sculpted by Dancing Lion owner and master chocolatier Richard Tango-Lowy. See it during the tour on Thursday, July 21, from 5 to 8 p.m. Visit opendoorsmanchester.com for more information on Open Doors.

• **Perfect pairs:** Canoe Restaurant (216 S. River Road, Bedford, 935-8070, magicfoodsrestaurantgroup.com/canoe-restaurant-and-tavern) is having a Beer and Tapas Pairing featuring 603 Brewery on Wednesday, July 27, with a reception at 5 p.m. and dinner served at 6 p.m. Tickets cost \$45 and can be purchased at the restaurant or by phone. Bedford Village Inn (2 Olde Bedford Way, Bedford, 472-2001, bedfordvillageinn.com) will host a Serge Doré Wine Dinner on Thursday, July 28, at 6 p.m. The five-course meal will be paired with French wines from signature wine importer Serge Doré. The cost is \$95, and reservations are required. 🍷

Food & Drink
Beer, wine & liquor
festivals & special
events

• **NH BEER CLUB** Monthly meetings feature a Granite State brewer, plus a limited edition or unique brew. Mon., Aug. 15, Sept. 19, Oct. 17, Nov. 21, Dec. 19, Jan. 16, March 20, April 17, May 15, at 6:30 p.m. New England's Tap House Grille, 1292 Hooksett Road, Hooksett. Cost is \$30 per event. See nhbeerclub.com.

• **SUMMER BREWERS FESTIVAL** Hosted by the Granite State Brewers Association. Sat., July 30. Arms Park, Between the Merrimack River and Commercial St., Manchester. Visit granitestatebrewersassociation.org.

• **JACK'S ABBY BEER TASTING** Fri., Aug. 5, 4 to 6 p.m. The Flying Butcher, 124 Route 101A, Amherst. Visit theflyingbutcher.com.

• **GATE CITY BREWFEST AND WING COMPETITION** Fourth annual event features local and regional craft beers, a wing competition between local eateries, live music and games. Sat., Aug. 20, from 1 to 5 p.m. Holman Stadium, 67 Amherst St., Nashua. Cost is \$25 in advance, \$30 day of, \$10 for designated drivers or those under 21, free for kids 12 and under. See gatecitybrewfestnh.com.

• **LAKES REGION BARREL TASTING WEEKEND** Sat., Oct. 1, and Sun., Oct. 2. Hermit Woods Winery, 72 Main St., Meredith. See hermitwoods.com.

• **BEER FOR HISTORY SERIES** Enjoy colonial music and games, beer samples and food. Thurs., June 23, Oct. 20, from 5 to 8 p.m. American Independence Museum, Folsom Tavern, 164 Water

St., Exeter. Cost is \$30, \$12 for children (\$25 for member adults, \$10 for children). See independencemuseum.org.

• **BRUNCH & BUBBLES IN THE VINEYARD** Enjoy Sparkling Cayuga and handcrafted specialty Bloody Marys. Sun., Aug. 21, and Sept. 25. Flag Hill Winery & Distillery, 297 N. River Road, Lee. Visit flaghill.com. Call or email for reservations.

• **FARM TO TABLE BRUNCH BUFFET** Outdoor brunch buffet features seasonal fruit, baked goods, egg and breakfast meat prepared by farm kitchen and bakery staff. Sun., July 24, July 31, Aug. 7, Aug. 14, Aug. 21, Aug. 28, Sept. 4, from 9 a.m. to noon. Moulton Farm, 18 Quarry Road, Meredith. Cost is \$16.99 per adult, \$9.99 for children 10 and under. Visit moultonfarm.com.

• **A FARM-TO-TABLE EVENING WITH MARY ANN ESPOSITO** A special four-course dinner and live cooking demonstration. Wed., July 27, 6:30 p.m. Tuscan Kitchen, 67 Main St., Salem. \$125. Visit tuscanbrands.com.

• **STREET.LIFE! ANNUAL DINNER** Community celebration features cocktails and appetizers to be enjoyed dockside overlooking the Piscataqua River, followed by a main dinner with a three-course lobster and pork shoulder feast (vegetarian options available) and entertainment. A special Cocktail Cruise aboard the Thomas Lighton is an additional option, limited to the first 200 passengers to purchase cruise tickets which include one drink voucher, an oyster bar, appetizers and entertainment. Thurs., Aug. 4, 5 to 9 p.m. Isles of Shoals

Steamship Company dock, Market Street, Portsmouth. Visit portsmouthstreetlife.com.

• **FARM TO TABLE CHARITY DINNER** The Farmers Dinner and High Mowing School host a farm to table dinner to fund the Temple Wilton Community Farm's "Purchase The Four Corner's Farm" project. Chef Patrick Soucy former executive chef of Applecrest Bistro and Chef Keith Sarasin founder of The Farmers Dinner will prepare a multi course meal using ingredients grown on Temple Wilton Community Farm. Between courses, farmers from Temple Wilton Community Farm will speak on the history of the farm, and the reasons purchasing it is so important to the future of the community. In addition, a farm tour will allow attendees to learn more about the farm and see the practices. Sat., Aug. 6, tours start at 3 p.m., dinner starts at 5 p.m. Frye Field at High Mowing School, 22 Isaac Frye Hwy., Wilton. \$85. Visit thefarmersdinner.com.

• **MT. SUNAPEE DINNER CRUISE** Sail out of Sunapee Harbor and enjoy dinner, dessert and networking. Thurs., Aug. 18, 6:30 to 9 p.m. Lake Sunapee, Town Dock, Sunapee Harbor. \$26 for chamber members, \$46 for non-members. Call 456-2041.

Church & charity
suppers/bake sales

• **CHICKEN BARBECUE** 60th annual church barbecue consists of chicken, salad, roil, chips, dessert and soda. Sat., July 30, 5 p.m. Congregational Church of Raymond, 1 Church St., Raymond. \$9. For more information or to purchase tickets, call 895-2362.

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IN THE KITCHEN



WITH **ANTHONY MARTINO**

Anthony Martino opened Gabi's Smoke Shack mobile barbecue kitchen (gabismokeshack.com, 459-8446) in 2011 with a mission to "bring a little bit of Texas to New England." He had worked in the restaurant business for over 20 years before moving from Houston to New Hampshire in 2000. When he noticed that there weren't many options for barbecue in the area, he decided to take on the job himself. Gabi's offers beef brisket, pulled pork, Texas hot links, pork ribs, chicken and smoked pork loin. Currently, the trailer is only available for catering at special events, but a permanent Gabi's storefront is projected to open on Aug. 1 at 217 Rockingham Road in Londonderry.



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What is your must-have cooking utensil?

That would be my carving knife that I use for my brisket. Well, I have several of them, so it just depends on the mood. I would say that and my smoker, because you can't have barbecue without a good smoker.

What is your favorite local eatery?

Surf Restaurant. When they first opened up, my wife and I went there looking for seafood and a place to be alone and enjoy dinner and a few drinks. The food was excellent and the service was impeccable. When I want to be waited on, that's the place I go.

What would you choose for your last meal?

It's a seafood stew from Surf. It's got mussels, clams, scallops, fish with a wonderfully spicy broth. Of course, I'd have to start out with the fried green tomato salad.

What celebrity would you like to share a meal with?

Back when I was in the restaurant business in Houston, we did backstage catering at the Summit, which was a big venue where they had basketball and concerts, so I've eaten with just about everyone. But one person I'd really like to have dinner with would be Thomas Edison because of his inventor-type mentality. I would like to know how he came

up with his ideas, like the light bulb.

What is your favorite item on your menu?

Beef brisket. It's interesting — people in the Northeast still ask me what beef brisket is, and typically when I cut off a little piece and give it to them to taste, they have a smile on their face and their head is bobbing up and down like, 'Yeah, I understand why now.' That's one of my favorite things to cook. When it's done right, it just melts in your mouth without being mushy or overcooked.

What is your favorite meal to cook at home?

Italian. [I] do a homemade tomato sauce with pork and sausage and meatballs, and it's a family affair. Just about everyone we know comes over.

What is your favorite part of working a mobile eatery?

The people. This is the second year we've been doing motorcycle night in Lowell, and we've made some great friends, and they bring their friends, and it's an awesome experience. We also do the food truck festival in Portsmouth, and we're getting ready to do the Granite State Brewers Festival. Plus we work with a nonprofit that's near and dear to our hearts called Girls at Work ... so it's definitely about meeting the people. — *Angie Sykeny*

Red beans and rice

From the kitchen of Anthony Martino

- 1 pound small red beans
- ½ cup diced onions
- ½ cup diced green bell peppers
- 2 to 3 fresno chilies (more if you like it spicy)
- 1 tablespoon chili powder
- 1 teaspoon cumin
- Salt and pepper to taste
- 3 cups vegetable stock
- 1 smoked ham hock
- 2 to 3 links spicy sausage (chorizo) or a mild sausage cut into small pieces
- 1 cup cooked rice

Soak beans overnight.

Boil ham hock in 3 cups of water. Add liquid as needed until tender. Remove from pot and reserve some of the liquid.

Sauté onions, peppers and chilies until tender. Add the sausage season with salt, pepper, chili powder and cumin. Cook for a few minutes to help blend all of the flavors.

Add your drained beans to the pot along with your reserved liquid and vegetable stock.

Bring to boil, then reduce heat to a simmer for approximately 1 hour or until the beans are tender. Once the beans are tender, serve in a bowl garnished with the cooked rice and cornbread on the side.

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CHOCOLATE: THE PERFECT INDULGENCE



Join Mike Cross, associate professor of Chemistry at New England Community College for a special program called "Chocolate: The Perfect Indulgence" at the Amherst Town Library (14 Main St., Amherst) on Thursday, July 28, from 7 to 8:30 p.m. Learn about the various types of chocolate, its health benefits and which chemicals elicit biochemical reactions in the human brain when you eat it. Then, taste some chocolate for yourself and watch as Cross performs a few magic tricks. This program is free, but registration is required. Visit amherstlibrary.org or call 673-2288.

Aug. 3, 4 to 8 p.m. Bow Lake Grange Hall, 569 Province Road, Strafford. Small sundaes are \$2.50, large sundaes are \$3.50, add a brownie for \$0.50. Call 664-2615.

• **FIREHOUSE BREAKFAST** Proceeds benefit the Firemen's Relief Fund. Sun., Aug. 14, Sept. 11, Oct. 9, from 7:30 to 11 a.m. Milford Fire Department, 39 School St., Milford. Cost is \$6 per person, children under age 5 are free.

• **CHOCOLATE: THE PERFECT INDULGENCE** Thurs., July 28, 7 to 8 p.m. Amherst Town Library, 14 Main St., Amherst. Free. Registration required. Visit amherstlibrary.org or call 673-2288.

• **THE WINEMAKER'S KITCHEN COOKING SERIES: MAKING THE MOST OF YOUR GARDEN HARVEST** Class line-up includes harvest and canning tips, tomato confit, Pappas Criollos, corn "off" the cob with wine glaze, fall sangria. Wed., Aug. 17, from 6 to 7:30 p.m. LaBelle Winery, 345 Route 101, Amherst. Cost \$25. Call 672-9898 or visit labellewineryevents.com.

• **MUSHROOM WALK** A gentle jaunt through the forests and fields on the village in search of edible and medicinal mushrooms. Sat., Aug. 27. Canterbury Shaker Village, 288 Shaker Road, Canterbury. \$20 for Village members, \$25 for non-members. Call 279-7920.

• **PATE A CHOUX** Learn how to make pate a choux. Make, fill and finish eclairs, cream puffs and Paris-Brests. Wed., Aug. 30, from 6 to 9 p.m. at Finesse Pastries, 968 Elm St., Manchester. Cost \$60. Call 232-6592, or visit finessepastries.com.

• **THE WINEMAKER'S KITCHEN COOKING SERIES: MARINADES & DRESSINGS** Class line-up includes making wine vinaigrettes, making marinades and understanding the theory behind using them and covering the basis for creating successful salads. Wed., Sept. 14, from 6 to 7:30 p.m. LaBelle Winery, 345 Route 101, Amherst. Cost \$25. Call 672-9898 or visit labellewineryevents.com.

• **CORDIALS AND CHOCOLATES** Celebrate the holidays with festive cordials featuring

seasonal produce like apples, pears and cranberries to serve at gatherings and give as gifts. Sat., Oct. 29. Canterbury Shaker Village, 288 Shaker Road, Canterbury. \$50 for Village members, \$60 for non-members. Call 279-7920.

Fairs/festivals/expos

• **GREEK SUMMER FESTIVAL** Features Greek cuisine, pastries, live music and dancing, specialty import and dry goods, and a fundraising raffle. Sat., July 30, 10 a.m. to 4 p.m., dinner served at 11 a.m. Taxiarchai Greek Orthodox Church, corner of North Main and Oak Streets, Laconia. Free admission. Visit TaxiarchaiNH.org or call 524-9415.

• **CHOCOLATE FEST** Enjoy an array of chocolate treats (for sale by the piece in the center of Town Square, cass only), live entertainment from Rumblefish, and Name that Candy Bar contest on the gazebo stage. Sat., July 30, from 6 to 8:30 p.m. Waterville Valley, 1 Ski Area Road, Waterville Valley. See waterville.com.

• **MAHRAJAN** A Middle Eastern food festival serving specialties like lamb, beef and chicken kabobs, falafel, chicken and lamb shawarma, tabbouleh, spinach pies, meat pies, hummus as well as other American favorites. There will also be music and dancing, kids' activities, a bazaar, a live camel, hookahs and church tours. Fri., Aug. 19, 5 to 10 p.m.; Sat., Aug. 20, noon to 10 p.m.; Sun., Aug. 21, noon to 5 p.m. Our Lady of the Cedars Melkite Catholic Church, 140 Mitchell St., Manchester. Admission is free. Visit bestfestnh.com.

• **PIG ROAST** Second annual event includes hamburgers, hot dogs and s'mores over the bonfire. Sat., Aug. 20, from 3 to 7 p.m. Londonderry Fish & Game Club, 5 Lund St., Litch-

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Summer squash

Summer squash is ubiquitous this time of year. The first year of my garden, about three years ago, I went way overboard with the planting of squash. We had so much, I could barely give it all away. Plus, they were enormous, almost as if I was sneaking them growth hormones. After that learning experience, I know not to plant so much and I focus my efforts on zucchini. I can always shred and freeze it for zucchini bread or cake, and we love it sliced and on the grill.

Since I am always looking for healthy and low-carb options for dinner, I frequently make zoodles (noodles from zucchini). Using a spiralizer to make these faux noodles has changed my life. It has helped me with easy, go-to meals that aren't pasta but satisfy that same craving. This week, I wanted to use the pesto I had made from my garlic scapes (see my column from two weeks ago at hippopress.com) while avoid-

ing pasta. While pasta isn't a bad food, I am doing my best to eat as many vegetables as I can because I know that's what my body and my family's bodies really need. Plus, making noodles from zucchini is a fantastic way to use a lot of this amazing vegetable.

Zucchini is only 33 calories per serving. It seems like it's mostly water, but when you eat it like noodles, it is incredibly filling — and I am someone who loves to eat, and I do not settle for being hungry. If I'm hungry then I'm "hangry" and that is just not the kind of human I want to be.

Below, enjoy my simple recipe for pesto that uses zoodles rather than pasta. You could serve it as a side if you eliminate the chicken and even serve it cold. My recipe below is intended to act as a main dish, checking all the boxes you need for a balanced meal.

— Allison Willson Dudas 🍷

Pesto Chicken with Zoodles

3-5 zucchinis or summer squash, made into "noodles" using a spiralizer or even a mandolin

¼ cup pesto (homemade or from a jar)

¼ cup fresh Parmesan, shredded

1-2 chicken breasts, grilled and cut into bite-sized pieces

Olive oil for cooking

Heat a large pan over medium heat and drizzle or spray some olive oil (about 1-2 teaspoons, according to taste) in it. Add zucchini noodles and stir for about 1 minute. Add in pesto and chicken, continuing to stir for another minute or two. Remove from heat and serve with a hefty serving of Parmesan.

field. Cost is \$18 per person or \$30 per couple (non-members), \$15 per person or \$25 per couple (non-members), free for kids 12 and under. See londonderryfishandgameclub.org.
• **"FIRE ON THE MOUNTAIN" CHILI FEST** Check out Henniker Rotary's annual celebration of all things spicy with chili competitions, NH craft vendors, live music, a food court featuring Arnie's BBQ, Kona Ice, JR's Corn on the Cob and Intervale Ice Cream, KidZone, Car Cruise In and more. Sun., Aug. 21, from noon to 4:30 p.m. Pats Peak Ski Area, 686 Flanders Road, Henniker. Admission costs \$12 for adults, \$6 for children \$10 and under, free for infants and toddlers. Visit chilinelwshampshire.org.

Kids cooking

• **MICROWAVE MUG MADNESS** Cooking workshop for teens. Thurs., July 21, 2 p.m. Exeter Public Library, 4 Chestnut St., Exeter. Open to teen members of the library entering grades 6 and up. Registration required. Call 772-3101.

• **CHOCOLATE OLYMPICS** Teens will participate in games like Oreos stacking, chocolate Pictionary, a Hershey Kiss challenge, plus a chocolate tasting to determine the best chocolate in Exeter and a tutorial on how to dip candies and fruit to create chocolate-covered confections. Thurs., Aug. 4, 2 p.m. Exeter Public Library, 4 Chestnut St., Exeter. Open to teen members of the library entering grades 6 and up. Registration required. Call 772-3101.

• OVEN BAKED ZUCCHINI FRIES

Kids ages 3 to 6 make the breaded and baked treat with a tangy dipping sauce. Hour-long workshop includes a craft or book reading. Fri., Aug. 19 at 10 a.m. and 11:30 a.m.; Sat., Aug. 20, at 10 a.m. and 11:30 a.m. The Culinary Playground, 16 Manning Street, Suite 105, Derry. Cost is \$16 per child. Visit culinary-playground.com.

Tastings

• **HONEY AND BEES** A honey tasting with representatives from the Moonlight Meadery, and a program on bees, beekeeping and emerging challenges. Wed., Aug. 17, 6:30 p.m. Derry Public Library, 64 E. Broadway, Derry. Call 432-6140.

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DRINK

Wine, I'm missing you

Muddling through a clean eating program

By Stefanie Phillips
food@hippypress.com

I really like wine. That should come as no surprise considering I write this column every week. Recently, my gym offered a month-long clean eating food program and I (reluctantly) agreed to do it, even though “no alcohol” was clearly stated in the first set of rules. So as I work my way through my longest wine drought in recent memory, here are some things I have learned, and things I have missed about wine during the last few weeks.

I don't need it, but I like it. I think the hardest part of this program was being told “no, you can't have that.” Giving up a lot of foods was hard enough, but giving up wine for me was really hard. I say this not because I feel dependent on it, but because I like it. I like to enjoy a glass at night after the gym. I am typically too tired to have much more, and it isn't every night of the week. But still. I miss opening a bottle. I miss the aromas. For now I just stare at the wine bottles on my counter and in my wine rack. “I'll see you soon, friends,” I say. August is coming.

Wine = socializing. One of the hardest days was the Fourth of July, as my boyfriend and I went to a family party where one of my favorite drinks was brought for us to enjoy. I declined and watched others sip it, enjoying its refreshing tropical notes and crisp finish. Wine equals socialization for me, and holidays typically always include it. I still enjoyed myself, and it was quite nice not to have any kind of hangover during the long weekend, but the temptation was certainly there.

I can appreciate it more. The last few weeks have given me a new appreciation for both food and wine. This program was designed to teach us to be more conscious about what we are consuming and properly fuel our bodies. I understand that alcohol doesn't really fit into that, but wine is a part of my life. I appreciated it before as something to be enjoyed and not abused, and that has only deepened over the last few weeks. I am looking forward to enjoying a glass soon. It will be like meeting up with an old friend. In the meantime, here are some notable events and other things going on:

LaBelle photo contest

LaBelle Winery is inviting fans of its wine to enter its first annual “Where in the World” Summer Landmark Photo Contest. Since fans already share so many visual stories of where they have enjoyed



An empty glass awaits a drink. Stefanie Phillips photo.

LaBelle products, they decided to turn it into a contest. This year's theme is summer fun + LaBelle experience, so anyone who would like to participate just needs to snap a photo that includes a LaBelle wine, cocktail or other product and upload it online. More information and full contest rules are available on the LaBelle Winery Facebook page under the Photo Contest tab, or at bit.ly/lwlandmarks. The contest runs through Sept. 20 and includes prizes for the top three winners.

Sparkling wines blind tasting

Here is an event that I am hoping to attend and report back on in a future column, as I am a big fan of the bubbly. On July 28, WineNot is hosting its Annual Blind Tasting of Sparkling Wines from 6:30 to 8:30 p.m. in Nashua. For more information about the event, check out the story in this issue of the Hippo on p. 38.

Fulchino Vineyard Sinatra Dinner

Fulchino Vineyard's premier summer event will take place on Sunday, Aug. 7, at 4 p.m. This multi-course dinner pairs Pig Tale food with Fulchino wine while the Sinatra Live Orchestra plays in the background. This event always sells out, so get your tickets right away if you are planning on attending. More information is available at fulchinovineyard.com.

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• Jeff Beck, *Loud*

Hailer A

• Blackfoot, *Southern*

Native B-

• *Why We Came to the*

City B-

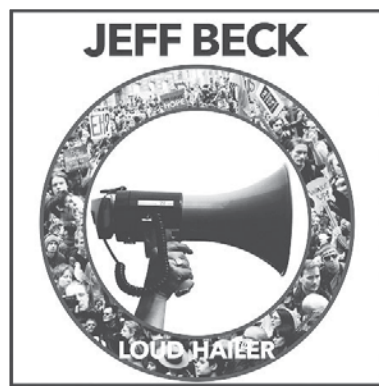
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Jeff Beck, *Loud Hailer* (Rhino Records)



If you're a dedicated 1970s-rock nerd or have ever been in a band, you thought of Guitar World magazine the instant you saw the name Jeff Beck above. Allergic reactions take place in non-guitarists in particular, conjuring nightmare visions of boring articles on effects pedals, pre-amps and all that other guitar-wonk junk, which, no matter how cleverly written, usually don't actually mean anything to listeners. Anyway, turns out Beck himself is sick of being associated with that stuff, and, gosh darn it, he's also sick of reality TV and the military/corporate/propaganda Matrix, thus

this "statement" album, as much the breakthrough LP for London chick band Bones (the singer and guitarist helped write most of the material and are featured on every track) as a (polite) bird-flip to effects-pedal geeks. I approve of all that, certainly, and even though these murky, 12-bar-blues exercises might be construed as another way of saying "Dead Weather," it's more primordial than that, and cripes sakes, it's Jeff Beck noodling around on these things, kicking so much butt that the butts beg for mercy. Nothing's about to change, mind you — most likely a Beck Guitar Player cover is being photoshopped as we speak, and the Matrix is mopping up the last of the rebel forces — but this sure is a nice, grungy, filthy little ride. **A** — *Eric W. Saeger*

Blackfoot, *Southern Native* (Loud & Proud Records)



Rejoice, all ye whose 1/16 Native American ancestry gives you every right to distrust us 1/128-purebred Mongols and Transylvanians, Blackfoot is back, meaning founder Rickey Medlocke is on vacation from playing second-banana guitar for Lynyrd Skynyrd, the curse that's plagued/made his career. And if there's one tradition that's held up, it's the band's Chaplinesque revolving-door roster — nowadays the details on personnel leaving and joining the band takes up two full Wikipedia windows, with frontman Medlocke (part Sioux, it's claimed) remaining the sole constant. Yep,

it's the Spinal Tap of southern rock, and I wish they'd get a sense of humor about it. Oh, I'm not saying Medlocke's axe doesn't kick ass; their first LP in 22 years reveals some blazing lead guitar runs (he's particularly awesome on album-opener "Need My Ride" and the title track), and yeah, I'd gladly buy a drink for whoever painted the skull in the headdress on the cover. But rock stars — especially ones this freaking old — need to cough up some self-referential comedy in our Jimmy Kimmel world. Instead of that, we get a song about a hot "boogie-woogie" chick in a red dress ("Love This Town"). Like Trautman said to Rambo in *First Blood*, it's over, Rickey! It's over! **B-** — *Eric W. Saeger*

• It's a July 22 release date for *Operator*, the first album in five years from Canadian techno-remixing/boring-original-music machine **Mstrkrft**. You may know of things like their asphalt-beat-bearing Chromeo-ripoff song "Heartbreaker" and whatnot, or maybe you don't, but either way let's talk about this new album's single "Party Line," since I can't avoid it, so why should you be spared. Oh look, listen to that, they're on the modular/haunted-house/Death Grips train, which has, what, about three more months of relevance left in its existence? Look at all the wires and all the processors in this video. Are they making a Frankenstein? They must use a lot of electricity, or is this all for show and everything's actually done on two laptops? Was that a stupid question? Right, the song is going on here, modulating and rattling off a disposable trashcan-trance beat and some spoken word. Will there be someone singing, like some up-and-coming actor or actress desperate for cred? No? Wait, it's over already? Good.

• After a slog like that, I'm in the mood for some gospel-disco, aren't you? Sure, let's examine this upcoming **Hezekiah Walker** album, *Azusa The Next Generation 2 – Better*, and just dig on the gospel music, this should be awesome. Hmph, no preview tracks on this internet gizmo? Wait, how does this web page know what town I'm in right now? This is really ... hold on, wait, here's one of the tracks, called "Better." Will he say "Alright everybody, put your hands together?" Yes, he did, I win, you have to drink. Lots of 1970s horns and stuff, and a super happy beat — this sounds like Vegas, but with God everywhere. I love this. It's awesome. He won a Grammy, too, so you know for a *fact* it's awesome.

• Uh oh, we move next to heavy metal, with the band **Periphery**! Their new album is *Periphery III: Select Difficulty*. I'm not in a mood for heavy metal right now, but this thing here says this band is part of progressive-metal's "djent" movement, same as Meshuggah, whom I actually like, because they're so demented and awesome. Hopefully this will be demented and awesome (there I go, setting myself up for more disappointment). Yup, here's a song from this album called "The Price is Wrong." I clicked, now give me awesome music. How cute, it's like a little baby Meshuggah, with Dillinger Escape Plan's singer. It's so angry and yelly, it makes me want to yell at my mom, but she's not here. No, I'll break up with me girlfriend! Wait, I'm married.

• Lastly we have legendary R&B human **Keith Sweat**, with his new *Dress to Impress* album! The single "Good Love" sounds like old Keith Sweat, with those gentle old-school airplane-ride strings in the background and that endless handclap beat. Boy, this is sexy. — *Eric W. Saeger*

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Community filming

Craven tries something new for *Peter and John*



Peter and John started screening in New Hampshire this month. Courtesy image.

By Kelly Sennott
ksennott@hippopress.com

It wasn't hard to convince Jay Craven to shoot outside Vermont's Northeast Kingdom, the location for six of his eight feature films. All it took was a newspaper interview.

"Why don't you do a movie in Nantucket?" Nantucket Mirror reporter Lindsay Pykosz asked him in 2012 while previewing a benefit event Craven was participating in with actor Chris Noth (known for *The Good Wife* and *Sex and the City*).

Craven didn't know why not. And so he did — the result, *Peter and John*, tours New Hampshire this summer and fall.

"You sort of go with your gut at every level in making movies," Craven said via phone last week.

The flick is an adaptation of the 19th-century novel *Pierre et Jean* by Guy de Maupassant, about two brothers whose relationship is strained when the younger receives news of an unexpected inheritance — and when both become interested in the same woman.

The original story is set on the French coast, but this version takes place in 1872 Nantucket during the island's ghost period — after the Civil War and the decline of the whaling industry and before the rise of tourism.

Craven knew the story well because he'd been planning on partnering with a British filmmaker for a South African version of the story 10 years ago. Plans fell through, but he still liked the tale and knew it had potential. It had strong family and romantic conflict and was an important piece of historic literature; in their lifetimes, Henry James, Vladimir Nabokov, Vincent Van Gogh and Leo Tolstoy all talked about Maupassant's work with rev-

erence, Craven said.

In the film community, Craven's known for filming New England stories on-site, particularly in Vermont. Five of his features were collaborations with Vermont writer Howard Frank Mosher. He had Vermont contacts and knew what to expect there.

Nantucket was an entirely different beast. Not a lot of filmmaking happens on the island, so cast, crew, equipment, props and costumes all had to be shipped over via ferries. When everyone finally arrived to start filming in March, April and early May of 2014, a foot of snow coated the ground and there were 92-mile-an-hour gusts of wind.

"I've done a lot of period filmmaking, but mostly in the 1920s, '30s, and in Northern New England. Going back to 1872, it's a whole different world," Craven said. "The upside was that Nantucket is one community, ultimately, so in trying to organize a base of support ... it happened more easily and more quickly than in any other place I can think of in Vermont, where I've worked for 40 years."

The community allowed cast and crew to stay cheap or free in youth hostels and in rooms at the Maria Mitchell Association and were happy to assist or take part in filmmaking; Nantucket musicians and singers, for instance, performed the score containing music by 19th-century composer Louis Moreau Gottschalk.

The silver lining of producing in Nantucket was the Massachusetts film tax incentive both Vermont and New Hampshire lack, which includes a 25-percent production credit, 25 percent payroll credit and sales tax exemption for movies spending more than \$50,000.

Peter and John was produced through the Movies From Marlboro program, a biennial film intensive semester produced 54 ▶

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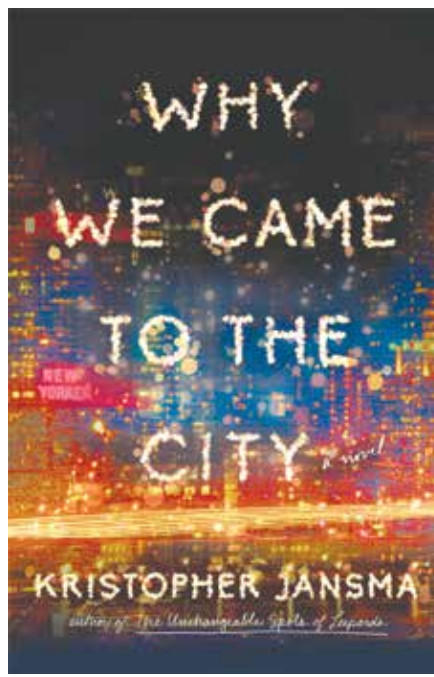
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Why We Came to the City, by Kristopher Jansma (Viking, 418 pages)

“We came to the city because we wished to live haphazardly, to reach for only the least realistic of our desires, and to see if we could not learn what our failures had to teach, and not, when we came to live, discover that we had never died,” writes Kristopher Jansma in the opening line of *Why We Came to the City*, a novel set in New York. That wonderful, Thoreau-inspired opening aside, the characters in *Why We Came to the City* remind me an awful lot of the television show *Friends*. Jansma creates a sort of bubble around the main characters that feels very *Friends*-like. But that bubble does not last. Though it does have its own humor at times, this often frustrating story is hardly a comedy.

The 20-something characters include Irene, an artist and an assistant at an art gallery; Jacob, a loud-mouthed, often obnoxious poet; George, an astronomer who secretly drinks too much; and his longtime girlfriend, soon-to-be-fiancee, Sara, who is the obvious glue that holds the group together. And then there is William, who finds himself thrust into this group of friends as he falls in love with Irene.

The characters all fit in their cocoon with their inside jokes, routine activities and seemingly constant connectedness, until the group is dealt a harsh shot of reality when Irene is diagnosed with cancer. Without a family for Irene to turn to, the friends take turns accompanying Irene to her myriad appointments and



generally being there when needed. It is touching and symbolic (and sometimes a little too much).

Where Jansma's writing shines is not in the scenes in which the group is together, but rather when the characters are by themselves with their own thoughts. That helps the reader dive into each character more deeply. For example, for a good chunk of the novel, I found Jacob's character unlikable and annoying. But Jansma saves an extended section for Jacob in which his thoughts and vulnerabilities are revealed, and it ended up being my favorite part of the book. Together, the group is quirky and witty and smarter than everyone else, but apart, the individuals are

more real. They are unsure of themselves. They question what they are doing with their lives. That contradiction between together and apart resonates strongly in *Why We Came to the City*.

While the bulk of the novel centers on Irene and her plight with cancer, it is William and Jacob who carry the novel. They are the ones Jansma spends the most time developing. Despite tragedy, Sara and George, the perfectly happy couple (who have their own issues), never have to question their future, at least together, in the face of tragedy. But the future is far more murky for Jacob and William, and Jansma shows off their respective depth in the second part of the novel, which opens again with homage to Thoreau as Jansma explains “Why We Left the City.” Jansma writes of a moment of understanding for William, “Sitting there [in someone else's clothes], and his new hat and the scarf from Irene, he felt almost like another person entirely.... That was what Irene had learned. How to be someone new.”

Why We Came to the City is really about how a group of people move forward, or not, in the face of major adversity. How does the group change? Can it hold together? And was it all worth it?

Jansma creates a comforting bubble for these characters and then blows it up, leaving them off kilter and uncertain not just of themselves but of where they stand with each other and how they all fit together — and whether they do anymore. **B-**

— Jeff Mucciarone

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◀53 by Marlboro College, where Craven works as a professor, and Kingdom County Productions. It involved a cast and crew of 22 professionals and 32 students from 12 regional colleges. Among the cast were Christian Coulson from *Harry Potter*, Shane Patrick Kearns from *Blue Collar Boys*, Diane Guerrero from *Orange is the New Black*, Gordon Clapp from *Matewan* and Golden Globe winner Jacqueline Bisset.

For Craven, the film intensive is a win-win, making production more affordable (students work for credit, not pay) and the atmosphere more exciting.

“I’ve done five feature films with all professional crews and three with students and professionals, and I prefer [the latter]. There’s a spirit of generosity and a sense of excitement in doing this for the first time. Do [students] make mistakes? Yes. But a mistake is handled like a learning opportunity, not a problem,” Craven said. “I’ve given them a lot of responsibility, and that’s what excites them about it.”

Craven screens movies the same way he

films them — through the community. They’ve been known to hit indie theaters, schools, town halls, fire stations, cafes, you name it. He loves bringing the pieces to New Hampshire.

“I was just reflecting yesterday that New Hampshire has a substantially stronger indie film culture than Vermont does. If you look at Red River and The Music Hall, at Dartmouth and Wilton. . . the films are stronger and audiences are bigger. In an era where independent films are struggling, New Hampshire’s in pretty great shape,” he said.

Upcoming screenings of Peter and John

Red River Theatres, 11 S. Main St., Concord: Thursday, July 21, at 2:10, 5:35 & 7:40 p.m.

Wilton Town Hall, 40 Main St., Wilton: Thursday, July 21, at 7:30 p.m.

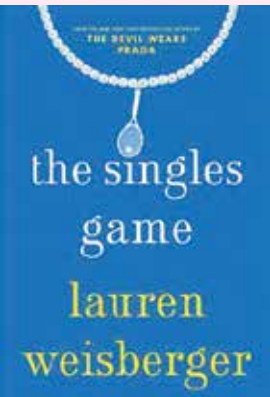
Dartmouth College, Hopkins Center, 4 E. Wheelock St., Hanover: Saturday, July 30, at 7 p.m.

The Music Hall, 28 Chestnut St., Portsmouth: Thursday, Aug. 11, at 7 p.m.



Peter and John started screening in New Hampshire this month. Courtesy image.

Book Report



• **For fans of *The Devil Wears Prada*:** Lauren Weisberger, author of *The Devil Wears Prada*, visits The Music Hall Loft, 131 Congress St., Portsmouth, this Wednesday, July 27, at 7 p.m., to talk about her latest novel, *The Singles Game* — a “tell-all” tennis tale based on the author’s behind-the-scenes interviews with tennis celebrities. It follows a female tennis player who makes a pact with “the devil — a.k.a. her tennis coach — and enters into a world of celebrity stylists, private parties, charity matches aboard mega-yachts and secret dates with Hollywood royalty, but with a price. Tickets are \$40 and include a reserved seat, book copy, bar beverage and book signing and meet-and-greet. Call 436-2400 or email themusichall.org.

• **Hatbox readings:** The Hatbox Theatre in the Steeplegate Mall complex, 270 Loudon Road, Concord, has a new series organized by the New Hampshire Writers’ Project — NHWP Night, which will be a semi-regular event where actors read entertaining selections from works in progress by three NHWP authors and the audience offers feedback. The first one was held July 17. The series is meant to be a helpful tool for authors, allowing them to hear their novels, short stories, books or scripts aloud and learn how they can make them better. All events are free, according to the NHWP website, though there’s a \$5 admission requested at the door. Food and drink will also be available. Visit nhwritersproject.org (where writers will also find submission forms to read their material) or hatboxnh.com for updates on when the next reading will take place.

• **Sci fi slam:** The Odyssey Writing Workshop hosts a Fantasy and Science Fiction Slam on Wednesday, July 27, from 6 to 8 p.m., at Barnes & Noble, 1741 S. Willow St., Manchester. All the 18 science fiction, fantasy and horror writers are graduates of the Odyssey Writing Workshop, a six-week summer program held at Saint Anselm College. Fifty-nine percent of graduates move on to professional publication. The event’s free to attend. Visit odysseyworkshop.org for more information. — *Kelly Sennott*

45 S. Main St., Concord. Visit gibsonsbookstore.com. Email gibsons@gibsonsbookstore.com.

• **PRAKASH JHA** Author talks about *Blushing in Boston*. Sat., July 30, at 5 p.m. Gibson’s Bookstore, 45 S. Main St., Concord. Visit gibsonsbookstore.com. Call 224-0562.

• **CAROLYN PARKHURST** Author talks about *Harmony*. Wed., Aug. 3, at 5:30 p.m. Gibson’s Bookstore, 45 S. Main St., Concord. Visit gibsonsbookstore.com/event/harmony.

• **KILLARNEY TRAYNOR** Author talks about *Summer Shadows*. Thurs., Aug. 4, at 10:30 a.m. Meredith Public Library, 91 Main St., Meredith. Visit meredithlibrary.org. Call 279-4303.

• **YONA ZELDIS MCDONOUGH, ELIZABETH L. HODGES** Writers talk about their works, *The House on Primrose Lane* and *Witchery* respectively. Fri., Aug. 5, at 5:30 p.m. Gibson’s Bookstore, 45 S. Main St., Concord. Visit gibsonsbookstore.com/events/primrose-lane.

• **YONA ZELDIS MCDONOUGH** Writer talks about *The House on Primrose Lane*. Sat., Aug. 6, at 1 p.m. Barnes & Noble, 45 Gosling Road, Newington; Sun., Aug. 7, at 1 p.m. Toadstool Bookshop, 614 Nashua St., Milford; Tues., Aug. 9, at 6:30 p.m. North Hampton Library, 237A Atlantic Ave., North Hampton

• **MARY HOLLAND** Author talks about *Naturally Curious: A Photographic Field Guide and Month-by-Month Journey through the Fields, Woods and Marshes of New England*. Part of Tory Hill Author series. Sat., Aug. 6, at 7 p.m. Warner Town Hall, Main St., Warner. \$10. Visit toryhillauthorseries.com.

• **DON KIMBALL, GORDON LANG** Writers talk about newest poetry. Thurs., Aug. 11, at 5:30 p.m. Gibson’s Bookstore, 45 S. Main St., Concord. Visit gibsonsbookstore.com. Call 224-0562.

• **TOMIE DEPAOLA** Author talks about *Strega Nona* books. Part of Tory Hill Authors Series. Sat., Aug. 20, at 7 p.m. Warner Town Hall, Main St., Warner. \$10. Visit toryhillauthorseries.com.

• **JAMES WALLER** Author discusses new book, *Confronting Evil*. Sat., Aug. 20, at 2 p.m. Toadstool Bookshop, 614 Nashua St., Milford.

p.m. Warner Town Hall, Main St., Warner. \$10. Visit toryhillauthorseries.com.

• **LAUREN WEISBERGER** Author talks about *The Singles Game*. Wed., July 27, at 7 p.m. The Music Hall Loft, 131 Congress St., Portsmouth. \$40, includes copy of book, bar beverage, book signing meet-and-greet. Call 436-2400. Visit themusichall.org.

• **MARSHA DUPREY, ARDRIS CAMERON** Fri., July 29, at 7 p.m. Scriven Arts Colony, 452 NH Route 140, Gilmanton. Free. Part of Scriven Arts Colony series. Visit scrivenartscolony.com.

• **AERUM DELEVAN** Author talks about *Demon Chronicles: The Chaos Prophecy*. Fri., July 29, at 5:30 p.m. Gibson’s Bookstore,

Books

Author Events

• **KATHLEEN RIOUX** Author talks about *Thunder Moon*. Thurs., July 21, at 5:30 p.m. Gibson’s Bookstore, 45 S. Main St., Concord.

• **GORDON RUSSELL** Author talks about *Watching Great Meadow: A Place of Joy, A Place of Woe*. Fri., July 22, at 5:30 p.m. Gibson’s Bookstore, 45 S. Main St., Concord. Call 224-0562. Visit gibsonsbookstore.com.

• **MICHAEL TOUGIAS** Author talks about *So Close to Home: A True Story of an American Family’s Fight for Survival During World War II*. Part of Tory Hill Author series. Sat., July 23, at 7

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Ghostbusters (PG-13)

Melissa McCarthy, Kristen Wiig, Kate McKinnon and Leslie Jones power up to fight malevolence-intentioned paranormal beings in *Ghostbusters*, a movie that will indeed get that song stuck in your head but is totally worth it.

Physics professor Erin Gilbert (Kristen Wiig) is days away from getting tenure at Columbia University when a man appears in her classroom claiming that the 19th-century mansion where he works is haunted and waving around a book Erin co-authored about the existence of ghosts. Erin is horrified to find out that the book, which she wrote with her former best friend Abby Yates (Melissa McCarthy), is still available (on Amazon, hardback, e-book or audiobook, she learns). Since it is the first thing you get when you Google her name, she goes to visit Abby, from whom she is estranged, to ask her to remove the book from Amazon so that Erin won't look like a quack to her school's tenure committee. Abby agrees if Erin will take her to the haunted mansion and help her and her fellow paranormal investigator Jillian Holtzman (Kate McKinnon) get inside.

Once at the mansion, though, Erin's old interest in ghosts is rekindled when the trio find a full-on, late 19th-century fancy-dressed ghost floating around (and eventually spewing slime). She enthusiastically proclaims her belief in ghosts — and unfortunately, video of the moment winds up on the internet. Fired from Columbia, Erin decides to join Abby and Holtzman in a serious study of the paranormal, using legitimate science to investigate and study ghosts.

Luckily for them, ghosts are trending. MTA worker Patty Tolan (Leslie Jones) sees a ghost, and a strange device connected to the power, on the tracks of the subway. She calls in the ladies to investigate and soon decides to join them in the search for who seems to be summoning the spirits and what their game plan is. Eventually



Ghostbusters

the Ghostbusters, as the media names them, are fielding calls for help from around the city. Unfortunately for their fledgling business, their lovely but not especially bright secretary Kevin (Chris Hemsworth) is still learning how to use the phones.

Or, perhaps, how to use any phone.

In some ways, this is Director Paul Feig's most J.J. Abrams-like movie. While *Spy* and *The Heat* reference and play with movie genres, themes and visuals, this is directly paying homage to a specific movie, and not just a movie but a piece of decades-old pop culture. This feels like Feig having fun, playing with his favorite toys as well as some pretty cool vintage toys. The movie is infused with a sense of "look what they're letting me do; this is so cool!" that gives the movie energy and joy. *Ghostbusters* is kind of the comedy *Star Wars: The Force Awakens* — you get some nostalgia, some familiar faces, some visual and dialogue winks as well as some fun new characters and an actually pretty promising setup for what could become a new franchise if audiences throw enough love and money its way.

Which, if it were up to me, they would.

I'll admit that I was completely in the tank for this movie going in. In fact, I had to remind myself that I couldn't will the movie to be awesome, I just had to let it happen. And, I think if you don't put your high expectations or your "this will ruin my childhood" complaints or whatever weird *Ghostbusters*/Melissa McCarthy/Paul Feig baggage you might have on this movie, it does, in fact, unfold just fine. The movie's overall excitement at just being here makes up for a lot of the movie's flaws — for any bits that feel not quite as well developed as they could be or a little more stapled together than smoothly edited. (There is one particular scene where Erin's reason for tagging along into the haunted mansion is mostly but not quite totally explained. It is an example of the movie doing well enough but lacking a bit of finesse.)

Also making up for rough bits in the dialogue or story construction or editing are plenty of really fun details about the way these Ghostbusters work and work together. Not that I necessarily want to wade into all the internet blah about what it means that they're all girl Ghostbusters but I really like *the way* these Ghostbusters are girls.

With the exception of Erin, who clearly has lusty thoughts about pretty pretty Kevin despite agreeing with the rest of the group that he isn't the sharpest Swiss Army knife, we don't really know anything about these ladies' romantic lives or interests to which I say "huzzah! let the action movie focus on the action."

I like that these gals are friends and that their friendships are totally organic to the kind of personalities they have. I like that Holtzman is allowed to be wonderfully weird without a lot of explanation; Abby has an obsession with soup, and Patty is clearly someone who has a stack of obscure history books about New York next to her bed and probably thinks things like "sweet! a map of 1835 lower Manhattan" and is still allowed to rock some solid hoop earrings. I like that Erin is initially set up to be something like the straight man but is quickly shown to be an oddball herself. I like that the movie develops the relationship between Abby and Erin in such a way that you can totally picture their teenage selves, sitting at home on Saturday nights and poring over library books about the supernatural while also discussing, like, the relative merits of jelly shoes versus Keds.

I don't know, have I said the word "fun" enough in this review? Let me do it again: *Ghostbusters* is super fun. This movie has a "let's play Ghostbusters" quality that seems pretty squarely aimed at me and people like me (a woman of roughly the same generation as the women in the cast, or at least at as the age the women in the cast are probably playing). The movie doesn't tie itself into knots explaining why girls get to have this adventure, they just get to do it and we get to know them enough that we enjoy rooting for them. **B+**

Rated PG-13 for some supernatural action and crude humor. Directed by Paul Feig with a screenplay by Katie Dippold & Paul Feig, Ghostbusters is an hour and 56 minutes long and distributed by Columbia Pictures. 🍷

AT THE MULTIPLEX

* Indicates movies worth seeing.

Coming soon

Opens July 22: *Star Trek Beyond* (PG-13) continues the tales of the latest iteration of the sci-fi universe, starring Chris Pine and Zachary Quinto; *Ice Age: Collision Course* (PG) The prehistoric animated series continues; *Absolutely Fabulous: The Movie* (R) For reasons I don't totally understand, Patsy and Edina are back and on the run after causing a scandal.

In theaters now:**The BFG** (PG)

Mark Rylance, Ruby Barnhill.

The Roald Dahl book gets its movie adaptation with none other than Steven Spielberg in the director's chair. This story about a little girl who befriends a kind giant and must save Britain from not-so-kind giants would be merely OK were it not for the standout performance of Mark Rylance, who conveys half this movie's emotion through eye crinkles alone. **B-**

Central Intelligence

(PG-13)

Kevin Hart, Dwayne Johnson.

The chemistry between Hart and Johnson is the key to the, on balance, success of this movie about a CIA agent and the high school buddy he unwittingly gets to help him find a traitor. As action-comedies go, this is a fun, if lightweight, entry. **B**

The Conjuring 2 (R)

Vera Farmiga, Patrick Wilson.

Though at nearly two hours and 15 minutes it could be shorter, *The Conjuring 2* gives us more of the really nice married couple relationship between Ed and Lorraine Warren and their fight against supernatural whosiwatsits. **B**

Finding Dory (PG)

Voices of Ellen DeGeneres, Ed O'Neill.

Not as deep or as dark as the original, this sequel is nonetheless light, sweet fun with standout vocal work from DeGeneres in the lead. **B+**

Me Before You (PG)

Emilia Clarke, Sam Claflin.

A man paralyzed in an accident is charmed by the woman hired to care for him in this romance which is OK, I guess, if you like that sort of thing. **B-**

The Secret Life of Pets (PG)

Voices of Louis CK, Eric Stonestreet.

A happy dog becomes an annoyed dog when his owner brings home a big shaggy new dog-member. This movie has weird moments of darkness and violence that are in

no way balanced by the main buddy-adventure plotline. **C**

***The Shallows** (PG-13)

Blake Lively, fictitious shark. I was not excited to watch one of the less interesting actors from *Gossip Girl* fight off a shark but I was wrong — Blake vs. the shark is lots of fun! A med student taking a mental health break in a secluded part of Mexico, Lively's character becomes trapped on a small rock outcropping as she is hunted by a relentless, believable-looking shark. **B**

AMC Tyngsboro
440 Middlesex St.,
Tyngsborough, Mass.,
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Chunky's Cinema & Pub
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chunkys.com
Chunky's Cinema & Pub
150 Bridge St., Pelham,
635-7499
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644-4629, cinemagicmovies.com
Cinemagic Merrimack 12
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cinemagicmovies.com
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Mass., 978-738-8942

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100 Technology Drive,
Hooksett
Showcase Cinemas Lowell
32 Reiss Ave., Lowell, Mass.,
978-551-0055

MOVIES OUTSIDE THE CINEPLEX

RED RIVER THEATRES
11 S. Main St., Concord, 224-
4600, redrivertheatres.org
• **Our Kind of Traitor** (R, 2016)
Thurs., July 21, at 2, 5:25 & 7:55
p.m.
• **The Meddler** (PG-13, 2016)
Thurs., July 21, at 2:05 p.m.
• **Peter and John** (NR, 2016)
Thurs., July 21, at 2:10, 5:35 &
7:40 p.m.
• **Dark Horse** (PG, 2016) Fri.,
July 22, at 2, 4, 6 & 8 p.m.; Sat.,
July 23, at 2, 4, 6 & 8 p.m.; Sun.,
July 24, at 2, 4 & 6 p.m.; Mon.,
July 25, at 5:30 & 7:30 p.m.;
Wed., July 27, at 5:30 & 7:30
p.m.; Thurs., July 28, at 2:05 &
5:30 p.m.
• **Hunt for the Wilderpeople**
(PG-13, 2016) Fri., July 22, at
1:15, 3:30, 5:45 & 8:05 p.m.;
Sat., July 23, at 1:15, 3:30, 5:45
& 8:05 p.m.; Sun., July 24, at
1:15, 3:30 & 5:45 p.m.; Mon.,
July 25, at 5:25 & 7:40 p.m.;
Tues., July 26, at 2, 5:25 & 7:40
p.m.; Wed., July 27, at 5:25 &
7:40 p.m.; Thurs., July 28, at 2
& 7:40 p.m.
• **The Music of Strangers** (PG-
13, 2016) Fri., July 22, at 1:30,
3:40, 5:40 & 7:45 p.m.; Sat.,
July 23, at 1:30, 3:40, 5:40 &
7:45 p.m.; Sun., July 24, at 1:30,
3:40 & 5:40 p.m.; Mon., July 25,
at 5:35 & 7:35 p.m.; Tues., July
26, at 2:10, 5:35 & 7:35 p.m.;
Wed., July 27, at 5:35 & 7:35
p.m.; Thurs., July 28, at 2:10,
5:35 & 7:35 p.m.

MANCHESTER CITY LIBRARY
405 Pine St., Manchester, 624-
6550, manchester.lib.nh.us
• **Sneakers** (PG-13, 1992) Wed.,
July 27, at 1 p.m.

NASHUA CITY HALL
229 Main St., Nashua, catch-
ingthesunnashua.eventbrite.com
• **Catching the Sun** (documen-
tary, 2015) Fri., July 29, at 6
p.m., followed by panel discus-
sion with ReVision Energy Solar
Design Specialist Eric St. Pierre,
light refreshments

O'NEIL CINEMAS
24 Calef Highway, Epping,
oneilcinemas.com, 679-3529
• **Summer Kids Series** June
20-Aug. 10, every Monday
& Wednesday at 10 a.m.;
Beethoven July 25-27

GREELEY PARK
100 Concord St., Nashua
• **Star Wars: The Force Awak-
ens** (PG-13, 2015) Fri., Aug. 5,
at dusk

RODGERS MEMORIAL LIBRARY
194 Derry Road, Route 102,
Hudson, rogerslibrary.org, 886-
6030
• **Cinema Celebration** second
Thursday of the month at 6:30
p.m.

WADLEIGH MEMORIAL LIBRARY
49 Nashua St., Milford, 673-
2408, 249-0645, wadleighli-
brary.org
• **Movie Night** Wed., July 22, at
6 p.m.

EXETER PUBLIC LIBRARY
4 Chestnut St., Exeter, NH
03833, 772-3101, exeterpl.org
• **Armchair Travel** travel docu-
mentary series, every 4th Mon-
day of the month, Tues., July 25,
at 1 p.m.

JAFFREY PARK THEATRE
19 Main St., Jaffrey, 532-8888,
theparktheatre.org; Free Movie
Festival, films at 7 p.m.
• **Ratatouille** (G, 2007) Thurs.,
July 21
• **Aliens** (R, 1986) Thurs., July 28

PETERBOROUGH COMMUNITY THEATRE
6 School St., Peterborough, 924-
2255, pctmovies.com, movies@
pctmovies.com
• **The Legend of Tarzan** (PG-13,
2016) Thurs., July 21, at 7 p.m.
• **Into the Wind: Everest to End
Duchenne** Mon., July 25, at
6:30 p.m., free screening, dona-
tions welcome
• **Finding Dory** (PG, 2016) July
22-July 28, Wed., Thurs., Sat.,
and Sun. at 2:30 and 7 p.m., Fri.
at 7 p.m.

PRESCOTT PARK
105 Marcy St., Portsmouth,
prescottpark.org, films start at
8 p.m.
• **Captain America: The Winter
Soldier** (PG-13, 2014) Mon.,
July 25

THE MUSIC HALL
28 Chestnut St., Portsmouth,
436-2400, themusic hall.org,
Some films are screened at
Music Hall Loft, 131 Congress
St., Portsmouth
• **Maggie's Plan** (R, 2015)
Thurs., July 21, at 7 p.m.
• **Love & Friendship** () Fri., July
22, at 7 p.m.; Sat., July 23, at 7
p.m.; Sun., July 24, at 3 p.m.;
Tues., July 26, at 7 p.m.; Wed.,
July 27, at 7 p.m.
• **The Witness** (NR) Sun., July
24, at 7 p.m.; Tues., July 26, at
7 p.m.; Thurs., July 28, at 7 p.m.

THE FLYING MONKEYY
39 S. Main St., Plymouth, 536-
2551, flyingmonkeynh.com
• **Unlocking the Cage** (docu-
mentary, 2016) Thurs., July 21,
at 6:30 p.m.
• **The Endurance** (2001) Thurs.,
July 28, at 6:30 p.m.
• **On Golden Pond** (1981)
Thurs., Aug. 11, at 6:30 p.m.

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Sat 4:30 pm - Free Admission - Donations to Charity
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SUNDAY, SEPTEMBER 18:
Kenneth Branagh Theatre Company's Romeo & Juliet
SUNDAY, OCTOBER 16:
The Globe Theatre's The Merchant of Venice
SUNDAY, NOVEMBER 20:
The Globe Theatre's The Merchant of Venice
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NITE

What's in a name

Quebecois trio visit New England

By Michael Witthaus
mwitthaus@hippopress.com

• **Songbird:** Folksinger and Concord native **Cosy Sheridan** performs songs from her most recent album, *Pretty Bird*, at a New Hampshire Audubon musical series aptly named Birds and Beans Coffee House. The event promises “bird-friendly coffee” and baked refreshments will be sold. All proceeds raised go to programs that protect the environment. Go Thursday, July 21, at 7 p.m. at McLane Center, 84 Silk Farm Road, Concord. Tickets are \$18. See nhaudubon.org.

• **Homecoming:** To build momentum on two well-received albums, **Pat & the Hats** moved south to Somerville a few months back and set up shop in that burgeoning scene. Apart from an apartment fire last month, it's been so far so good for the band. They return to a favorite Concord haunt for what's sure to be a packed house and a high-energy night of pop-inflected rock. Go Friday, July 22, at 9 p.m. at True Brew Barista, 3 bicentennial Square, Concord. See facebook.com/patandthehats.

• **Supergroup:** One of the tastiest releases so far this year is **case/lang/veirs**. The collaboration between three outstanding singer-songwriters — Neko Case, k.d. lang and Laura Veirs — is now on tour, and given the solo success each enjoys, it could be the only chance to see them together. Then again, they might become the next Crosby, Stills and Nash. Go Saturday, July 23, at 7:30 p.m., at Boarding House Park, 40 French St., Lowell, Mass. Tickets \$58 at lowellsummermusic.org.

• **Soulful:** If you don't respond to the soulful sound of **Jen Kearney & the Lost Onion** by shaking a tail feather, you're either dead or way too relaxed. There aren't many sit-down moments on their latest album, *The Age of Blame*. The Boston band evokes the classic Motown era, earning frequent and glowing comparisons to Stevie Wonder, with Latin and soul woven in. Go Sunday, July 24, at 6:30 p.m. at Union Coffee Company, 42 South St., Milford. Tickets are \$8. See jenkearney.com.

• **Schoolhouse:** A free concert featuring rocking singer-songwriter **M.B. Padfield** showcases the Summer Band and Summer Chamber Ensembles from the Manchester Community Music School. The evening of music, food and fun also includes a reverse raffle — \$100 tickets must be purchased prior to the event, for a grand prize of \$4,000. Go Wednesday, July 27, at 6 p.m. at Manchester Community Music School, 2291 Elm St., Manchester. See mcmusicschool.org for more information.

Want more ideas for a fun night out? Check out **Hippo Scout**, available via the Apple App Store, Google Play and online at hipposcout.com.

For acoustic trio Ten Strings and a Goat Skin, the meaning behind the moniker is evident. The bilingual band features guitar, violin and hand percussion; doing the math is easy. On the other hand, their odd name isn't simple to translate, especially for the French — ironically, since many of their songs are in that language.

As recompense, the Prince Edward Island natives chose to call their new record *Auprès Du Poêle*.

“We decided we would let the English butcher the album name and let the French butcher the band name,” violin player Rowen Gallant said with a chuckle during a recent phone interview. “Then, everyone feels pretty equal.”

The new album's title translates to “Around the Wood Stove,” a reference to the musical milieu in Joliettte, Quebec, where it was made. The band — Gallant, his percussionist brother Caleb and guitarist Jesse Periard — stayed at the cabin of a friend's mom while working on the record. She welcomed them with home-cooked food and a hot fire after each session.

“We started to associate this sense of hospitality with the amazing traditional music community,” Gallant said. “It's so warm and welcoming.”

Located an hour north of Montreal, Joliettte is a hub of Canadian and Quebecois roots music.

“The community was obviously of paramount importance to them, and it was really wonderful to be part of that,” Gallant said. “We started recognizing that it was very much alive and well in our own province as well — the will to enjoy life, even in the darkest parts of the winter, with dance and music. It's all-encompassing; we started referring to it as ‘wood stove culture.’ We wanted to represent that in the album.”

Asked how he'd describe his band's music to the uninitiated, Gallant called it a “smorgasbord,” blending Scottish, Irish, English, French-Canadian and Acadian traditions; it's indigenous and timeless.

“This stuff would have been used hundreds of years ago,” he said. “People just played it locally and it was very square and

Ten Strings and a Goat Skin

When: Thursday, July 28, 8 p.m.
Where: Riverwalk Cafe, 35 Railroad Square, Nashua
Tickets: \$12 at riverwalknashua.com, \$15 at the door



Ten Strings and a Goat Skin. Courtesy photo.

easy to dance to.”

The band's mojo is making it work in a modern context; when Gallant says square dancing, he's talking about attitude, not do-si-do.

“What we've done it taken this very traditional ‘square’ dance music and added an element of presentation ... [and] changed the focus to be more on performance,” he said. “We screw around with time signatures and influences from different genres. The idea is to make the music more applicable to people who might not have grown up in the tradition.”

The Gallant brothers were informally raised with the music tradition.

“Caleb and I grew up in a family that played a lot of music, but it was never professional, just kind of a hobby,” he said. “It kind of perked our ears, but it was only I'd say in the last five years that we have decided to take it seriously. Jess is a little different; he encountered it later on in life. It took him a little bit of time to be convinced ... but he is full throttle at this point.”

Auprès Du Poêle contains several medleys. Historically, these so-called “sets” were designed to keep dancers engaged.

“That is a pretty important part, one of these elements of traditional dance music culture and history that a lot of even mod-

ern players retain,” Gallant said. “A pretty normal dance tune will be 34 bars, three times. After that you move on to another tune to keep it fresh and interesting for the dancers, but it also applies for people just listening on CD.”

“ “We've ... taken this very traditional ‘square’ dance music and added an element of presentation.” ”

ROWEN GALLANT

This provides exciting musical challenges, Gallant said.

“It also allows you to be a bit more liberal. You can swing different tunes different ways and create kind of a narrative,” he said. “So it's kind of interesting how even something that was constructed for just keeping the

dancers interested hundreds of years ago is still in play today with modern, traditional groups.”

Last spring, the trio performed at Festival Pully Lavaux à l'heure du Québec, an annual celebration of Quebecois music held in Switzerland, and won a juried prize as the festival's top band. The trophy exceeded Air Canada luggage limits, so they'll have to visit it next time the band tours Europe.

Apparently, the music of their home province is quite popular on the continent.

“The Pully organizer told me it's the biggest Quebecois music festival in all of Europe,” Gallant said. “I was like, ‘Is there more than one?’ It was a little bit out there, that concept.”

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BIRDS & BEANS

Concord native **Cosy Sheridan** will launch a new coffeehouse series on Thursday, July 24, 7 p.m. at McLane Audubon Center (84 Silk Farm Road, Concord) with songs from her album *Pretty Bird*, named one of Sing Out Magazine's Great CDs of 2014. Cosy is a gifted songwriter, taking deeply felt experiences from her life and weaving them into finely crafted musical tapestries. Her musical style is a blend of folk and blues, with a playful twist. She has been called one of the best female guitarists on the acoustic scene. Tickets \$15-\$18; see nhaudubon.org.

**Nite Life
Music, Comedy & Parties**

- **PERMANENT VACATION** at Veteran's Park (Elm St., Manchester 645-6285) on Thursday, July 21, 7 p.m. Music from the Beatles, the Rolling Stones, the Marshall Tucker Band, Sugar Ray, Green Day and more. Part of TD Bank Free Summer Concert Series. With Walker Smith.
- **PEARCY/GRATZMILLER JAZZ QUINTET** at Nashua Public Library (2 Court St., Nashua 589-4610) on Thursday, July 21, 7 p.m. Free - Nashua Public Library's Summer Concerts on the Plaza series continues.
- **BRAD MYRICK & JOEY PIEROG** at Castle in the Clouds (455 Old Mountain Road, Moultonborough 475-5900) on Thu., July 21, 5:30 p.m. Jazz at Sunset - live music in a lovely outdoor setting. Reservations are essential.
- **JUMBO CIRCUS PEANUTS** at Odiome Point State Park (570 Ocean Boulevard, Rye 436-8043) on Thu., July 21, 6 p.m. \$12 (3-12, \$2) Atlantic Grill Music by the Sea 2016 Outdoor Concert Series to benefit the Seacoast Science Center
- **JULIE RUIN W/ THE SETH BOGART SHOW** at 3S Artspace (319 Vaughan St., Portsmouth 3sarts.org) on Friday, July 22, 9 p.m. \$18 - Kathleen Hanna recruited her onetime Bikini Kill member Kathi Wilcox to revive her 1997 alias, with keyboardist Kenny Mellman, guitarist Sara Landeau, and drummer Carmine Covelli.
- **GLENN MILLER ORCHESTRA** at Kingswood Arts Center (396 S. Main St., Wolfeboro 569-7710) on Friday, July 22, 7:30 p.m. \$20-\$55 - One of the most successful of all dance bandleaders back in the Swing Era of the 1930's and 40's. A matchless string of hit records, the constant impact of radio broadcasts and the drawing power at theatres, hotels and dance pavilion, built and sustained the momentum of popularity.
- **SINGLES DANCE** at Daniels

- Hall (186 Old Turnpike Road/Route 4, Nottingham 942-8525) on Friday, July 22, 8 p.m. Interactive DJ JoAnn - BYOB, \$12 admission includes light buffet and drink set-ups. Safe for women attending alone - visit www.singlesdanceparties.com.
- **DOUBLE TAKE** at Central Square Park (Wakefield St., Rochester 330-3208) on Fri., July 22, 12 p.m. New summer concert series - Music On The Square. Guests are invited to bring your chair and buy or bring your lunch to enjoy local and regional musical entertainment throughout the summer.
- **THE SNAZ** at Depot Park (16 Depot St., Peterborough 547-8323) on Friday, July 22, 6 p.m. Band conquering the dangerous and competitive music scene of southern Vermont is readying itself to be the next big thing.
- **CHERYL WHEELER** at Anderson Hall (80 Academy Dr., Wolfeboro 569-7710) on Sunday, July 24, 7:30 p.m. \$17-\$35 - Cheryl's concerts are more like what you would find at a comedy club than expect to find at a folk music concert. She will tell a story that has you rolling in the aisles, and then sing a song that leaves you wiping tears away.
- **TJ WHEELER** at Bedrock Gardens (45 High Road, Lee 659-2993) on Sun., July 24, 1 p.m. \$15/advance - Music in a bucolic setting voted #1 Oasis in NH - Many have been invigorated by the iconic TjJ Wheeler who connects people to Jazz and Blues on a wide variety of instruments including the 7 string guitar, ukulele, Tenor Banjo, 1 string Diddle Bow, nitty gritty vocals and kazoo.
- **ACOUSTICS BAHOOST-IX** at Town Common (7 Sawmill Rd., Greenfield 547-3442) on Tuesday, July 26, 6:30 p.m. Folk - Greenfield Recreation Department Music on the Common Series
- **ACOUSTIC TRUFFLE** at Angela Robinson Bandstand (Main Street, Henniker 428-7232) on Tuesday, July 26, 7 p.m. Groove driven, soul, bluegrass,

- R&B and world beat sounds. Part of the 2016 Town of Henniker Concert Series. Free. In the event of rain, inside the Community Center (57 Main St.)
- **PONY EXPRESS** at MacGregor Park (East Broadway, Derry 432-6136) on Tuesday, July 26, 7 p.m. One of this area's most beloved, top country bands, Pony Express has been named "Band of the Year" at the National Country Music Association of America Competition.
- **BLACKLITE BAND** at New Boston Gazebo (5 Meetinghouse Hill Road, New Boston 487-2880) on Tue., July 26, 6 p.m. Free - 60's music ultimate experience band located in Southern NH that will rock your socks off. If you grew up listening to the Beatles, Elvis, The Kinks, The Doors and many more, then you will love Blacklite.
- **SUMMER STARZ** at Manchester Community Music School (2291 Elm St., Manchester 644-4548) on Wednesday, July 27, 6 p.m. Free Concert with Guest Artist M.B. Padfield, the MCMS Summer Band and Chamber Ensembles.
- **BEATLES FOR SALE** at Seacoast Science Center (Rte. 1A 570 Ocean Blvd., Rye 436-8043) on Thursday, July 28, 6 p.m. \$12 - Bring your beach blanket or chair; you can pack a picnic or purchase freshly grilled food, snacks, ice cream treats, beverages (including beer and wine) onsite. And you'll feel great knowing that all proceeds from the concert series support their environmental education efforts.
- **7ODDSEVEN** at Hatbox Theatre (270 Loudon Road, Concord hatboxnh.com) on Thursday, July 28, 2 p.m. \$16.50 - daring musical ensemble that draws inspiration from world music, jazz, and rock, while artfully navigating total group improvisation.
- **ARMY ROCK BAND** at Veteran's Park (Elm St., Manchester 645-6285) on Thursday, July 28, 7 p.m. Returning for another year of patriotic rock, part of TD Bank Free Summer Concert Series. With Amanda McCarthy.

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Grandfather watches the grandfather clock

Across

- 1. Soul Asylum leader Dave
- 5. Composition where entering voices do the initial theme
- 10. What a 'Runaway Train' will do?
- 14. 'How I Could Just Kill ___' Charlotte Sometimes (1,3)
- 15. "Waiting for you to call me up and tell me I'm not ___!"
- 16. Disco hairdo
- 17. Iconic 'Cheating At Solitaire' punk

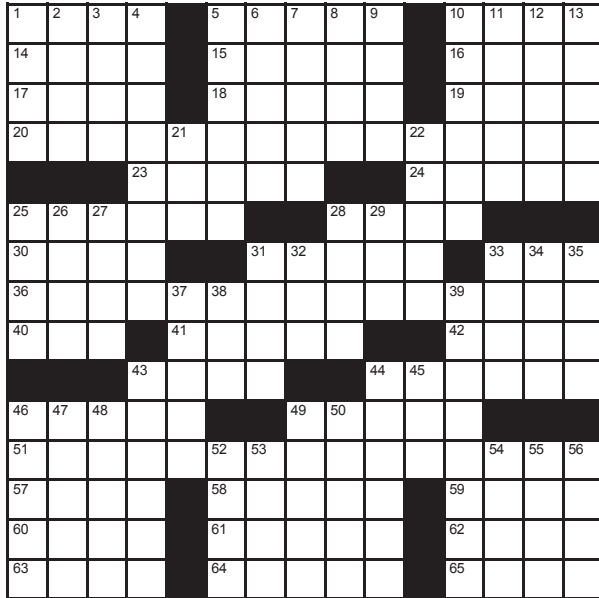
Mike

- 18. Boise rockers Caustic ___
- 19. Boston rockers Letters To ___
- 20. Covers
- 23. Popsters Boy ___ Girl
- 24. Christian metalcores ___ The Day
- 25. '82 Clash album '___ Rock'
- 28. Kind of mine, to Police's 'Canary'
- 30. '18 Days' band Saving ___
- 31. Soul Asylum "If you can find a better way then ___ standing in your way (1,4)

- 33. Beach Boys 'Radio King ___'
- 36. '92 Soul Asylum smash anthem (8,2,5)
- 40. Soul Asylum "She walks into the outside the cold night breathes into ___ face"
- 41. B.B. King's real first name
- 42. 'Don't Answer Me' Parsons
- 43. Soul Asylum Fender model (abbr)
- 44. Aretha Franklin 'A Rose Is ___ Rose' (5,1)
- 46. Soul Asylum "We could ___ a company, and make misery"
- 49. Blues mainstay Taj
- 51. 'Ain't No Rest For The Wicked' band (4,3,8)
- 57. 'Convicted' rapper/singer
- 58. 'Let Go' Lavigne
- 59. Soul Asylum "In ___ York blackout,

- things go kinda slow" (1,3)
- 60. AI Green 'How Can You ___ A Broken Heart'
- 61. Peter Green pal Watson
- 62. Soul Asylum 'Grave Dancers Union' jam 'Growing ___ You'
- 63. Phoenix 'Napoleon ___'
- 64. Hansard and Miller
- 65. Soul Asylum "One ___ thing to call my own, that's one more thing I miss"

- and credit cards, but they only accepted ___"
- 26. Slender wind instrument
- 27. 'Excuse ___' No Doubt (2,2)
- 28. Soul Asylum "And along came an offer from the ___ of steel"
- 29. Plastic ___ Band
- 31. Monty Python member and funny song guy Eric
- 32. Repeated word in Santana 'Shaman' jam
- 33. Soul Asylum sticks pins in a 'Voodoo' one
- 34. 3rd Bass '___ Office'
- 35. 'You're The Only One' Maria
- 37. 'Hope For The Hopeless' Dennen
- 38. What Soul Asylum's 'Black Gold' is about, perhaps
- 39. '96 Pearl Jam song they sing to the chief? (4,4)
- 43. Current musical styles
- 44. Souvenirs from beach band
- 45. Christopher Guest band Spinal ___
- 46. Contract cons
- 47. Soul Asylum "___ number, knock on wood" (4,1)
- 48. Suffering, from cancellation
- 49. Prominent NC label
- 50. Kind of 'Resident', to Spacehog
- 52. Soul Asylum's '88 release '___ Time'
- 53. Soul Asylum 'Just Plain ___'
- 54. 'Let's Keep It That Way' Murray
- 55. Clears, after tour expenses
- 56. What duets come in



7/14



Down

- 1. Leader of Cradle Of Filth
- 2. Kid Rock song for the end of a prayer?
- 3. Like rock star empire
- 4. Band
- 5. Stars walk on a red one
- 6. What fans are on, for upcoming shows
- 7. Off-used orifices in 70s
- 8. Soul Asylum "Supersonic just how you want it, catatonic, she's always ___" (2,2)
- 9. German '99 Luftballons' band
- 10. Anvil '___ Hostility'
- 11. Rage Against The Machine album 'The Battle ___ Angeles' (2,3)
- 12. Soul Asylum "Things ___ quite the way they should be"
- 13. Audience for bad Canadian band?
- 21. English sing/songster Chris
- 22. Carly Simon '___ The Way I Always Heard It Should Be'
- 25. Soul Asylum "Food stamps, checks

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110 Grill: Pat Gendron
99: Fred Ellsworth
Agave Azul: DJ K-Wil Ladies Night
Arena: College Night with DJ Hizzy
Country Tavern: Johnnie James
Fody's: White Steer
Fratello's Italian Grille: Matt Richardson
Riverwalk Cafe: John Funkhouser Quartet
Shorty's: Kieran McNally

Newmarket
Stone Church: Irish Music w/ Jordan Tirrell-Wysocki & Jim Prendergast

Peterborough
Harlow's: Bluegrass Night

Plaistow
Racks: Rock Jam w/ Dave Thompson

Portsmouth
Dolphin Striker: Sharon Jones
Downtown Express
Fat Belly's: DJ Flex
Portsmouth Book & Bar: Planes On Paper
Press Room: Beat Night

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Weare
Stark House Tavern: Lisa Guyer Solo

Friday, July 22

Amherst
TGI Fridays: Alex Raven

Auburn
Auburn Pitts: Nicole Knox Murphy

Bedford
Shorty's: Sonic Boomers

Belmont
Lakes Region Casino: Matt Langley

Boscawen
Alan's: On 2

Claremont
New Socials: Kristen Ford

Concord
Barley House: AJ Edwards
Makris: Queen City Soul
Pit Road Lounge: Wise Guy
Red Blazer: John Anthony
Tandy's: DJ Iceman Streetz (105.5 JYY)
TGI Fridays: Ryan Williamson

Derry
Coffee Factory: Dave LaCroix

Dover
Cara: Club Night w/ DJ Shawwny O
Dover Brickhouse: acts Attack/ Devils Twins/Scrimmy the Dirtbag
Fury's Publick House: Dressed For The Occasion
Top of the Chop: Funkadelic Fridays

Epping
Holy Grail: Max Sullivan
Telly's: Brian Johnson

Gilford
Patrick's: Dueling Planos
Schuster's: Kevin Hackett

Goffstown
Village Trestle: Brian Maes

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NITE MUSIC THIS WEEK

Hampton

Boardwalk Cafe: John Buonomo
CR's: Steve Sibulkin
Purple Urchin: Ron Drolet
Sea Ketch: Cory Brackett/Ross McGinnes/Dogfather Duo
The Goat: Jennifer Mitchell
Wally's Pub: Bars Band

Hanover

Canoe Club: La Madeleine - A French/French Canadian Quartet
Jesse's: Chris Powers
Salt Hill Pub: Brooks Hubbard

Hillsborough

Mama McDonough's: Lux

Laconia

Patio Garden: Brett Walberg
Pitman's Freight Room: The Gerry Beaudoin Jazz Trio

Lebanon

Salt Hill Pub: B-3 Brotherhood

Londonderry

Coach Stop: Karen Grenier

Manchester

British Beer: Rob Thomas
Bungalow: Kick The Ladder/Supplication/Elegy/Owner of the Circus
City Sports Grille: DJ Dave
Derryfield: Deck- Mugsy Duo/
Eric Grant Band
Foundry: Tristan Omand
Fratello's: Brad Bosse
Karma: Alan Roux
ManchVegas: Ryan Brooks Kelly
Murphy's Taproom: Sean Coleman/Take Four
Penuche's: Crushed Out / Trichomes
Shaskeen: Hunter w/ Dionysa
Strange Brew: Jon Ross Big Night of Bluegrass
TGI Fridays: Tim Kierstead
Whiskey's 20: DJs Jason Spivak & Sammy Smoove
Wild Rover: Haley Gowland

Merrimack

Homestead: Tim Gurshin

Milford

Aden China: DJ Brian
Pasta Loft: Tom Dixon
Tiebreakers: Steve Tolley

Nashua

Country Tavern: Brad Myrick
Fody's: Dronehead Odyssey
Fratello's: Ted Solovicos
Haluwa: Bad Medicine
O'Shea's: Jenni Lynn Band
Benefit Show
Riverwalk Cafe: The Way Down Wanderers w/Goldenoak
Speaker's Corner: Dave Chiasson

New Boston

Molly's: Justin Cohn

Newmarket

Riverworks: Guy Capeclatro
Stone Church: Floodwatch w/ Halo and the Harlots

Peterborough

La Mia Casa: Forevers' Fallen Grace, Leukorrhea, Carcinomic and The Beast of Nod

Plaistow

Crow's Nest: Casual Gravity
Racks: Mechanical Banshees

Portsmouth

Dolphin Striker: Jim Dozet Trio
Fat Belly's: DJ Cootz
Grill 28: Truffle
Martingale Wharf: Los Sugar Kings
Portsmouth Book & Bar: Lucie Therrien and Carol Coronis
Press Room: Sarah Blacker and Aaron Z. Katz
Red Door: Exodus
Ri Ra: Now Is Now!
Rudi's: Duke & John Hunter
Thirsty Moose: Badwolf w/ Six Fox Whiskey

Rochester

China Palace: Bryan Govostes aka "Beezly "B"
Radloff's: Dancing Madly Backwards Duo
Smokey's Tavern: Matt Gelinas

Seabrook

Chop Shop: Overdrive

Tilton

Winni Grille: Don Bartenstein

Weare

Stark House Tavern: Mikey G

Saturday, July 23

Boscawen

Alan's: Brad Bosse

Bristol

Back Room at the Mill: Decatur Creek
Kathleen's Cottage: Gravel-Road

Concord

Hermanos: Andy Greene
Penuche's Ale House: Cold Engines
Pit Road Lounge: Talking Smack
Tandy's: DJ Iceman Streetz (105.5 JYY)
True Brew: Pat & the Hats

Dover

Cara: Club Night w/ DJ Shawunny O
Fury's Publick House: Freestones

Epping

Holy Grail: Rob & Dan
Telly's: Joe McDonald
Tortilla Flat: Clint Lapointe

Gilford

Patrick's: Brad Myrick Quartet
Schuster's: Dan Carter or Kevin Hackett

Goffstown

Village Trestle: The Installers

Hampton

Bernie's Beach Bar: New Limits
Boardwalk Cafe: Mary Casiello/Mystic River Trio
Community Oven: Nicole Knox Murphy
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Sea Ketch: Clint Lapointe/Steve Tolley
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Canoe Club: Joseph Stallsmith

Laconia

Patio Garden: Shelli LaTorre
Pitman's Freight Room: Tall Granite Big Band

Lebanon

Salt Hill Pub: Blabpipe



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COMEDY THIS WEEK AND BEYOND

Thursday, July 21

Derry
Hilltop: Alana Susko
Comedy on Purpose

Portsmouth

Birdseye Lounge: Kelly MacFarland

Friday, July 22

Amherst
Amherst Country Club: Kelly MacFarland

Saturday, July 23

Manchester
Headliners: Will Noonan

Nashua

Chunky's Pub: Robbie Printz

Newmarket

Stone Church: PJ Thibodeau

Sunday, July 24

Meredith
Hart's Turkey Farm: Rob Steen Hosts

Monday, July 25

Concord
Penuche's: Punchlines

Wed., July 27

Manchester
Murphy's: Laugh Free Or Die Open Mic

Shaskeen: Ryan Donahue (Just For Laughs), Tom Brady

Merrimack

Pacific Fusion: Comedy on Purpose
Alana Susko

Thursday, July 28

Derry
Hilltop: Alana Susko
Comedy on Purpose

Dondoderry
Coach Stop: Sean Coleman

Loudon
Hungry Buffalo: Shameless

Manchester
City Sports Grille: DJ Dave
Derryfield: Sundogs/Stomping Melvin
Foundry: Charlie Chronopoulos
Fratello's: Paul Luff
Jewel: 40 oz to Freedom
Karma: The Hallorans
ManchVegas: Mugsy
Midnight Rodeo: Sage & Whiskey
Murphy's Taproom: Peter Higgins/Wize Crackaz
Shaskeen: The Shift
Strange Brew: Michelle "Evil Gal" Willson
Whiskey's 20: DJ Hizzy/Shawn White
Wild Rover: Jimmy & Marcelle Duo

Merrimack
Homestead: Kieran McNally

Milford
Aden China: DJ Brian
J's Tavern: Crimes in Graceland
Union Coffee: Hemphills/Doodads & Don'ts

Nashua
110 Grill: Alex Markoski
Agave Azul: DJ Roberto
Tropical Saturday
Boston Billiard Club: DJ Anthem Throwback
Fody's: Channel 3
Fratello's Italian Grille: Lachlan Maclean
Haluwa: Bad Medicine
Riverwalk Cafe: An Intimate Evening w/Consider the Source
Stella Blu: Triana Wilson
Thirsty Turtle: Midnight Jump

New Boston
Molly's: Boogie Men

Newmarket
Stone Church: Chromatropic w/Cousin Earth & Amulus

Newport
Salt Hill Pub: Flew-Z

Plaistow
Crow's Nest: Ript

Portsmouth
Blue Mermaid: Todo Bien
Dolphin Striker: Velvis Underground
Fat Belly's: DJ Provo
Hilton Garden: Joel Cage
Martingale Wharf: Jumpstreet

Portsmouth Book & Bar: Brian Vogelzang
Reggزام: Mike Dillon/Ed Mann and Jim Loughlin Percussion Trio
Red Door: Eli Wilkie
Ri Ra: Red Sky Mary
Rudi's: PJ Donahue Trio
Thirsty Moose: No Music

Raymond
Cork n Keg: By Request

Rochester
Smokey's: Pete Peterson

Salem
Barking Bean: Dave LaCroix

Seabrook
Chop Shop: Maiden New England

Sunapee
Anchorage: Charlie Keating Band

Weare
Stark House: Katy White

Sunday, July 24

Bedford
Copper Door: Rick Watson

Concord
Hermanos: John Franzosa

Dover
Cara: Irish Session w/ Carol Coronis & Ramona Connelly
Dover Brickhouse: Jazz Brunch
Sonny's: Sonny's Jazz

Gilford
Schuster's: Brunch - Piano w/ Bob Kropel

Goffstown
Village Trestle: Wan-tu Blues Band & Jam

Hampton
Boardwalk Cafe: Alex Raven
Sea Ketch: Ray Zerkle/Dueling Piano
The Goat: Jennifer Mitchell

Hanover
Canoe Club: Bob Lucier

Laconia
Patio Garden: Boardwalk Jazz Quartet

Manchester
Derryfield: Chad LaMarsh
Murphy's: Ryan Williamson/ Kevin White
Penuche's: Amanda McCarthy
Shaskeen: Rap night, Industry night
Strange Brew: Jam

Manchester
Central Ale House: Jonny Friday Duo
Derryfield: Ryan Williamson
Fratello's: Rob Wolfe or Phil Jacques
Murphy's: Austin Pratt

Merrimack
Homestead: Doug Thompson

Nashua
Dolly Shakers: Monday's Muse w Lisa Guyer
Fratello's: Chris Cavanaugh

Merrimack
Homestead: Doug Thompson

Nashua
Dolly Shakers: Monday's Muse w Lisa Guyer
Fratello's: Chris Cavanaugh

Merrimack
Homestead: Doug Thompson

Nashua
Dolly Shakers: Monday's Muse w Lisa Guyer
Fratello's: Chris Cavanaugh

Merrimack
Homestead: Doug Thompson

Nashua
Dolly Shakers: Monday's Muse w Lisa Guyer
Fratello's: Chris Cavanaugh

Merrimack
Homestead: Doug Thompson

Nashua
Dolly Shakers: Monday's Muse w Lisa Guyer
Fratello's: Chris Cavanaugh

Portsmouth
Giuseppe's: Open Stage with Lou Porrazzo

Milford
Union Coffee: Jen Kearney

Nashua
Agave Azul: DJ Rich - Smokin' Sunday
Burton's Grill: Brad Bosse
Portland Pie: Brett Wilson
Riverwalk Cafe: Jazz Sunday/ Open Celtic Sessions

Newbury
Salt Hill Pub: Side Porch: Brooks Hubbard

Newmarket
Stone Church: Bluegrass Bureaux Cats

Portsmouth
Dolphin Striker: Dana Brearley
Press Room: Sunday Night Jazz Series ft. Eula Lawrence
Red Door: Trap Night w/ Adfero & Yung Abner
Redhook Brewery: Gretchen & the Pickpockets
Ri Ra: Irish Session
Rudi's: Jazz brunch, Sal Hughes

Rochester
Lilac City: Brunch Music
Radloff's: James McGarvey

Seabrook
Chop Shop: Sunday Funday Music with Artty

Monday, July 25

Concord
Hermanos: John Franzosa

Hampton
Boardwalk Cafe: Mark LaPointe/Mary Casielo
Sea Ketch: Ray Zerkle/Tim Theriault
The Goat: Kevin White

Hanover
Canoe Club: Marko the Magician - Tableside
Salt Hill Pub: Hootenanny

Manchester
Central Ale House: Jonny Friday Duo
Derryfield: Ryan Williamson
Fratello's: Rob Wolfe or Phil Jacques
Murphy's: Austin Pratt

Merrimack
Homestead: Doug Thompson

Nashua
Dolly Shakers: Monday's Muse w Lisa Guyer
Fratello's: Chris Cavanaugh



REAL MUSIC. REAL CLOSE.



Thursday, July 21
Michael Troy
 The Elton Joel Show
 RS: \$19.50 - \$25.50 | 8PM



Friday, July 22
Comedian Bob Marley
 RS: \$29.50 | 8PM



Sunday, July 24
Gin Blossoms
 RS: \$45:50 - 55:50 | 8PM



Thursday, July 28
The Marshall Tucker Band
 RS: \$39.50 - \$55.50 | 8PM



Friday, July 29
Annual Buffet Beach Blast
 w/ Changes in Latitudes
 Tailgate: \$15 | 4pm RS: \$25 | 8PM



Saturday, July 30
Legends Live On!
 King, Charles, Allman, Neville & Pitchell
 RS: \$25.50 - \$29.50 | 8PM



Thursday, August 4
Big Bad Voodoo Daddy
 RS: \$27.50 - \$35.50 | 8PM



Friday, August 5
Donavon Frankenreiter
 w/ Tom Curren
 RS: \$25 | 8PM



Saturday, August 6
John Cafferty
+ The Beaver Brown Band
 w/ The Dan Lawson Band
 RS: \$25-\$39 | 8PM

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SATURDAY, July 23, 2016 8pm-12am
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 (Exit 41 off Rte 128)
 Pizza Buffet @ 8:30pm & Desert,
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- Tune Up

NITE MUSIC THIS WEEK

Newmarket
 Stone Church: Blues Jam w/ Wild Eagles Blues Band

Portsmouth
 Dolphin Striker: Old School
 Press Room: Equal Time
 Ri Ra: Oran Mor

Tuesday, July 26

Concord
 Hermanos: Diversity Duo

Dover
 Fury's: Tim Theriault and Friends
 Sonny's: Soggy Po' Boys

Gilford
 Patrick's: Jon Lorentz hosts
 Schuster's: Jazz Duo

Hampton
 Sea Ketch: Leo Co/Michael Mazola/Rickey Laurie
 The Goat: American Ride Duo

Hanover
 Canoe Club: Bruce Gregori
 Skinny Pancake: Planes On Paper

Manchester
 Derryfield: Brandon Lepere
 Fratello's: Chris Lester
 Murphy's: Justin Cohn
 Shaskeen: Tristan Omand
 Strange Brew: Jam
 Whiskey's 20: Sammy Smoove & DJ Gera

Merrimack
 Homestead: Paul Luff

NITE CONCERTS

Bank of New Hampshire Pavilion at Meadowbrook 72 Meadowbrook Lane, Gilford, 293-4700, meadowbrook.net
Boarding House Park 40 French St., Lowell, Mass., lowellsummermusic.org
Capitol Center for the Performing Arts 44 S. Main St., Concord, 225-1111, ccanh.com
The Colonial Theatre 95 Main St., Keene, 352-2033, thecolonial.org
Dana Humanities Center at Saint Anselm College 100 Saint Anselm Drive, Manchester, 641-

• **John Moreland** Thursday, July 21, 8 p.m. Music Hall Loft
 • **Eric Burdon/Edgar Winter** Friday, July 22, 7:30 p.m. Boarding House Park
 • **Fab Four: The Ultimate Tribute** Friday, July 22, 8 p.m. Casino Ballroom
 • **Chris Stapleton** Friday, July 22, 8 p.m. Meadowbrook
 • **Mamadou Kelly** Friday, July 22, 8 p.m. Music Hall Loft
 • **Paula Cole** Friday, July 22, 8 p.m. Tupelo
 • **Case/Lang/Viers** Saturday, July 23, 7:30 p.m. Boarding House
 • **Liz Vice** Saturday, July 23, 8 p.m. Music Hall Loft

Nashua
 Fratello's: Brad Bosse

Newmarket
 Stone Church: SpeakEazy: Church Street Jazz Band / Bluegrass Jam Late

Peterborough
 Harlow's: Celtic Music Jam

Portsmouth
 Dolphin Striker: George Belli
 Press Room: Jazz Jam w/ Larry Garland & Friends

Seabrook
 Chop Shop: Bare Bones

Wednesday, July 27

Bedford
 T-Bones: RC Thomas

Concord
 Hermanos: Craig Fahey

Dover
 Fury's Publick House: Kenny Brothers

Dublin
 DelRossi's Trattoria: Celtic and Old Timey Jam Session

Gilford
 Patrick's: Cody James - Ladies Night
 Schuster's: Dan Carter

Hampton
 Bernie's Beach Bar: 6 1 7
 Boardwalk Cafe: Ed Antonelli

Sea Ketch: Leo Co/Dave Gerard/JD Ingalls

Hanover
 Canoe Club: Gillian Joy
Hillsborough
 Turismo: Blues jam, Jerry Paquette & the Runaway Bluesmen

Manchester
 Derryfield: Deck- Austin Pratt
 Fratello's: Haley Gowland
 Murphy's: Brandon Lepere

Merrimack
 Homestead: Clint LaPointe
 Tortilla Flat: Tom Rousseau

Milford
 Tiebreakers: Mitch Utell

Nashua
 Fratello's: Amanda McCarthy

Plaistow
 Racks: DJ Sensations

Portsmouth
 Dolphin Striker: Pete Peterson
 Press Room: Scott Kiefler Quartet
 Red Door: Red On Red w/ Evaredy (Ladies Night)
 Ri Ra: Erin's Guild
 Rudi's: Dimitri

Rochester
 Lilac City Grille: Tim Theriault - Ladies Night
 Radloff's: Tony Santesse - Ladies Night

Palace Theatre, 80 Hanover St., Manchester, 668-5588, palacetheatre.org
Prescott Park Arts Festival 105 Marcy St., Portsmouth, prescottpark.org, 436-2848
Rochester Opera House 31 Wakefield St., Rochester, 335-1992, rochesteroperahouse.com
Tupelo Music Hall 2 Young Road, Londonderry, 437-5100, tupelohall.com
Verizon Wireless Arena 555 Elm St., Manchester, 644-5000, verizonwirelessarena.com

• **King's X, Dixie Dregs** Thursday, July 28, 8 p.m. Tupelo
 • **The Hot Sardines** Friday, July 29, 8 p.m. Music Hall
 • **James Montgomery Band** Friday, July 29, 8 p.m. Tupelo
 • **Elton John Experience** July 30, 8 p.m. Rochester Opera House
 • **Kamasi Washington** Saturday, July 30, 7:30 p.m. Music Hall
 • **Sebastian Maniscalco - SOLD OUT** Saturday, July 30, 8 p.m. Casino Ballroom
 • **Eddie Izzard** Sunday, July 31, 8 p.m. Cap Center
 • **Chris Robinson Brotherhood** Sunday, July 31, 7:30 p.m. Flying Monkey

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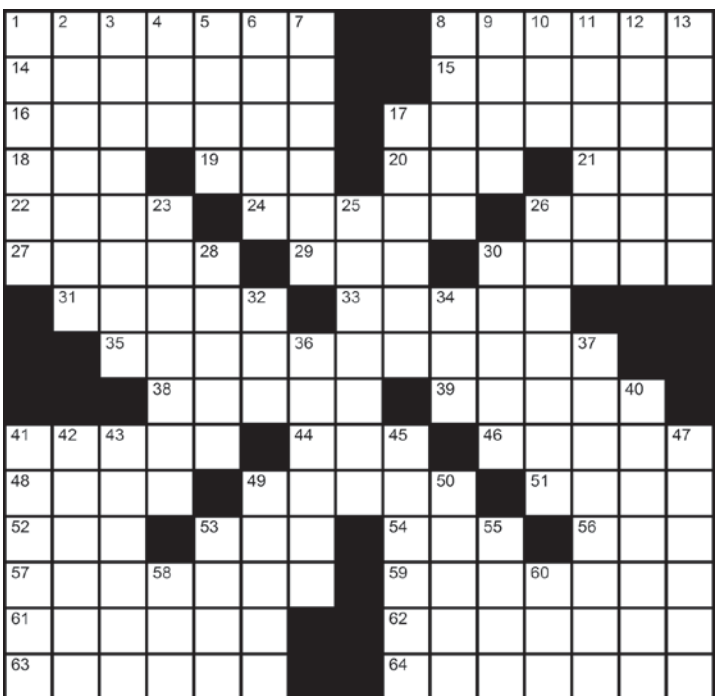
- 1 Overlooked, as faults
- 8 Drink in
- 14 Take for granted
- 15 More Bohemian
- 16 *"Do the Right Thing" actress
- 17 *Singer/percussionist who col-

- laborated with Prince on "Purple Rain"
- 18 "Ew, not that ..."
- 19 French 101 pronoun
- 20 This pirate ship
- 21 Commingle
- 22 They're taken on stage

- 24 Like pulp fiction
- 26 Mata ___ (World War I spy)
- 27 Boost
- 29 Friend-o
- 30 Actress Kirsten
- 31 "Hello" singer
- 33 Carved pole emblem
- 35 *"Full Frontal" host
- 38 ___ umlaut
- 39 Small towns
- 41 Silicon Valley "competitive intelligence" company with a bird logo
- 44 Exercise count
- 46 Wise advisors
- 48 Brand that ran "short shorts" ads
- 49 Bankrupt company in 2001 news

- 51 PGA star ___ Pak
- 52 Abbr. after a lawyer's name
- 53 He was "The Greatest"
- 54 Clothe, with "up"
- 56 Triple ___ (orange liqueur)
- 57 *Arsenio Hall's rapper alter ego with the song "Owwww!"
- 59 *Two-time Grammy winner for Best Comedy Album
- 61 Buddies, in Bogota
- 62 Not just by itself, as on fast-food menus
- 63 Fixed up
- 64 Land attached to a manor house

- 13 Portmanteau in 2016 news
- 17 Brangelina's kid
- 23 Kind of trunk
- 25 Danger in the grass
- 26 Shoulder-to-elbow bone
- 28 "I'm hunting wabbits" speaker
- 30 Fix up, as code
- 32 Word between dog and dog
- 34 Bar accumulation
- 36 Wardrobe extension?
- 37 Fancy ways to leave
- 40 "You betcha I will!"
- 41 Like a small garage
- 42 Message on a dirty vehicle
- 43 Like mercury at room temperature
- 45 Cover in the kitchen
- 47 Hammer mate, on old flags
- 49 "Family Ties" mother
- 50 Not even me
- 53 R&B singer with the five-album project "Stadium"
- 55 "Where America's Day Begins" island
- 58 International aid grp.
- 60 "___ Mine" (George Harrison autobiography)



7/14



Down

- 1 Cone-bearing evergreen
- 2 Bitter salad green
- 3 Internet enthusiasts, in 1990s slang
- 4 "Gangnam Style" performer
- 5 Car company with a four-ring logo
- 6 Sense of intangibility?
- 7 Gets ready to drive
- 8 Reacted with pleasure
- 9 "Uncle Remus" character ___ Rabbit
- 10 HPV, for one
- 11 J.R. Ewing, e.g.
- 12 Shows again

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 (editor@jonesincrosswords.com)

All quotes are from *The Monsters of Templeton*, by Lauren Groff, born July 23, 1978.

Cancer (June 21 – July 22) *There were caterers in tuxedos, the pool lit up in turquoise in the night, the glimmering lights of the Bay below. It's fancy party time.*

Leo (July 23 – Aug. 22) *After she stopped yodeling with joy that I was home and shouting at me for being home and not calling her right away, I told her the full story. Get the yodeling out of the way first. And make sure you tell the full story to those who need to hear it.*

Virgo (Aug. 23 – Sept. 22) *If there was one thing that irritated me about Clarissa, it was her skewed concept of money, that she would spend a hundred dollars on highlights for her hair and only eat Belgian chocolate.*

Everyone has their priorities.

Libra (Sept. 23 – Oct. 22) *Clarissa's ideas were excellent but her French reprehensible, and even the professor couldn't help but swallow a grin when she opened her mouth and in her incongruous voice started attacking something new. If the ideas are good, the language will follow.*

Scorpio (Oct. 23 – Nov. 21) *... I thought I would have been a different person, a better one, had I only been raised in a larger place. Expand your horizons.*

Sagittarius (Nov. 22 – Dec. 21) *... Templeton was her town, she felt. She was related to the tremendous Marmaduke Temple, a direct descendant.... She thought of the town as her ancestral seat, even though she also had a vague idea that, as a hippie, she wasn't supposed to believe in all that jazz anymore. You can decide for yourself whether there's a good reason behind a "supposed to."*

Capricorn (Dec. 22 – Jan. 19) *A softer light was coming through my shades, and I*

lifted them to find twilight and a red-striped tent poking above the trees down in Lakefront Park. It was there, I thought, to protect the monster from the July sun. You will have fun in a red-striped tent.

Aquarius (Jan. 20 – Feb. 18) *In a city, any city, one can be anonymous; this is the blessing of cities. Anonymous or not, it stands to be a hot time in the city.*

Pisces (Feb. 19 – March 20) *We run in the morning, when the beauty of our town gives us pause. When it is ours and ours alone, the tourists still tunneling into their dreams of baseball, of Clydesdales, of golf. ... And we are the kings of this town as we run, we own this town, some of us have owned it for generations; we, alone awake as everyone else sleeps, we guard the town with our daily circuit. Lace up and get going.*

Aries (March 21 – April 19) *The bedroom was part of the original cottage and had also been my mother's as a girl. It hadn't been redecorated since. It's a good time to spruce things up a little.*

Taurus (April 20 – May 20) *When I told my mother in my sophomore year that I wanted to focus my furious ambitions in archaeology, she looked bitterly disappointed for a moment. ... I talked for hours then, of the intensity of wonder when you blew away the dust and found an ancient skull in your hand, when you held the flint knives and saw the chisel marks made by long-dead hands. So what if your mother doesn't understand?*

Gemini (May 21 – June 20) *Sunshine in a field and crickets and the sweet tealeaf stink of a new ball mitt and a rock glinting with mica and a chew of bubblegum wrapping its sweet sweet tendrils down our throats and the warm breeze up our shorts and the low vibrato of lake loons and the sun and the sun and the warm sun and this is what we felt; the sun. It's going to be a hot one.*

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Conceptis Sudoku By Dave Green

			8	3	6		7	
		3						5
	7				4			
5						8		9
9			1					4
1	2							7
			5				2	
7						4		
	4		3	8	1			

**SU
DO
KU**

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Last week's puzzle answers are below

7/14

6	4	2	7	3	8	1	5	9
5	8	9	2	1	4	6	7	3
3	1	7	9	6	5	4	2	8
1	7	5	6	9	2	3	8	4
8	9	3	5	4	7	2	1	6
2	6	4	1	8	3	5	9	7
7	2	8	4	5	6	9	3	1
4	5	1	3	7	9	8	6	2
9	3	6	8	2	1	7	4	5

Difficulty Level ★★★

7/21

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Live Music

Friday, July 22nd

Brian Maes
(Piano Favorites)

Saturday, July 23rd

The Installers
(With the House Wrecking Horns)

Live Country Music

Every Wednesday
7pm-11pm

In July and August
Hosted by Scot Gibbs
(Special Guest)

July 27th • Karen Grenier

Every Sunday
Blues Jam 3pm-7pm

4th Annual Pay it Forward - Pay it Back

Bike Run

SUNDAY, JULY 31ST, 2016

\$20.00 Rider/\$10.00 Passenger

Includes Lunch - BBQ at
The Wilton American Legion



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Fashion challenges

Beautician Sarah Bryan, 28, of Wakefield, England, who garnered worldwide notoriety last year when she introduced a wearable dress made of 3,000 Skittles, returned this summer with a wearable skirt and bra made of donated human hair. She admits having had to work in an eye mask, breathing mask and thick gloves, out of fear of donors' hygiene habits. (More conventionally, designer Van Tran of Brooklyn, New York, won the 12th annual wearable Toilet Paper Wedding Dress design contest in New York City in June, with a \$10,000 prize from sponsors Charmin and Ripley's Believe It or Not.)

World's greatest lawyers

Attorney Lee Pearlman finally earned an acquittal in June (after two hung-jury trials) for his client Danielle Goeller, one of a seemingly increasing number of drivers who hit pedestrians but claim they were unaware of anybody being hit. Goeller, 28, a trauma-room nurse with no intoxicants in her system, had struck a 60-year-old man on a busy, heavily lighted Tampa street at 11:45 p.m., cracking her windshield but drove on without stopping. "What does she think she hit?" asked the prosecutor. "A deer? A bear?" Responded Pearlman, "She's a scared girl in the middle of the night who doesn't have the life experience other people do."

Bright ideas

• Picturesque Torrelodones, Spain (pop. 22,000), has 6,000 pet dogs and apparently few conscientious dog owners, which town leaders say accounts for the nearly half-ton of "litter" that accumulates daily. The town's latest bright idea: installing a 7-foot-high, 10-by-10-foot brown, inflated plastic "swirly" in the center of town as a reminder to residents to pick up after their dogs. (Spain's The Local reported in June that other towns have begun to tackle the problem as well, such as with DNA testing of dogs and street-scrubbing punishment for guilty owners.)

• British student Joshua Browder, 19, created an easy-to-use computer app to help drivers fight parking tickets they believe unjust and now reports that users have won 160,000 cases (out of 250,000), all in London and New York City, by following his question-and-answer "chat" interface at DoNotPay.co.uk. Browder said he was motivated to develop the app (which, as of now, is still free of charge) after himself getting about 30 tickets he says he did not deserve.

The passing parade

• A bicycle thief was stopped on June 10 when the bike's owner and several

other people chased him from the Wal-Mart parking lot in Eagle Point, Oregon, drawing the attention of a passing rider on horseback (Robert Borba), who joined the chase and moments later (according to a report in Portland's The Oregonian) lassoed the man and restrained him until police arrived.

• A kite surfer on a Sussex beach south of London got into trouble on June 26 and was unable to float back to land until he was rescued by two Good Samaritans in kayaks. The saviors happened to be dressed as Batman and Robin for participating in the Shoreham Beach Superhero Paddle.

Wait, what?

Not only are almost all federal employees above average, they are nearly all superior workers, according to a June Government Accountability Office review of agencies' personnel-rating results. (Yes, the review included the departments of Veterans Affairs and Homeland Security.) Most agencies use a 1 ("unacceptable") through 5 ("outstanding") rating system, and GAO found that 99 percent were rated either 5 or 4 ("exceeds 'fully acceptable'").

Weird Japan

Client Partners is only one of several Japanese agencies that supply rental "friends" to the lonely, for hours or days of companionship tailored to the needs of the socially challenged client (with two rules, however: "no romance," "no lending money"). A writer for AFAR travel

magazine interviewed several "friends" in June, one of whom explained: "Japan is all about face. We don't know how to talk from the gut. We can't ask for help." Said the female "friend" (who offered a good-bye handshake to the interviewer): "There are many people who haven't been touched for years ... who start to cry when we shake hands with them."

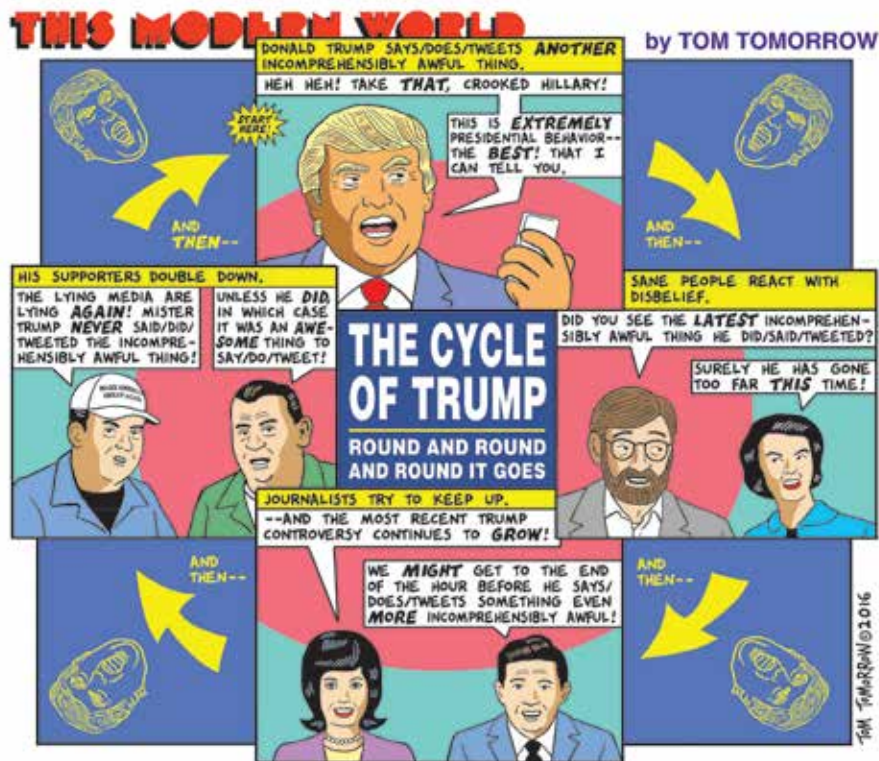
But it's our "policy"!

Good Samaritan Derrick Deanda is facing a \$143 bill from paramedics in Elk Grove, California, after he, passing a car crash, jumped out to pull out a man and his three children (including a 2-year-old), who were trapped in the wreckage. A short time later the paramedics arrived and, noticing that Deanda had a cut on his arm (from breaking the car's window to free the family), bandaged him. Elk Grove has a policy charging "all patients" at a first-responder site \$143 for the "rescue," and Deanda received his bill in June.

Least competent criminals

Not Ready for Prime Time: In May, a 16-year-old boy in Lakewood, Washington, not only used Facebook to set up a marijuana-dealer robbery (one of many people, lately, to incriminate themselves on social media), but during the robbery itself accidentally shot himself in the groin and femoral artery, requiring life-saving seven-hour surgery.

Visit weirduniverse.net.



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ROOMFUL OF BLUES - Sun, July 24
MAGIC DICK (J. GEILS) & SHUN

ARLO GUTHRIE - Fri, July 29
American Folk Icon

New Hampshire's Own...
CINDY KAZA - Sat, July 30
The Music City Medium

CHRIS ROBINSON BROTHERHOOD - Sun, July 31
Jam-Infused Rock 'n Roll

TAJ MAHAL - Thurs, Aug 4
American Icon. Blues Legend.

KATHY MATTEA with BILL COOLEY - Fri, Aug 5
"The Acoustic Living Room" Songs & Story

BIG BAD VOODOO DADDY - Sat, Aug 6
The Kings of Swing

LEO KOTTKE - Fri, Aug 12
Innovative Acoustic Guitar Virtuoso

ANDERS OSBORNE - Fri, Aug 19
Jammin' Soulful Roots-Rocker

104.9 The Hawk Concert Series
WAR - Sun, Aug 21
"Low Rider" "Why Can't We Be Friends" "Summer" "Cisco Kid"

Looking Ahead

- 8/26/16 - Donavon Frankenreiter
- 8/27/16 - The Kingston Trio
- 9/1/16 - Three Dog Night
- 9/16/16 - Elvin Bishop
- 9/23/16 - Natalie MacMaster & Donnell Leahy
- 9/30/16 - Arrival from Sweden The Music of ABBA
- 10/1/16 - Leon Russell
- 10/29/16 - Dweezil Zappa
- 11/11/16 - The Capitol Steps

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RS-Theater

THE JELLY JAM

Thurs., July 28
8:00 p.m.
\$30-\$45
RS-Theater

ROOMFUL OF BLUES

Sat., Aug. 13
8:00 p.m.
\$25-\$35
RS-Theater

JAMES MONTGOMERY BAND

Fri., July 29
8:00 p.m.
\$25
GA

GRACE KELLY

Thurs., Aug. 18
8:00 p.m.
\$30-\$35
RS-Theater

NIGHT OF COMEDY
Featuring Graig Murphy and Sean Sullivan

Sat., July 30
8:00 p.m.
\$18-\$23
RS-Tables

NIGHT OF COMEDY
Robbie Printz, Andrea Henry, & Todd Parker

Fri., Aug. 19
8:00 p.m.
\$18-\$23
RS-Tables

POPA CHUBBY

Fri., August 5
8:00 p.m.
\$25-\$35
RS-Theater

DAVY KNOWLES

Sat., August 20
8:00 p.m.
\$25-\$35
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Sat., Aug. 6
8:00 p.m.
Sun., Aug. 7
7:00 p.m.
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RS-Theater

TINSLEY ELLIS

Sat., August 27
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\$25
GA

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